The Care of the Bariatric Surgery Patient

Presented by
THE OHIO STATE UNIVERSITY CENTER FOR MINIMALLY INVASIVE SURGERY

August 8 – 9, 2013
Hilton Columbus at Easton
Course Overview:
This two day course is designed for general and bariatric surgeons, allied health professionals, and dietitians who are interested in comprehensive care of the bariatric surgical patient. Didactic lectures will cover the complexity of the care as it relates to pre-, intra-, and post-surgical care as well as share information on the latest updates in nutritional guidelines, operative procedures, and patient management in the bariatric surgery patient.

Needs Assessment:
Obesity rates remain high and more people are seeking bariatric surgery as a treatment option. Healthcare providers must demonstrate continuous quality of care as well as integrate new medical findings into their practice in order to apply safe and efficient care to the bariatric surgery patient by providing didactic lectures, hands-on training, and interactive audience participation.

Objectives:
Completion of this course will enable participants to:
1. Recognize and assess the roles that each healthcare provider has with a bariatric surgery patient.
2. Differentiate the various types of bariatric surgical procedures and choose the right one for adolescents.
3. Examine and describe the management of the bariatric surgery patient complications.
4. Identify and describe the importance of pre-operative endoscopy on a bariatric surgery patient.
5. Identify and describe the immediate and long-term psychological changes for the post-surgical bariatric patient.
6. Identify and describe the risks associated with sleep apnea on cardiovascular health.
7. Describe the latest nutritional guidelines for the bariatric patient.
8. Describe the effects of bariatric surgery on diabetes and diabetes management.
9. Identify and describe different vitamin deficiencies.
10. Identify and describe the harms of excessive sitting and successful resources for diet and exercise.
11. Identify and describe deep brain stimulation as a treatment option for morbid obesity.
12. Identify and describe the future of gastric banding.

Accreditation
The Ohio State University Wexner Medical Center, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The Ohio State University Wexner Medical Center designates this educational activity for a maximum of 14.75 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement
Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speakers' presentations. Each speaker has completed a conflict-of-interest statement. Disclosure statements will be provided to participants in the course.

Commercial Support
The course organizers gratefully acknowledge the generous support of our corporate sponsors.

Mission Statement
The Ohio State University Center for Minimally Invasive Surgery is dedicated to the achievement of excellence in patient care, clinical training, research and outcomes studies pertaining to the techniques and technology of minimally invasive surgery. For more information on CMIS course offerings, please visit our website at http://cmis.osu.edu.
Agenda

Thursday, August 8th 2013
7:30 am  Registration and Continental Breakfast
8:00  Welcome and Introduction
8:15  Post-Surgical Weight Maintenance
8:45  Choosing the Right Operation for Adolescents
9:15  Cardiovascular Importance in Sleep Apnea
9:45  Break
10:00  Psychological Predictors of Outcomes after Bariatric Surgery
10:30  Vitamin Deficiency: Iron, Calcium, B Vitamins
11:00  Diabetic Management
11:30  Lunch
12:30 pm  NASH & Role of Nutrition and Obesity: The Effectiveness of Liver Shrink Diets
1:00  Breakout Session 1
3:00  Breakout Session 2
5:15  Meeting Dismissed
5:30 pm  Reception (optional)

Friday, August 9th 2013
7:30 am  Registration and Continental Breakfast
8:00  The Importance of Pre-Operative Endoscopy
8:30  DVT Prophylaxis and the Role of IVC Filters
9:00  Strategies for Success in Community Practice
9:30  Break
9:45  Pulmonary Hypertension and Obesity - Management and When to Say No
10:15  Role of Endoscopic Management of Postoperative Bariatric Surgery Complications
10:45  The Role of Post-Surgical Resources in Success - Diet and Exercise
11:15  Questions & Answer Session
12:00 pm  Lunch
1:00  Psychological Factors of Obesity
1:30  Time for a Brain Operation? Deep Brain Stimulation
2:00  The Future of Gastric Banding
2:30  Break
2:45  The Role of Weight Loss Medications Before and After Weight Loss Surgery
3:15  Health Coaching and Obesity Discrimination
3:45  The Patient in Trouble
4:15  Questions & Answer Session
4:30 pm  Evaluations / Meeting Adjourned

Breakout Session Sections:
Choose one section for each breakout session:

Section A/D: Outpatient Care - Case Presentations of Vitamin Deficiency, Dehydration, and Emergency Care

Section B/E: Inpatient Care - Case Presentations of Leak Management, Low Urine Output, and Vomiting

Section C/F: In the Operating Room - Hands-on Opportunity that includes Suturing, Fundamentals of Laparoscopy Skills, and EGD

Speakers

Guest Speakers
Lucy Faulconbridge, PhD
Associate Professor of Psychology in Psychiatry
Director of Research, Center for Weight and Eating Disorders
Perelman School of Medicine

Kathy Foreman, MS, CNP
Bariatric Surgery Program
Division of General & Gastrointestinal Surgery

The Ohio State University Affiliated Speakers

Dean Mikami, MD, FACS
Co-Director
Assistant Professor of Surgery
Division of General & Gastrointestinal Surgery

Aneesah Das, MD
Assistant Professor - Clinical
Division of Pulmonary, Allergy, Critical Care and Sleep Medicine
Department of Internal Medicine

Evan Dixon, MD
Clinical Assistant Professor
Medical Director of Cardiac Rehabilitation
Department of Internal Medicine

Katharine J. Feister, PhD, PC
Comprehensive Weight Management
Center for Wellness and Prevention

Kathy Foreman, MS, CNP
Bariatric Surgery Program
Division of General & Gastrointestinal Surgery

Veronica Franco, MD
Clinical Assistant Professor
Division of Cardiovascular Medicine
Department of Internal Medicine

Adam Freter, RD, LD
Registered Dietitian
Center for Wellness & Prevention

Michael Go, MD
Clinical Assistant Professor
Division of Vascular Diseases and Surgery

Douglas Levin, MD
Clinical Assistant Professor
Division of Gastroenterology, Hepatology, and Nutrition
Department of Internal Medicine

Marc Michalsky, MD
Clinical Assistant Professor
Division of Pediatric Surgery

Sabrena Nooria, MD, PhD, FRCSC
Assistant Professor of Surgery
Division of General & Gastrointestinal Surgery

Ben O’Donnell, MD
Assistant Professor of Medicine
Division of Endocrinology, Diabetes, and Metabolism

Ali Rezai, MD
Director Neuroscience Program
Stanley D. and Joan H. Ross Chair in Neuromodulation
Director, Center for Neuromodulation
Professor of Neurosurgery and Neuroscience

Bradley Needleman, MD, FACS
Co-Director
Associate Professor of Surgery - Clinical
Director of Bariatric Surgery
Division of General & Gastrointestinal Surgery

Kelly Piner, PhD
Clinical Psychologist
Travel & Accommodations
Travel and hotel are the responsibility of the individual attendees. The Ohio State University is not responsible for travel arrangements. Please confirm course registration prior to hotel registration or the purchase of airline tickets. If you need special accommodations due to disability, please contact Heidi Pieper at (614) 293-9072.

Hilton Columbus at Easton
The AAA 4-Diamond Hilton Columbus at Easton is perfectly situated at the heart of Easton Town Center, yet just ten minutes from Port Columbus International Airport and Downtown Columbus. Just outside the doors of the Hilton a world of excitement awaits. Wander down cobbled walkways to the old-fashioned town square. Discover treasures hidden away in dozens of exotic shops and boutiques. There are more than 100 shops, restaurants, clubs, and entertainment sites. For more information, please visit their website at: http://www.hiltoncolumbus.com.

A block of rooms has been reserved at the Hilton Columbus at Easton at a reduced rate of $169 per night, single or double occupancy, plus room tax. Reservations must be received on or before July 18, 2013 to ensure the reduced rate. Reservations for the event will be made by individual attendees directly with the Hilton reservations at 1-800-HILTONS, or 614-414-5000. Make reservations online at http://www.hilton.com/en/hi/groups/personalized/C/CMHCHHF-OMC-20130807/index.jhtml?WT.mc_id=POG.

Air Travel
It is recommended that you use Port Columbus International Airport, which is a 15-minute drive to the hotel.

Registration Information
To Register, visit http://ccme.osu.edu or mail your completed form to:
Heidi Pieper, Center for Minimally Invasive Surgery
558 Doan Hall; 410 W. 10th Ave., Columbus, OH 43210
Contact Phone: 614-293-9072 and Email Heidi.Pieper@osumc.edu

Registration Cancellation Policy
100% of the course fee will be refunded for cancellations received up to two weeks prior to the course. Cancellations received less than two weeks prior to course will be refunded less a 50% cancellation fee.

Registration Form
First Name Last Name Title (MD/DO/RN/CST)
Address
City State/Country Zip
Phone Fax
Email
Primary Hospital Affiliation
On or Before July 18, 2013:
○ Physician: $350
○ Fellow/Resident: $150
○ Allied Healthcare Professional /Dietitians: $100
○ OSU Allied Healthcare Professional /Dietitian: $20
After July 18, 2013:
○ Physician: $400
○ Fellow/Resident: $200
○ Allied Healthcare Professional /Dietitians: $150
○ OSU Allied Healthcare Professional /Dietitians: $25
Breakout Selection:
Session 1: Please pick one
○ Section A: Outpatient Care – Case Presentations of Vitamin Deficiency, Dehydration, & Emergency Care
○ Section B: Inpatient Care – Case Presentations of Leak Management, Low Urine Output, and Vomiting
○ Section C: In the Operating Room – Hands-on Opportunity that includes Suturing, Fundamentals of Laparoscopic Skills, and EGD
Session 2: Please pick one (repeat of session 1, you may select the same section twice)
○ Section D: Outpatient Care – Case Presentations of Vitamin Deficiency, Dehydration, & Emergency Care
○ Section E: Inpatient Care – Case Presentations of Leak Management, Low Urine Output, and Vomiting
○ Section F: In the Operating Room – Hands-on Opportunity that includes Suturing, Fundamentals of Laparoscopic Skills, and EGD
Reception (included in Registration Fee):
○ Yes, I would like to attend.
○ No, I will not be attending.
○ $25/guest: Name of your guest(s):
Total Amount Enclosed: $
Payment (Please indicate form of payment below)
○ Check (payable to The Ohio State University CMIS)
○ MasterCard
○ VISA
○ AMEX
○ Discover (through CCME website only)
Credit Card Number Exp. Date
Authorized Signature Billing Zip Code