4TH ANNUAL
WOMEN’S CARDIOVASCULAR
HEALTH CONFERENCE

Friday, September 14
Ohio State’s
Richard M. Ross Heart Hospital
Auditorium
452 W. 10th Avenue
Columbus
9 a.m.- 3 p.m.

Featuring Keynote Speaker:
C. Noel Bairey-Merz, MD, FACC
Cedars-Sinai Heart Institute
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Dr. Bairey-Merz’s research interests include women and heart disease, mental stress and heart disease, the role of exercise and stress management in reversing disease and the role of nutrition in heart disease. Currently, she is chair of the National Heart, Lung and Blood Institute-sponsored WISE (Women’s Ischemia Syndrome Evaluation) initiative, which is investigating potential methods for more effective diagnosis and evaluation of coronary artery disease in women.
Cardiovascular disease remains the No. 1 killer of women in the United States. The lifetime risk for a woman to develop cardiovascular disease (CVD) is approaching 1 in 2, with a greater risk of CVD in African American women. Nonetheless, by simply leading a healthy lifestyle, women can lower their risk of heart disease by as much as 82%. This course serves to review contemporary strategies to diagnose and treat CVD in women, in addition to strategies to prevent CVD in women. Attendees can expect to engage in stimulating discussions with expert faculty that will discuss approaches to the diagnosis of ischemic heart disease in women, treatment and management of advanced heart failure and prevention of CVD in women. A cardiologist and oncologist will lead a discussion about the significant relationship between heart disease and breast cancer. Key topics include coronary artery disease, risk stratification and prevention of heart disease.

This continuing medical education program is designed to meet the needs of primary care physicians, gynecologists, cardiologists, oncologists, nurses and nurse practitioners, in addition to other healthcare practitioners caring for female patients.

At the conclusion of this activity, participants should be able to:

1. Understand the female-specific ischemic heart disease pattern, its method of diagnosis and current treatment options
2. Discuss end-stage heart failure in women and the treatment options, including LVAD use and heart transplant in women
3. Understand the role that gender plays in development of vascular disease
4. Recognize how gender differences impact incidence and type of arrhythmias and the appropriate use of ICDs in women
5. Implement evidence-based, contemporary approaches and updated guidelines for the prevention of cardiovascular disease in female patients
6. Discuss the impact that heart disease and breast cancer have on women and their relationship and impact on each other
Friday, September 14

9:00 a.m.  Welcoming Remarks
Martha Gulati, MD, MS; Thomas Ryan, MD; AHA Metro Columbus Chapter; WomenHeart and Mended Hearts

9:30 a.m.  Microvascular Disease: Lessons Learned and What Remains to Be Known
Noel Bairey-Merz, MD

10:30 a.m.  Broken Heart Syndrome: The Ultimate Manifestation of Stress Upon the Heart
Laxmi Mehta, MD

11:00 a.m.  End-Stage Heart Failure: LVADs and Cardiac Transplant in Women
Ayesha Hasan, MD

11:30 a.m.  Question-and-Answer Session:
Noel Bairey-Merz MD; Ayesha Hasan, MD; Laxmi Mehta, MD
Martha Gulati, MD, MS, Moderator

12:00 p.m.  Lunch Break/Exhibits
<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Speaker(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:45 p.m.</td>
<td>Atrial Fibrillation in Women</td>
<td>Molly Sachdev, MD, MPH</td>
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<tr>
<td>1:15 p.m.</td>
<td>Arterial Vascular Disease in Women</td>
<td>Jean Starr, MD</td>
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<tr>
<td>1:45 p.m.</td>
<td>Lipid Management in Primary and Secondary CVD Prevention</td>
<td>Kavita Sharma, MD</td>
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<tr>
<td>2:15 p.m.</td>
<td>Question-and-Answer Session:</td>
<td>Molly Sachdev, MD, MPH; Kavita Sharma, MD; Jean Starr, MD; Laxmi Mehta, MD, Moderator</td>
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<td>2:30 p.m.</td>
<td>Debate: Pink Meets Red “What is the No. 1 Threat to Women?”</td>
<td>Charles Shapiro, MD; Martha Gulati, MD, MS; Laxmi Mehta, MD, Moderator</td>
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<tr>
<td>3:00 p.m.</td>
<td>Closing Remarks</td>
<td>Laxmi Mehta, MD</td>
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THE OHIO STATE UNIVERSITY WEXNER MEDICAL CENTER FACULTY

Course Directors

Martha Gulati, MD
Sarah Ross Soter Chair in Women’s Cardiovascular Health
Section Director for Preventive Cardiology and Women’s Cardiovascular Health
Associate Professor of Medicine
Division of Cardiovascular Medicine

Laxmi Mehta, MD
Clinical Director, Women’s Cardiovascular Health Program
Associate Director for Education, OSU’s Center for Women’s Health
Assistant Professor, Internal Medicine
Division of Cardiovascular Medicine

Ayesha Hasan, MD
Medical Director, Cardiac Transplant Program
Assistant Professor, Internal Medicine
Division of Cardiovascular Medicine

Molly Sachdev, MD, MPH
Assistant Professor, Internal Medicine
Division of Cardiovascular Medicine

Thomas Ryan, MD
Director, Ohio State’s Heart and Vascular Center
Professor of Medicine
Division of Cardiovascular Medicine

Kavita Sharma, MD
Assistant Professor, Internal Medicine
Division of Cardiovascular Medicine

Jean Starr, MD
Director, Endovascular Services
Division of Vascular Diseases & Surgery
Associate Professor, Clinical Surgery
Associate Program Director

Charles Shapiro, MD
Director, Breast Medical Oncology
Director, Breast Cancer Research
Professor of Internal Medicine
Division of Medical Oncology

GUEST FACULTY

Noel Bairey-Merz, MD
Director, Women’s Heart Center
Director, Preventive and Rehabilitative Cardiac Center
Women’s Guild Chair in Women’s Health
Professor of Medicine
Cedars-Sinai Heart Center
Los Angeles, Calif.
REGISTRATION FORM

Accreditation: The Ohio State University Wexner Medical Center, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The Ohio State University Wexner Medical Center designates this educational activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should claim credit commensurate with the extent of their participation in the activity.

Visit medicalcenter.osu.edu/maps for directions.

E-mail questions to Ellen at ellen.yokoyama@osumc.edu.

To register, visit: go.osu.edu/XXXXXX or mail your completed registration form to:

The Ohio State University Wexner Medical Center
Division of Cardiovascular Medicine
Davis Heart & Lung Research Institute
Ste 226, Attn: Ellen Yokoyama
473 W. 12th Ave
Columbus, OH 43210

■ Physician $50
■ Nurses and Allied Healthcare Providers $25

Name ______________________________________________ Degree ________________________

Specialty _______________________________________________________________________

Address _______________________________________________________________________

City __________________ State __________ ZIP __________

Phone __________________ Fax __________________

Email _______________________________________________________________________

Due to information security protocol, we cannot accept faxed registrations containing credit card information.

■ Visa   ■ MasterCard

Name on Card ______________________________

Card Number ______________________________

Expiration Date ______________________________

Signature ________________________________ Date ______________

Ohio State Faculty and Staff can register by emailing ellen.yokoyama@osumc.edu

Course Cancelation Policy: Requests for cancelation must be submitted in writing and postmarked on or before 5 p.m. EST, Friday, September 7, 2012. The Ohio State University Wexner Medical Center reserves the right to cancel this program at any time and will assume no financial obligation to the registrants in event of cancelation.
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