OHIO STATE UNIVERSITY
HEART & VASCULAR CENTER
CONFERENCE
Practical tips for the practitioner

Special virtual program launch: Sept. 17
Ask experts questions in real time.
Register: go.osu.edu/HVCconference
FREE
Experts from The Ohio State University Heart and Vascular Center will provide updates and practical tips on new advances and guidelines in cardiovascular medicine for physicians, nurse practitioners and medical personnel. The virtual program will be available from Sept. 17, 2021, through Sept. 30, 2022.

**Target audience:** cardiologists, general internal medicine physicians, family practice physicians, advanced practice providers and nurses

**Sponsored by:** The Ohio State University Wexner Medical Center, in cooperation with The Ohio State University Heart and Vascular Center and the Richard M. Ross Heart Hospital

**At the conclusion of this activity, participants should be able to:**

1. Identify evaluation criteria and appropriate prescription regimens in patients who have resistant hypertension.

2. Examine the new paradigms in preventive cardiology, including new lipid management strategies and CVD reduction for women of child-bearing age.

3. Discuss current recommendations for the diagnosis and management of HTN disorders of pregnancy.

4. Recognize how cardiac MRI is effective in identifying inflammation of the heart muscle in athletes and can help determine when those who have recovered from COVID-19 can safely return to play in competitive sports.

5. Identify cardiac gross pathology with echocardiographic images.

6. Review echocardiographic features of systemic disease with associated cardiac involvement.

7. Identify new device technologies for the treatment of electrophysiology disorders.

8. Describe new medication and procedures for patients with atrial fibrillation at risk for severe bleeding.

9. Identify the latest treatment options for atrial fibrillation in patients including medication, ablation and left atrial occlusion devices.

10. Discuss patient criteria for TAVR versus SAVR.

11. Discuss the utility of coronary artery calcium scoring.

12. Discuss commonly prescribed medications for the treatment of pulmonary hypertension.

13. Discuss the role of diabetic medications in the cardiac patient.


15. Recognize key medical issues in the post-cardiac transplant and post-LVAD patients.
Agenda

8-8:10 a.m. Welcome
Thomas Ryan, MD, MBA
Executive Director, Richard M. Ross Heart Hospital
Director, Ohio State Heart and Vascular Center
John G. and Jeanne Bonnet McCoy Chair in Cardiovascular Medicine
Professor, Department of Internal Medicine

Laxmi Mehta, MD
Vice Chair of Wellness, Department of Internal Medicine
Section Director, Preventive Cardiology & Women’s Cardiovascular Health
Director, Lipid Clinics
Sarah Ross Soter Endowed Chair in Women’s Cardiovascular Health
Professor of Internal Medicine
Division of Cardiovascular Medicine

Session 1

8:10-8:20 a.m. Workup of resistant hypertension
Jim Liu, MD
Assistant Professor of Internal Medicine
Division of Cardiovascular Medicine

8:20-8:30 a.m. Lpa: When to screen and how to manage
Michael Wesley Milks, MD
Medical Director, Cardiac Rehabilitation Outpatient Care
Upper Arlington
Associate Program Director, Cardiovascular Disease Fellowship
Assistant Professor of Internal Medicine
Division of Cardiovascular Medicine

8:30-8:40 a.m. Lipid management in women of child-bearing age
Laxmi Mehta, MD
Vice Chair of Wellness, Department of Internal Medicine
Section Director, Preventive Cardiology and Women’s Cardiovascular Health
Director, Lipid Clinics
Sarah Ross Soter Endowed Chair in Women’s Cardiovascular Health
Professor of Internal Medicine
Division of Cardiovascular Medicine
8:40-8:50 a.m.  Hypertension management during pregnancy and postpartum  
Lauren Lastinger, MD  
Assistant Professor of Internal Medicine  
Division of Cardiovascular Medicine  
The Ohio State University Wexner Medical Center and  
Nationwide Children’s Hospital  

8:50-9 a.m.  Utility of coronary artery calcium scoring in primary prevention  
Thura Harfi, MD, MPH  
Director, Cardiovascular Imaging Core Lab  
Ross Heart Hospital  
Assistant Professor of Internal Medicine  
Division of Cardiovascular Disease  

9-9:10 a.m.  Break  

Session 2  

9:10-9:20 a.m.  Cardiac MRI and COVID-19  
Saurabh Rajpal, MBBS  
Assistant Professor of Internal Medicine  
Division of Cardiovascular Medicine  
The Ohio State University Wexner Medical Center and Nationwide  
Children’s Hospital  

9:20-9:30 a.m.  Echo show and tell: Memorable pictures  
Gbemiga Sofowora, MBChB, MSc  
Director, Nuclear Cardiology  
Associate Professor of Internal Medicine  
Division of Cardiovascular Medicine  

9:30-9:40 a.m.  Anticoagulation management in the high-risk patient  
Mahmoud Houmsse, MD  
Director, Antiarrhythmic Clinic  
Professor of Internal Medicine  
Division of Cardiovascular Medicine
9:40-9:50 a.m.  Technology updates: What are all these devices?  
Emile Daoud, MD  
Section Director, Electrophysiology  
Professor of Internal Medicine  
Division of Cardiovascular Medicine

9:50-10 a.m.  Antiplatelet management post-stenting in atrial fibrillation patients: DAPT vs triple therapy  
Cindy Baker, MD  
Director, Cardiac Catheterization Laboratory, Memorial Health  
Associate Professor of Internal Medicine  
Division of Cardiovascular Medicine

10:10:10 a.m.  Break

Session 3

10:10-10:20 a.m.  TAVR vs SAVR: Who and when?  
Scott Lilly, MD, PhD  
Interventional Cardiology Director, Structural Heart Disease Program  
Associate Professor of Internal Medicine  
Division of Cardiovascular Medicine

10:20-10:30 a.m.  Pulmonary hypertension medications for PCPS: What do I need to know?  
Scott Visovatti, MD  
Director, Pulmonary Hypertension Program  
Associate Professor of Internal Medicine  
Division of Cardiovascular Medicine

10:30-10:40 a.m.  Sarcoid and the heart  
Rami Kahwash, MD  
Director, Heart and Vascular Research Organization  
Director, Invasive Catheterization Laboratory  
Professor of Internal Medicine  
Division of Cardiovascular Medicine
10:40-10:50 a.m. Diabetic medications and the heart: Who, when and why
Veronica Franco, MD, MSPH
Co-Director, Pulmonary Vascular Disease Program
Advanced Heart Failure and Transplantation Program
Associate Professor of Internal Medicine
Division of Cardiovascular Medicine

10:50-11 a.m. Advanced cardiac imaging in cancer patients
Daniel Addison, MD
Co-Director, Cardio-Oncology Program
Assistant Professor of Internal Medicine
Division of Cardiovascular Medicine

11-11:10 a.m. Break

Session 4

11:10-11:20 a.m. Abdominal aortic aneurysms: Stent vs knife
Kristine Orion, MD
Director, Quality and Patient Safety
Medical Director, Vascular Surgery
Division of Vascular Diseases and Surgery

11:20-11:30 a.m. Workup of peripheral artery disease
Mounir Haurani, MD
Director, Vascular Imaging Lab
Division of Vascular Diseases and Surgery

11:30-11:40 a.m. The basics of cardiac transplant
Asvin Ganapathi, MD
Assistant Professor of Surgery
Division of Cardiac Surgery
11:40-11:50 a.m.  LVADs 101: What do we all need to know?
Matthew Henn, MD
Assistant Professor of Surgery
Division of Cardiac Surgery

11:50 a.m.-noon  Adjourn
Thomas Ryan, MD, MBA
Laxmi Mehta, MD

Accreditation Statement: The Center for Continuing Medical Education at The Ohio State University Wexner Medical Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

AMA Credit Designation Statement: The Ohio State University Wexner Medical Center designates this educational activity for a maximum 4.0 AMA PRA Category 1 Credits™. Physicians should claim credit commensurate with the extent of their participation in the activity.

Please email questions to ellen.yokoyama@osumc.edu.

The program is FREE. Registration deadline is September 10, 2021. To register: email or mail your completed registration form to ellen.yokoyama@osumc.edu

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If you have any questions, please contact ellen.yokoyama@osumc.edu.

Name ________________________________
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