The Department of Psychiatry is pleased to announce two outstanding workshop opportunities with Shawn Shea, M.D., an internationally acclaimed innovator in suicide assessment, clinical interviewing, and preventing suicide by building resiliency. To register please click here.

**Day I. Unlocking Suicidal Secrets: New Thoughts on Old Problems in Suicide Prevention**
June 27, 2011
The Fawcett Center Auditorium
2400 Olentangy River Road
Columbus, OH 43210
Registration 8:00 AM
Workshop 8:30am-4:00PM

**Day II. Reaching the People Beneath the Diagnosis**
June 28, 2011
The Fawcett Center Auditorium
2400 Olentangy River Road
Columbus, OH 43210
Registration 10:00 AM
Workshop 10:30am-4:15 PM

**Day #1**

**Unlocking Suicidal Secrets: New Thoughts on Old Problems in Suicide Prevention**

**Intended Audience:** Appropriate for psychiatrists, counselors, psychologists, social workers, psychiatric nurses, case managers, substance abuse counselors, school counselors and all mental health trainees.

**Description:**

Dr. Shea begins the day by tracking down the answers to two elusive and controversial questions: What is the nature of happiness? and What is the nature of human nature itself? He then demonstrates, with specific clinical examples, how the answers to these philosophical questions can be powerfully applied - a model called "matrix treatment planning" - to transform the types of stalled treatment plans that may lead to suicide, as well as providing a surprisingly refreshing antidote to clinician "burn-out."

In the next workshop, a sophisticated look is given to the concept of risk and protective factors, focusing on their immediate application to the clinical formulation of suicide potential. Dr. Shea then proceeds to dissect the fine art of documenting a suicide assessment, providing tips
for writing a sound document that is both a useful clinical tool and a written record that can keep the clinician "out of court."

After lunch the focus shifts to direct interviewing methods for uncovering dangerous secrets. The first afternoon workshop is devoted to understanding six practical validity techniques: normalization, shame attenuation, behavioral incident, gentle assumption, symptom amplification and denial of the specific - the cornerstones for effectively eliciting suicidal ideation, which can also provide powerful gateways for uncovering sensitive material such as domestic violence, drug abuse, and incest. Interviewing techniques are demonstrated by a video with an actual client.

The final workshop of the day is devoted to a demonstration of how these validity techniques can be woven into a specific strategy for uncovering suicidal ideation and intent – the Chronological Assessment of Suicide Events (the CASE Approach). The highly acclaimed CASE Approach has been described by David Jobes Ph.D., a former President of the American Association of Suicidology, as follows: “The CASE Approach moves the clinician almost imperceptibly into the secret internal workings of the mind and soul of the patient tormented by suicidal ideation. . . . It should be taught to any front-line clinician. It has the power to meaningfully save lives.” The CASE Approach is illustrated by a compelling video with an actual client.

Schedule for Day #1

Registration  8:00 - 8:30 a.m.

Workshop I  8:30 - 10:00 a.m.

The Art of Matrix Treatment Planning and the Quest for Happiness: Suicide Prevention in a New Light

Break  10:00 - 10:15 a.m.

Workshop II  10:15 - 11:45 a.m.

Risk and Protective Factors in Suicide Assessment and the Art of Sound Documentation

Lunch  11:45 - 12:45 p.m.
Workshop III 12:45 - 2:15 p.m.

Innovative Interviewing Techniques for Uncovering Suicidal Ideation and Other Sensitive Material

Break 2:15 - 2:30 p.m.

Workshop IV 2:30 - 4:00 p.m.

The Delicate Art of Eliciting Suicidal Ideation and Intent – The Chronological Assessment of Suicide Events

Day #2

Reaching the People Beneath the Diagnosis

Intended Audience: Same as Day #1

Description

These workshops provide front-line clinicians with the state of the art skills necessary to tackle some of the most difficult clinical situations facing experienced clinicians during the initial assessment. In the first workshop Dr. Shea gives a vibrant new life to the concepts of object relations and the psychology of the self as applied to the tasks of the initial assessment. He clarifies what are sometimes viewed as confusing psychodynamic concepts and shows how they can be transformed into practical and easy-to-use interviewing techniques for improving engagement, recognizing severe personality pathology, determining appropriate treatment modalities and understanding the exquisite pain of people coping with personality dysfunction.

In the afternoon, Dr. Shea turns the focus onto one of the most problematic of all clinical gremlins - inaccurate or missed diagnoses. Taking the workshop participants on a sophisticated journey into an exploration of the people beneath the anxiety diagnoses - using a series of vivid videos of actual clinical interviews - he provides a refreshing understanding of how people individually experience and make sense of their anxiety symptoms. From this phenomenological understanding, Dr. Shea demonstrates interviewing techniques that help uncover the complexities of often misunderstood diagnoses such as OCD, PTSD, and panic disorder including their atypical presentations.
In the last workshop Dr. Shea looks at the puzzling world of psychosis. He demonstrates a variety of specific interviewing techniques to help clinicians ferret out the earliest signs of impending psychosis or relapse, while providing a better understanding of the exquisite pain created by psychotic process. In addition he provides immediately practical interviewing techniques for spotting dangerous psychotic process including suicide, homicide, and self-mutilation. Once again Dr. Shea illustrates his interviewing techniques with compelling videos of actual clients experiencing psychotic process.

**Schedule for Day #2**

**Registration**  
10:00 - 10:30 a.m.

**Workshop I**  
10:30 - 12:00 p.m.  
*The Innovative Use of Object Relations: Gateway to Understanding the People Beneath the Personality Diagnoses*

**Lunch**  
12:00 - 1:00 p.m.

**Workshop II**  
1:00 - 2:30 p.m.  
*The Inner World of the People Beneath the Diagnoses: Interviewing Techniques for Uncovering Anxiety Disorders*

**Break**  
2:30 - 2:45 p.m.

**Workshop III**  
2:45 - 4:15 p.m.  
*The Elusive World of Psychosis: How to Help Patients Share Their Pain, Hallucinations, Delusions, and Dangerous Thoughts*

**About the Speaker:**
Shawn Christopher Shea, M.D. is an internationally acclaimed workshop leader and educational innovator in the fields of suicide prevention, creating resiliency, clinical interviewing, and improving medication adherence having given over 850 presentations worldwide. He is a recipient of an Outstanding Course Award from the American Psychiatric Association for his workshops at their annual meetings. Dr. Shea is the author of six books and numerous articles including one of the classic texts in the field of suicide prevention, *The Practical Art of Suicide Assessment*. His works have been translated into numerous languages including French, Spanish, Greek, and Japanese. Both editions of his book *Psychiatric Interviewing: the Art of Understanding* have been chosen by the Medical Library Association for the Brandon/Hill List as one of the 16 most important books in the field of psychiatry. Dr. Shea is the Director of the Training Institute for Suicide Assessment and Clinical Interviewing (www.suicideassessment.com), a training and consultation service providing workshops, consultations, and quality assurance design in mental health assessments. He is also in private practice.

**Accreditation Statement**

The Ohio State University Medical Center, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME®) to provide continuing medical education for physicians.

**AMA Credit Designation Statement**

The Ohio State University Medical Center, Center for Continuing Medical Education designates this live activity for a maximum of *10.75 AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The OSU Department of Psychiatry OPA-MCE (Ohio Psychological Association-Mandatory Continuing Education) Approved Provider #316025986 – 1 CME hour for each presentation.

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