## Preventive Pediatrics: Goals

- Why Preventive Pediatrics?
- What is Preventive Pediatrics?
- How do we do Preventive Pediatrics?
- Who can help with Preventive Pediatrics?

## Why Preventive Pediatrics?

- **Financial Benefit**
  - Pay for Performance
  - Increase CPT Reimbursement
  - Capitation
  - Meaningful Use of HER
  - Medical Home Certification

- **Clinical Benefit**
  - Short term gains (immunizations/safety)
  - Long term gains (heart disease, mental health, cancer)
  - Quality of life (obesity, mental health, development)
What is Preventive Pediatrics?

- Immunizations and hygiene
- Safety
- Development/MH
- Fitness and nutrition
- Family wellness
- Community

How do we do PP?

- Core resource for in-office practice
- Preparation of patients
- Preparation of practice
Priorities for the Newborn Visit

- Family readiness (e.g., concerns and resources)
- Infant behaviors (e.g., sleep, calming)
- Feeding (satiation cues, hydration/jaundice)
- Safety (e.g., car safety seats, tobacco smoke)
- Routine baby care (e.g., infant supplies, skin care, illness prevention, introduction to future visits)

Preparation of Families

- Practice intake and education
- Core materials and website/call line/educator
- Methods of communication
- Assessment of literacy
  - Rapid Estimate of Adult Literacy in Medicine—Short Form (REALM-SF)
  - Short Assessment of Health Literacy for Spanish Adults (SAHLSA-50)

Bright Futures Resources for Recommended Visits

- Bright Futures Previsit Questionnaire
- Bright Futures Visit Documentation Form
- Bright Futures Parent Handout
- Bright Futures Psychosocial Assessment

www.PediatricCareOnline.org
**Health Literacy video**

- Team roles, guidelines and registries
- QI activities
- Identification of surveys, tools and tracking
- Community resources for identified issues

**Local Community Resources**

- Health (Title V, SCHIP, Home visiting)
- Development (Head Start, Rec, Early Interv)
- Family Support (WIC, DV, Food Banks)
- Adult Assistance (ESL, Legal Aid, ADAMH)

http://brightfutures.org/wellchildcare/toolkit/index.html
Who can help with PP?

Our patients, families and communities

• Patient completed surveys and assessments
  – Paper and pencil
  – Digital
• Patient and family edu/support websites
• Tablet and smartphone apps
• Integrating tools

Tablet screening video

Websites for patient information, education and training

• Generic family health
• Condition specific
• Information vs. Participation
www.Healthychildren.org

http://girlshealth.gov/

Apps for Healthy Kids

Kidshealth.org
Integrating Tools for Health Promotion
Conclusion

• Preventive Pediatrics growing in importance

• Definition changing
  – More community focused
  – More patient/family engaged

• Preparation involves office, family and community

• New tools available to make it easier