

Ohio State's Lipid Management and Heart Disease Prevention Course

Friday, May 18

8:30 a.m. Registration

9 a.m. Opening and Welcoming Remarks
Thomas Ryan, MD

Session 1 Hypertension

9:05 a.m. Keynote Lecture: Managing Blood Pressure in 2012
Henry Black, MD

9:50 a.m. Uncontrollable Hypertension: Management of Resistant Hypertension in 2012
Veronica Franco, MD

10:15 a.m. Expert Panel discussion - Questions from Audience for Henry Black, MD
and Veronica Franco, MD

10:25 a.m. Break

Session 2 Risk Factor Modification

10:35 a.m. What's Motivation Got to do With It? A Focus on Utilization of Motivational
Interviewing
Scott Merryman, MD

11:00 a.m. Saving Women's Hearts: Contemporary Strategies to Prevent Heart Disease in
Women
Martha Gulati, MD, MS

11:25 a.m. The Role of Cardiac Rehabilitation: Getting to the Heart of the Matter
Justin Dials, PhD

11:50 a.m. Expert Panel Discussion - Questions from Audience for Justin Dials, PhD;
Martha Gulati, MD, MS; and Scott Merryman, MD

12:05 p.m. Lunch

Session 3 Dyslipidemia

12:35 p.m. Keynote Lecture: Managing Lipids in 2012: How to Use Old Guidelines in
Light of New Research
Neil Stone, MD

1:20 p.m. Taking Heredity to Heart: Focus on the Familial Dyslipidemias
Amy Sturm, MS, CGC

1:45 p.m. **Keynote Lecture: The Twenty-Year Voyage of a Patient With a Total Cholesterol**
of 860 mg/dl at Age 2: Diagnostic and Therapeutic Insights into the
Management of the Hypercholesterolemic Patient
Carl Orringer, MD

2:30 p.m. Break

Session 4 Pharmacist Perspective

- 2:45 p.m. Just What the Doctor Ordered - Strategies to Improve Patient Adherence to Lipid-Lowering Medications
Maria Pruchnicki, PharmD, BCPS, CLS
- 3:05 p.m. Beyond the Counter: A Discussion of OTC Products and Therapeutic Lifestyle Changes
Andrea Hirsch, PharmD, BCPS
- 3:25 p.m. Navigation Through the Omega-3 Fatty Acids: Evaluation of Current and Future Developments for Lipid Modification
Ginny Mitchell, PharmD, BCPS
- 3:45 p.m. Case Presentations & Discussion by Expert Panel
Case Presenters: Margie Hevezi, PharmD, CDE, CLS,
and Melissa Snider, PharmD, BCPS, CLS
Panel: Martha Gulati, MD, MS; Scott Merryman, MD; Carl Orringer, MD;
and Neil Stone, MD
- 4 p.m. Adjournment
Martha Gulati, MD, MS