

# Finding Refuge in Community: Reconnecting Who We are with What We Do in Challenging Times

September 17, 2021 (12:45 – 4:45 p.m. EDT)

*Los Angeles 9:45 a.m.; Denver 10:45 a.m.; Chicago 11:45 a.m.; New York 12:45 p.m.*

## Agenda

- 12:45 p.m. Participant Sign-in
- 1:00 p.m. Welcome & Introduction  
*Cynthia Kreger, MD*
- 1:10 p.m. Setting the Stage  
**Everyday Non-Violence**  
*Kari Sulenes, PhD*
- 1:25 p.m. Workshop #1  
**The Wisdom of the Wounded Healer: Exploring compassion and empathy for self and others in health care**  
*Evangeline Andarsio, MD*
- 2:25 p.m. BREAK
- 2:45 p.m. Workshop #2  
**Honoring Your Inner Compass amidst Challenging Times**  
*Cynthia Kreger, MD*
- 3:45 p.m. BREAK
- 4:00 p.m. Workshop #3  
**Integrating Meaning and Purpose**  
*Alyssa McManamon, MD*
- 4:25 p.m. Wrap-up & Closure
- 4:35 p.m. Evaluation

*\*Please note – all times listed in the above agenda are EDT.*



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