Second Annual Central Ohio Chapter
National Arab American Medical Association (NAAMA) Scientific Symposium:
An Ounce of Prevention is Worth a Pound of Cure

Presented by:
The Ohio State University Heart and Vascular Center and the Division of Cardiovascular Medicine

Saturday, March 31
8 a.m - 2:15 p.m.
Ohio State’s Biomedical Research Tower Auditorium
460 W. 12th Ave.
Columbus, Ohio 43210
The symposium will provide National Arab American Medical Association members and non-members with a clinical update and help them improve efficacy and enhance patient care. Our expert faculty will explore multiple topics of importance for practicing physicians, while stressing the importance of preventive medicine.

OBJECTIVES

At the conclusion of the Continuing Medical Education activity, participants should be able to:

• Recognize the preventive impact of hypertension and hyperlipidemia management on cardiovascular risk
• Review the prophylactic role of newer antithrombotic agents
• Define newer measures for decreasing cardiovascular risks of anesthesia
• Identify measures for decreasing vascular complications of diabetes
• Discuss the impact of childhood obesity and the metabolic syndrome on cancer and cardiovascular risk
• Review the importance of device therapy in sudden cardiac arrest prevention.
• Identify the predictive role of genetics in cancer
• Discuss quality indicators and their impact on practice in the new healthcare environment
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>7 a.m.</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8 a.m.</td>
<td>Welcome and Introduction</td>
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<td></td>
<td><em>Mahmoud Houmsse, MD</em></td>
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<td></td>
<td><strong>SESSION 1: CORONARY ARTERY DISEASE AND STROKE PREVENTION</strong></td>
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<td><strong>Moderators: William Abraham, MD, and Hassan Rajjoub, MD</strong></td>
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<tr>
<td>8:05 a.m.</td>
<td>Hypertension and Hyperlipidemia Management in the 21st century</td>
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<td><em>Talal Attar, MD</em></td>
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<td>8:25 a.m.</td>
<td>Prophylactic Role of Antithrombotics: New Agents Benefits and Risks</td>
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<td><em>Emile Daoud, MD</em></td>
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<td>8:45 a.m.</td>
<td>New Measures for Improving Outcome and Reducing Risks in Anesthesia</td>
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<td><em>Bachar Hachwa, MD</em></td>
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<td>9:05 a.m.</td>
<td>Question and Answer</td>
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<td><strong>SESSION 2: DIABETES COMPLICATIONS PREVENTION</strong></td>
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<td><strong>Moderators: Mahmoud Houmsse, MD, and Rami Kahwash, MD</strong></td>
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<td>9:15 a.m.</td>
<td>Prevention of Nephropathy</td>
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<td><em>Nabil Haddad, MD</em></td>
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<td>9:35 a.m.</td>
<td>Stroke and Vascular Complications</td>
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<td><em>Michel Torbey, MD, MPH</em></td>
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<td>9:55 a.m.</td>
<td>Childhood Diabetes: Recognition and Risk Factors Prevention</td>
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<td><em>Mouhannad Moallem, MD</em></td>
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<tr>
<td>10:15 a.m.</td>
<td>Question and Answer</td>
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SESSION 3: CANCER PREVENTION

Moderators: Maher Azzouz, MD and Toni Saab, MD

10:25 a.m. Obesity and Metabolic Syndrome
Kwame Osei, MD

10:45 a.m. Nutrition, Supplements and Alternative Medicine in Cancer Prevention: Truth or Myth?
Glen F. Aukerman, MD

11:05 a.m. Using your Family History to Prevent Cancer
Heather Hampel, MS, CGC

11:25 a.m. Question and Answer

11:35 a.m. Networking Lunch

SPECIAL LECTURES

12:35 p.m. Special Lecture: Quality Indicators for Hospitals and Physicians in the New Healthcare Environment
Andrew Thomas, MD

1:05 p.m. Special Lecture: Primary Prevention Implantable Cardioverter-Defibrillator Therapy
Charles Love, MD

1:35 p.m. Closing Remarks
Maher Azzouz, MD

1:40 – 2:15 p.m. National Arab American Medical Association - Central Ohio Chapter Meeting

2:15 p.m. Adjournment
PLANNING COMMITTEE

Mahmoud Houmsse, MD
Course Director
President, Central Ohio NAAMA Chapter
Assistant Professor of Clinical Internal Medicine
Director, Anti-Arrhythmic Clinic, Richard M. Ross Heart Hospital
Division of Cardiovascular Medicine
The Ohio State University Medical Center

Maher Azzouz, MD
Course Director
Associate Professor of Internal Medicine
Division of Gastroenterology, Hepatology and Nutrition
The Ohio State University Medical Center

Rami Kahwash, MD
Assistant Professor of Clinical Internal Medicine
Division of Cardiovascular Medicine
The Ohio State University Medical Center

THE OHIO STATE UNIVERSITY MEDICAL CENTER FACULTY

William Abraham, MD
Professor of Internal Medicine, Cell Biology, and Physiology
Chair of Excellence in Cardiovascular Medicine
Director, Division of Cardiovascular Medicine

Kwame Osei, MD
Professor of Medicine and Exercise Physiology
Ralph W. Kurtz Chair of Endocrinology and Metabolism
Director, Division of Diabetes, Endocrinology and Metabolism

Glen F. Aukerman, MD
Professor of Family Medicine
Director, Division of Integrative Medicine
Director, Center of Integrative Medicine

Emile Daoud, MD
Professor of Clinical Medicine
Section Director, Electrophysiology
Division of Cardiovascular Medicine

Charles Love, MD
Professor of Clinical Internal Medicine
Director of Device Services
Division of Cardiovascular Medicine

Nabil Haddad, MD
Assistant Professor of Internal Medicine
Division of Nephrology

Andrew Thomas, MD
Assistant Professor of Clinical Internal Medicine
Medical Director, University Hospital Physician Advisor

Talal Attar, MD
Assistant Professor of Clinical Internal Medicine
Division of Cardiovascular Medicine

Michel Torbey, MD, MPH
Professor of Neurology and Nerological Surgery
Director, Division of Cerebrovascular and Neurocritical Care
Director, Neurovascular Stroke Center

Heather Hampel, MS, CGC
Professor of Internal Medicine
Associate Director, Division of Human Genetics

Tanios Bekaii-Saab, MD
Medical Director, Gastrointestinal Oncology
Chair, CCC Gastrointestinal Disease Research Group
Associate Professor of Medicine and Pharmacology
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Visit www.medicalcenter.osu.edu/maps for directions.

Accreditation: Ohio State’s Medical Center, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Ohio State’s Medical Center designates this educational activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)™. Physicians should claim credit commensurate with the extent of their participation in the activity.

GUEST FACULTY

Bachar Hachwa, MD
Anesthesiologist
Northstar Anesthesia Group
Columbus, Ohio

Mouhannad Moallem, MD
Assistant Professor of Pediatrics
Neonatology Medicine
Nationwide Children’s Hospital
Columbus, Ohio

Hassan Rajjoub, MD
Cardiologist
Licking Memorial Heart Center
Newark, Ohio
To register, visit go.osu.edu/NAAMA
Mail your completed registration form to:
The Ohio State University’s Wexner Medical Center
Division of Cardiovascular Medicine
Davis Heart & Lung Research Institute
Ste 226, Attn: Ellen Yokoyama
473 W. 12th Ave
Columbus, OH 43210

If you have any questions, please email Ellen Yokoyama at Ellen.Yokoyama@osumc.edu

- Physician $45
- Nurses and Allied Healthcare Providers $25
- OSU Faculty, Fellows, Residents Free

Name ______________________________ Degree ______________________________

Specialty ___________________________________________________________________

Address _____________________________________________________________________

City ____________________________ State ____________ ZIP _____________

Phone __________________________ Fax __________________________

Email _______________________________________________________________________

Due to information security protocol, we cannot accept faxed registrations containing credit card information.

- Visa  ■ MasterCard

Name on Card _______________________________________________________________

Card Number ______________________________________________________________

Expiration Date ____________________________________________________________

Signature ____________________________________________________________ Date _______

Course Cancellation Policy: Requests for cancellation must be submitted in writing and postmarked on or before 5 p.m. EST, Friday, March 23, 2011. Ohio State’s Medical Center reserves the right to cancel this program at any time and will assume no financial obligation to the registrants in event of cancelation.
Presented in partnership with NAAMA

Ohio State University Medical Center
P.O. Box 183101
Columbus, OH 43218

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