Ohio State University Wexner Medical Center – Sports Medicine Summit – April 3rd 2020

7:00am-7:25am  Registration/Breakfast

7:25am-7:30am  Welcome – Chris Kaeding, MD – Ohio State University Sports Medicine

7:30am-8:10am  State of Concussion Care – Allen Sills, MD – National Football League

8:10am- 9:25am  Ankle, Knee & Hip Joint Teams: Returning the acute injury to play
                 – Adam Groth, MD, Robert Duerr, MD & Kel Vasileff, MD – Ohio State Sports Medicine

9:25am-9:35am  BREAK

9:35am-10:50am  Shoulder, Elbow & Hand: Keeping them on the field
                 – Grant Jones, MD, Hisham Awan, MD & Andrew Neviaser, MD – Ohio State Sports Medicine

10:50am- 11:30am  In-Season Pain Management Options – Mike Baria, MD – Ohio State Sports Medicine

11:30am-12:30pm  Lunch – Medical and Coaching Staff Communication – Coach & Athletic Staff – Ohio State Athletics

12:30pm- 2:00pm  Breakouts

Surgical Case Discussions:
- Ankle – Tim Miller, MD
- Knee – David Flanigan, MD
- Shoulder – Julie Bishop, MD
- Wrist – Amy Speeckaert*, MD

Non-Surgical Discussions:
- Nutrition for injury recovery
  – Jackie Buell, RD
- Identifying psychological issues in the injured athletes – Jen Carter, PhD
- RTP for the concussed athlete – Ohio State Sports Medicine AT Staff

Rehab Discussions – Ohio State Sports Medicine Rehabilitation Staff
- Syndesmotic ankle injuries
- Tendon conditions in the knee
- Managing the throwing Athlete

2:00pm – 2:15pm  BREAK

2:15pm- 3:00pm  Breakouts

In-season elbow pain in the throwing athlete
Greg Cvetanovich, MD – Ohio State Sports Medicine

In-season care for spine pain
Michael Jonesco, MD – Ohio State Sports Medicine

Minimally invasive procedures
Bryant Walrod, MD – Ohio State Sports Medicine

Sports Hernia
Michael Meara*, MD – Ohio State Medical Center

3:30pm-4:00pm  Evolution of the role of the “Team Physician”
Panel Discussion moderated by James Borchers, MD – Ohio State Sports Medicine

4:00-4:15pm  Closing comments and evaluations – Chris Kaeding, MD – Ohio State Sports Medicine