Oh, My Aching Back:  
A Multidisciplinary Symposium for Primary Care Providers

Saturday, August 3, 2013

Biomedical Research Tower  
460 West 12th Ave  
Columbus, Ohio 43210

This program is designed to address the diagnosis and treatment of back issues commonly seen by primary care physicians in a clinical setting. The program will consist of several didactic presentations as well as case presentation panel discussions with professionals from various disciplines.

Sponsored by:  
Ohio State University’s Wexner Medical Center in cooperation with the Comprehensive Spine Center and the Department of Neurological Surgery

http://ccme.osu.edu
AGENDA
Saturday, August 3, 2013

7:45 a.m.  Welcome - Course Director: Gary Rea, MD, PhD

I.  BWC and Low Back Pain
8:00 a.m.  BWC and Opioid Treatment of Work Injured Patients
            Stephen Woods, MD, Medical Director of Ohio BWC

II.  Evaluation of the Patient with Low Back Problems
8:45 a.m.  The History and Physical Exam for Patients with Low Back Problems
            Gary Rea, MD, PhD
9:45 a.m.  The Radiographic and Electrophysiologic Evaluation of the Patient with Low Back Problems
            Gary Rea, MD, PhD and Fran Pulver, MD
10:15 a.m. BREAK

III.  Common Low Back Problems - Diagnosis, Natural History, Treatment
10:45 a.m.  Sprains and Strains in the Low Back
            Panelists: Fran Pulver, MD; Raj Swain, MD; Laurie Bell, PT; Ken Nguyen, MD
11:30 a.m.  Fibromyalgia
            Panelists: Fran Pulver, MD; Raj Swain, MD; Laurie Bell, PT; Ken Nguyen, MD
12:00 p.m. LUNCH

1:00 p.m.  Compression Fractures
            Panelists: Suzanne Stanek, NP; Mike Evers, MD; Laurie Bell, PT; Joe Tu, MD; Frank Farhadi, MD
1:45 p.m.  Herniated Lumbar Disc
            Panelists: Brad Elder, MD; Laurie Bell, PT; Gregg Weidner, MD; Elizabeth Yu, MD
2:20 p.m.  Lumbar Stenosis
            Panelists: Jim Thoman, MD; Elizabeth Yu, MD; Joe Tu, MD; Laurie Bell, PT
2:55 p.m.  BREAK

3:20 p.m.  Lumbar Spondylolisthesis with Spondylolysis (congenital)
            Panelists: Jim Thoman, MD; Frank Farhadi, MD; Safdar Khan, MD
3:55 p.m.  Adult Scoliosis
            Panelists: Safdar Khan, MD; Frank Farhadi MD
4:20 p.m.  Occupational Medicine at Ohio State - The Treatment of Work Related Spine Injuries at Ohio State University
            Eric Schaub, MD
4:45 p.m.  Summary and Evaluation of Program
5:00 p.m.  Adjourn

OBJECTIVES

At the conclusion of this activity, learners will be able to:
• Identify how the physical exam and the history of a patient with spine complaints can lead them to the appropriate diagnosis.
• Diagnosis and recommend treatment for the common spine problems (sprain, strain, herniated disc, compression fractures, lumbar stenosis, scoliosis and congenital spondylolisthesis)
• Order the appropriate radiographic studies for a patient and have improved understanding of the report
• Diagnosis fibromyalgia and develop a treatment plan that minimizes the risk of long term narcotic use
• Recall the Bureau of Workers’ Compensation recommendations regarding opiate treatment
To register online using our secure online registration system:

Go to http://ccme.osu.edu, and click “View All Conferences.” Select this conference from the list of activities.

You must be logged into an OSU CCME account to register. If you do not have an account, click on the red “Create Account” button.

If you do not remember your username or password or are unsure if you have an OSU CCME account, please contact the CCME office at (614) 293-3576

- Fax registrations will NOT be accepted due to information security protocol.
- Payment of fees are due upon registration. Failure to submit payment will put a hold on the processing of the registration request.
- Fee includes admittance to the program, learning materials, continental breakfast and lunch.

Accreditation Statement
The Ohio State University Center for Continuing Medical Education (CCME) is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

AMA Credit Designation Statement
The Ohio State University Center for Continuing Medical Education (CCME) designates this live activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
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