Stroke Update IVtPA

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Time lost is brain lost!

Stroke 2006

 Each 59 seconds, an ischemic stroke will have killed 1.9 million brain cells, according to a study published in Stroke: Journal of the American Heart Association



Stroke

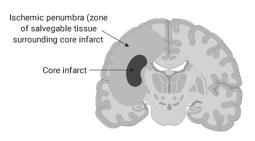
Stroke Thrombolysis Save a Minute, Save a Day

Atte Meretoja, MD; Mahsa Keshtkaran, MSc; Jeffrey L. Saver, MD; Turgut Tatlisumak, MD; Mark W. Parsons, MD; Markku Kaste, MD; Stephen M. Davis, MD; Geoffrey A. Donnan, MD; Leonid Churilov, PhD

Stroke 2014

- disability-adjusted life years (DALYs) In each minute saved provided a mean 1.8 days of DALY
- patients gain an equivalent of at least a day of healthy life for each minute
- Save a Minute, Save a Day

Ischemic penumbra



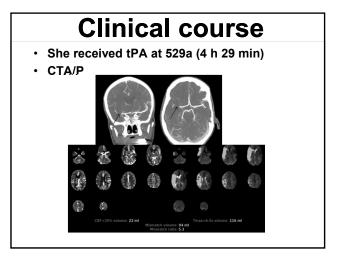
Acute stroke treatment:

- 1) Intravenous tissue plasminogen activator (IVtPA)
- 2) Intra-arterial therapy (IAT), i.e. mechanical thrombectomy

CASE A

- 71 y.o. RH female with a history of history of lung adenocarcinoma s/p LUL lobectomy
- POD 8 lobectomy who at 1am developed witnessed onset of left hemiparesis
- · Stroke code was called at 5am
- · She had a Chest tube
- · Initial NIHSS was 11
- · CT brain negative
- BP, labs (coags, BS, etc) WNL

Question: Recommend IVtPA?



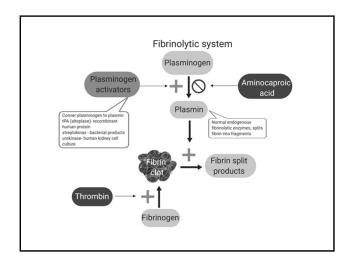
Clinical Course

- · Cerebral angiogram negative
- · MRI shows small right MCA infarct



- The next day neurological examination showed left hemiparesis, NIHSS-3
- · She was transferred to ARF PSD #7
- Follow in stroke clinic at 3 months, mRS-1, NIHSS 0

Thrombolytics



Activase (tPA)

- produced by recombinant DNA technology
 - synthesized using the complementary DNA (cDNA) for natural human tissue-type plasminogen activator obtained from a human melanoma cell line
 - purified glycoprotein of 527 amino acids
- sterile, white, lyophilized powder for IV administration after reconstitution with sterile Water
- supplied in 50 mg and 100 mg vials without vacuum
- duration of action 2-10 min

Intracranial hemorrhage

Incidence of Intracranial Hemorrhage in AMI patients

Dose	Pt#	ICH (%)
100mg, 3 hr	3272	0.4
< 100mg, accelerated	10,396	0.7
150mg	1779	1.3
1-1.4 mg/kg	234	0.4

Dose used in stroke patients

- IV tPA 0.9 mg/kg total dose (maximum 90 mg)
 - 10% as bolus over 1 minute
 - remaining 90% as infusion over 60 minutes

The New England Journal of Medicine

Copyrigh, 1905, by the Manustons Molard Scriege
damer 233 DECEMBER 14, 1995 Number 24

TISSUE PLASMINOGEN ACTIVATOR FOR ACUTE ISCHEMIC STROKE

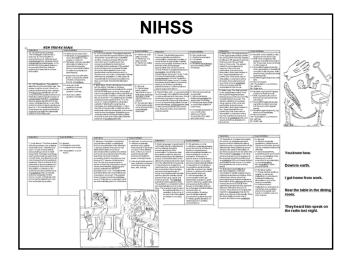
THE NATIONAL INSTITUTE OF NATIONAGES.

- Randomized double-blinded, placebo-controlled study
- · 624 pts w/in 3 hr of onset, required pre-tx CT
- 0.9 mg/kg IV tPA (max 90mg) 10% bolus over 1 m, then remainder over 60 m
 - BP < 185/110

Part I- 291 pts, improve 4 on NIHSS in 24 hr Part II- 333 pts, clinical outcome at 3 mos •NIH, Barthel, Modified rankin

NINDs Inclusion Criteria

- Ischemic stroke with a clearly defined time of onset
- · deficit measurable on the NIHSS
- base-line CT brain that showed no intracranial hemorrhage



NINDs Exclusion Criteria

- · stroke or serious head trauma within the preceding 3 mos
- · undergone major surgery within 14 days
- history of intracranial hemorrhage
- SBP >185 mm Hg or DBP >110 mm Hg
- · rapidly improving or minor symptoms
- · symptoms suggestive of SAH
- GI hemorrhage or urinary tract hemorrhage within 21 days
- arterial puncture at a noncompressible site within 7 days
- · seizure at the onset of stroke
- Patients taking anticoagulants or who had received heparin within the 48 hours preceding the onset of stroke and had an elevated aPTT
- prothrombin times > 15 seconds, platelet <100,000 per cubic millimeter, or glucose <50 mg or >400 mg per deciliter
- · aggressive treatment required to reduce blood pressure

NINDs

- Part I- Change in NIHSS
 - No significant difference
- Part II- Outcome at 3 months
 - Modified rankin scale (0-6)
 - 0 no symptoms at all
 - 1 no significant disability despite symptoms, able to carry out all usual duties and activities
 - 30% more likely to have minimal disability at 3 mos in tPA group
 - Absolute increase in favorable outcome 11% 13%

NINDs

- Hemorrhage
 - 6.4% tPA vs 0.6% placebo
- · Mortality rate at 3 mo
 - 17% tPA vs 21% placebo
- Interpretation: tPA w/in 3 hr window improves 3 month outcome
- FDA approval 1996

IVtPA trials						
			1/2 pts (>300) enrolled <90m from onset, post hoc analysis-pt treated early had better outcomes			
Study	Pt#	Max dose (mg)	Window (hrs)	Symptomatic ICH % (tpa vs placebo)	Mortality % (tPA vs placebo)	
NINDs	624	90 (0.9)	<u><</u> 3	6.4 vs 0.6	17.4 vs 20.6	
ECASS I	620	100 (1.1)	<u><</u> 6	19.8 vs 6.5*	22 vs 15.6	
ECASS II	800	90 (0.9)	<u><6</u>	8.8 vs 3.4	10.5 vs 10.7	
ATLANTIS B	547	90 (0.9)	3-5	7.0 vs 1.1	11.0 vs 6.9	
Initiated in 1991, protocol similar to NINDs In 1993, study changed to 0-5hr			(1 1) (n M	nchymal hematoma (symptomati .1mg/kg- max 100mg) higl 17% eliminated due to majo nost commonly CT early in ajor parenchymal hemorri o sig difference in BI at 3 i	her dose of tPA or protocol violations infarct signs) hage was 19.8% (tpa)	
due to safety concerns in 5-6 hr group. In 1996 (FDA approved tPA in first 3 hr) modified to 3-5 hr window Trial terminated 1998 interim analysis suggested that detection of a beneficial effect of tPA was highly unlikely		Unde No si prima	ced does tPA, less pro rpowered, had only 80 gnificant difference in rry outcome (mRS 0-1 A pts (40.3%) & control	0 pts, needed 2000 pts achieving at 90 days) between		

ECASS 3 2008

The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 181

SEPTEMBER 25, 2008

VOL. 359 NO.

Thrombolysis with Alteplase 3 to 4.5 Hours after Acute Ischemic Stroke

Werner Hacke, M.D., Markku Kaste, M.D., Erich Bluhmki, Ph.D., Miroslav Brozman, M.D., Antoni Dávalos, M.D., Donata Guidetti, M.D., Vincent Larrue, M.D., Kennedy R., Lees, M.D., Zakaria Medeghri, M.D., Thomas Machnig, M.D., Dietmar Schneider, M.D., Rüdiger von Kummer, M.D., Nils Wahigren, M.D., and Danilo Toni, M.D., Of rithe ECASS Investigators*

Extended IVtPA window (3-4.5 h) Similar to NINDs protocol

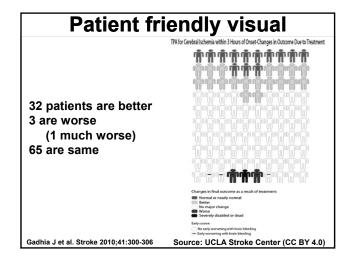
ECASS 3

- Enrolled 821
- More patients had a favorable outcome with alteplase than with placebo (52.4% vs. 45.2%; OR, 1.34; 95% CI, 1.02 to 1.76; P = 0.04)
- symptomatic ICH, 2.4% vs. 0.2%; P = 0.008
- Mortality did not differ significantly between the alteplase and placebo groups

What is considered stroke onset?

- Witnessed onset
- If un-witnessed onset, then considered to be last known normal
- If fell asleep at midnight, awoke at 6 am with neurologic deficits
 - Arrived at ER by 7am
 - Onset of symptoms is considered to be 7 hours ago, not 1 hour

Time of onset = Last known normal



The evolution of the AHA GUIDELINES

AHAA Guidelines 2007 TARE 11. Characteristics of Patients With Incherus Strake With Coast Se Trended With rith? Disposine of indomic strake causing moursulae reventagion desice. The sensological days industed net be desire grouteneously. The sensological days industed net be rised and industrial and impossibility. The supposition of strake should not be appositive at impossibilities. The supposition of strake should not be appositive at impossibilities. The supposition of strake should not be appositive at impossibilities. The supposition of strake should not be appositive at impossibilities. The supposition of strake should not be appositive at impossibilities. The supposition of strake should not be appositive at a suppositive at a source present of the service at Tender to the provision 2 months to particularisticated or violent principal care and provision 2 days to principal process at a sourcepressable she in the pervision 2 days to be suppositive and source and sourc

Extended IVtPA window to 4.5hrs

AHA/ASA Science Advisory

Expansion of the Time Window for Treatment of Acute Ischemic Stroke With Intravenous Tissue Plasminogen Activator

Plasminogen Activator

A Science Advisory From the American Heart
Association/American Stroke Association

regory J. del Zoppo, MD, MS, FAHA, Chair; Jeffrey L. Saver, MD, FAHA; Edward C. Jauch, MD, MS, FAHA; Harold P. Adams, Jr, MD, FAHA; on behalf of the American Heart Association Stroke Council

 rtPA should be administered to eligible patients who can be treated in the time period of 3 to 4.5 hours after stroke (Class I Recommendation, Level of Evidence B)

Stroke 2009, 40:2945-2948:

AHA Guidelines 2013

Stroke



Guidelines for the Early Management of Patients With Acute Ischemic Streke: A Guideline for Healthcare Professionals From the American Heart Association/American Streke Association Survey American Edward C. Joseh, Jeffrey L. Saver, Hestol P. Admas, N. Askiel Bonno, J.J. (Boddy) Conners, Bart M. Denasceschelli, Poojs Katon, Paul W. Moldhaim, R. Admin I, Owrela, Kennerón Bart M. Denasceschelli, Poojs Katon, Paul W. Moldhaim, R. Admin I, Owrela, Kennerón

Stroke: published online January 31, 2013; Stroke is published by the American Heart Association, 7272 General R Avenue, Dellas, TX 752; Cognitif © 2023 American Heart Associates, Inc. All rights reserved.

New recommendations;

- DTN time should be within 60 minutes from hospital arrival (Class I; Level of Evidence A)
- NOAC -not recommended unless the patient has not received a dose of these agents for >2 days (assuming normal renal metabolizing function). (Class III; Level of Evidence C)

Table 10. Inclusion and Exclusion Characteristics of Patient With Ischemic Stroke Who Could Be Treated With IV rtP A Within 3 Bours From Symptom Onset Inclusion criteria

Aged ≥ 15 years Exclusion criteria Significant bead trauma or prior stroke in previous 3 months

Symptoms suggest subaschnoid hemorrhage Arterial puncture at noscompressible site in previous 7 days History of previous intracrasial hemorrhage Intercranial neoplasm, arteriovenous malformation, or aneurysm

Recent intracranial or introspinal surgery
Elevated blood pressure (systolic >185 mm/Hg or disatolic >110 mm
Active internal bleeding
Acute bleeding disthesis, including but not limited to

Hopanin neceived within 4.5 hours, resulting in abnormally elevated aPTT greater than the upper limit of normal, Current use of anticoagulant with ME(5): If or PT > 15 seconds Current use of dwict threshold inhabitors of deset factor it is inhabitors with elevated annivers belonging tests level as IPTT, RRP, plantiet covert, an ECT; TT, or appropriate factor 2s activity satistype.

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risk to benefit of N rDA administration controlly if any of these relative controllections are present:
Osly minor rapidly improving stroke symptoms (clearing spontaneously)

Selbure at onset with posticibl residual neurological impairments Major surgery or serious trauma withis previous 14 days Recent gastraintestad or unisary tract bemonthage (within previous 21 days) Recent acute suppor

AHA 2015 Guidelines Update IAT

- 1. Patients eligible for IVtPA should receive IV-tPA even if IAT is being considered (Class I; Level of Evidence A).
- Patients should receive endovascular therapy with a stent retriever if they meet all the following criteria (Class I; Level of Evidence A).
 - a) prestroke mRS score 0 to 1
 - b) acute ischemic stroke receiving IV-tPA within 4.5 hours of onset
 - c) occlusion of the internal carotid artery or proximal MCA (M1)
 - d) age ≥18 years
 - e) NIHSS score of ≥6
 - f) ASPECTS of ≥6, and
 - g) treatment can be initiated (groin puncture) within 6 hours of onset

AHA 2015 Guidelines Update IAT

 As with IV-tPA, reduced time from symptom onset to reperfusion with endovascular therapies is highly associated with better clinical outcomes. To ensure benefit, reperfusion to TICI grade 2b/3 should be achieved as early as possible and within 6 hours of stroke onset (Class I; Level of Evidence B-R)

AHA 2015 Scientific Statement- IV-tPA

AHA/ASA Scientific Statement

Scientific Rationale for the Inclusion and Exclusion Criteria for Intravenous Alteplase in Acute Ischemic Stroke A Statement for Healthcare Professionals From the American Heart Association/American Stroke Association

The American Academy of Neurology affirms the value of this statement as an educational tool for neurologists. Endorsed by the American Association of Neurological Surgeons and Congress of Neurological Surgeons

Use of intravenous alteplase in carefully selected patients presenting with acute ischemic stroke who have undergone a major surgery in the preceding 14 days may be considered, but the potential increased risk of surgical-site hemorrhage should be weighed against the anticipated benefits of reduced stroke-related neurological deficits (Class 10s: Level of Evidence C).

AHA 2015 Update, consider

- Rapidly improving but still potentially disabled
- **Pregnancy**
- Major surgery within 14 days (excludes intracranial intraspinal)
- Seizure at onset
- **Dural puncture within 7 days**
- Psychogenic, malingering, conversion
- Acute MI or Recent MI
- GI bleeding (warning-structural lesion or within 21 days)
- Unruptured cerebral aneurysm (not giant)
- EICs on CT (mod)
- Cervical artery dissection
- Menstruation

AHA 2015, DO NOT recommend

- · Hemorrhage on CT
- Prior ICH
- Bleeding diathesis
 - Coumadin INR >1.7
 - NOAC (within 48 hrs)
 - Lovenox (prophylactic and treatment dose) -**FIXED IN 2018**
- BS < 50 or > 400
- **Aortic Arch Dissection**
- Endocarditis
- · Intra-axial neoplasm (excludes meningioma)

AHA 2018 Guidelines

AHA/ASA Guideline

2018 Guidelines for the Early Management of Patients With Acute Ischemic Stroke

A Guideline for Healthcare Professionals From the American Heart Association/American Stroke Association

vidence-based integrity and endorsed by the American Association of Neur Surgeons and Congress of Neurological Surgeons

New recommendations

- CMBs
- Sickle cell
- **Corrected LMWH** "treatment dose within 24 hours"
- · IAT- expanded to 24 hours window

Medical malpractice

Original Contribution

Systematic Review of Malpractice Litigation in the Diagnosis and Treatment of Acute Stroke

Jack J. Haslett, BSc; Lisa Genadry, BSc candidate; Xiangnan Zhang, MSc; Lindsey A. LaBelle, JD, BA; Joshua Bederson, MD; J. Mocco, MD, MS; Christopher P. Kellner, MD

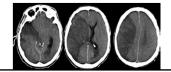
Stroke 2019

- · 3 legal databases were used to searched
- 246 medical malpractice cases related to acute management of ischemic stroke
 - 71 cases specifically alleged failure to treat with tPA
 - 1 case related to complications (hemorrhage) after tPA administration, dismissed via summary judgment
- litigation related to a failure to give tPA is more common than for cases where tPA was administered

IV tPA limitations

Katzan. Arch Neur 2004

- t-PA has had limited impact on overall morbidity and mortality on a national level
 - restricted application to < 5% of patients with acute stroke
 - strict time window
 - delay in presentation the most common reason patients were ineligible for IV thrombolysis
 - Only 15% of patients arrived within the 3-hour time window for intravenous IVtPA
- Subset of Large vessel occlusions LVO (NIHSS>20) poor recannalization rates



Incidence and Predictors of Early Recanalization After Intravenous Thrombolysis

A Systematic Review and Meta-Analysis

Pierre Seners, MD*; Guillaume Turc, PhD*; Benjamin Maïer, MD; Jean-Louis Mas, MD; Catherine Oppenheim, PhD; Jean-Claude Baron, ScD

Stroke 2016

- early recanalization (ER; ≤3 hours after start of IV-tPA)
- · meta-analyses, 26 studies, 2063 patients
- overall incidence of partial or complete ER was 33% (95% CI, 27–40), varied according to occlusion site:
 - 35% (complete ER 21%) for proximal MCA
 - 13% (complete ER 4%) for ICA
 - 13% (complete ER 4%) for basilar occlusion
- Proximal occlusion and higher NIHSS were the most consistent no-ER predictors

Thrombectomy for Large Vessel Occlusion (LVO)

Ciarán J. Powers, MD, PhD, FAANS
Associate Professor
Department of Neurological Surgery
Surgical Director, Comprehensive Stroke Center
The Ohio State University Wexner Medical Center

Financial Disclosures

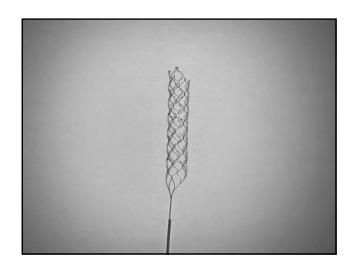
- Clinical Research Support: Medtronic, MicroVention and Stryker Neurovascular
- Fellowship Support: Medtronic

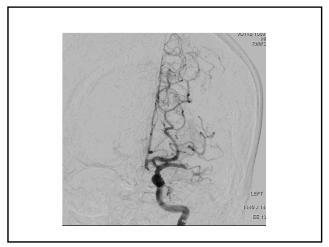
Overview

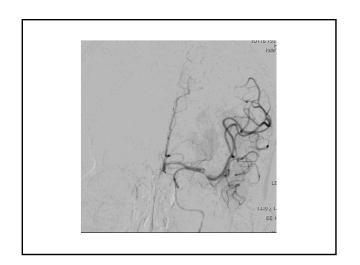
- Thrombectomy for Large Vessel Occlusion (LVO)
 - MR CLEAN and friends
- Thrombectomy beyond 6 hours
 - DAWN and DEFUSE 3

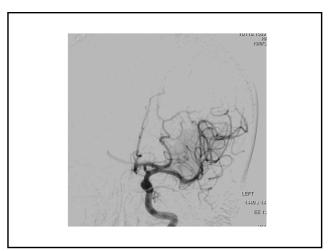
THROMBECTOMY FOR LVO











TICI

- Grade 0 = No perfusion.
- Grade 1 = Perfusion past the initial obstruction, but limited distal branch filling with little or slow distal perfusion.
- Grade 2a = Perfusion of less than ½ of the vascular distribution of the occluded artery (e.g., filling and perfusion through 1 M2 division).
- Grade 2b = Perfusion of ½ or greater of the vascular distribution of the occluded artery (e.g., filling and perfusion through 2 or more M2 divisions).
- Grade 3 = Full perfusion will filling of all distal branches.

STUDIES SUPPORTING THROMBECTOMY

The NEW ENGLAND JOURNAL of MEDICINE

A Randomized Trial of Intraarterial Treatment for Acute Ischemic Stroke

MR CLEAN

Multicenter Randomized Clinical Trial of Endovascular Treatment for Acute Ischemic Stroke in the Netherlands

- Patient population
 - Greater than 18 years with no upper age limit
 - NIHSS greater than or equal to 2
- Imaging
 - Exclude hemorrhagic stroke by CT
 - Occlusion by CTA, MRA or DSA
- Intervention
 - Intra-arterial thrombectomy within 6 hours with or without IV rtPA in patients with intracranial occlusion in anterior circulation artery (ICA, M1, M2, A1 or A2)

The NEW ENGLAND JOURNAL of MEDICINE

A Randomized Trial of Intraarterial Treatment for Acute Ischemic Stroke

MR CLEAN

Multicenter Randomized Clinical Trial of Endovascular Treatment for Acute Ischemic Stroke in the Netherlands

- Primary outcome
 - Modified Rankin scale (mRS) at 90 days
- Secondary outcome
 - NIHSS 24 hours, 5 and 7 days
 - ADL measured by Barthel index
- Imaging outcomes
 - CTA or MRA 24 hours to measure persistence of recanalization
 - CT 5-7 days to measure final infarct volume

Study Stats

- Size: 500 study participants
 - Mean age: 65 years (23 to 96 years)
 - Men: 58.4%
 - 95% of patients in both groups had pre-stroke mRS 2 or better
 - Mean NIHSS: 17
- 267 patients (53.4%) assigned to control
- 233 patients (46.6%) assigned to intervention
 - 196 underwent IA therapy
 - 195 patients underwent mechanical thrombectomy ■ 190 with stent-retriever
 - 88 patients (37.8%) had general anesthesia
 - 30 patients (12.9%) underwent concurrent carotid
 - 24 patients (10.3%) received additional IA thrombolytic
 - 1 patient (0.4%) underwent IA tPA only

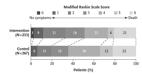
Results

Primary

Median mRS at 90 days: 3 in Intervention and 4 in Control.

Secondary

- mRS 0-3 at 90 days: 51% in Intervention and 35% in Control.
- Persistent vessel patency: 75% in Intervention and 33% in Control.



	Patients (%)		
	Intervention	Control	
mRS 0-1 90 days	27 (12%)	16 (6%)	
mRS 0-2 90 days	76 (33%)	51 (19%)	
mRS 0-3 90 days	119 (51%)	95 (36%)	
NIHSS 24 h median	13 (6-20)	16 (12-21)	
NIHSS 5-7 days median	8 (2-17)	14 (7-18)	
Persistent vessel patency	141/187 (75.4%)	68/207 (32.9%)	
Infarct volume median	49ml (22-96)	79ml (34-125)	

ORIGINAL ARTICLE	EXTENDIA
Endovascular Therapy for Ischemic Stroke with Perfusion-Imaging Selection	Extending the Time for Thrombolysis in Emergency Neurological Deficits—Intra-Arterial
Patient population	Australia After MR CLEAN

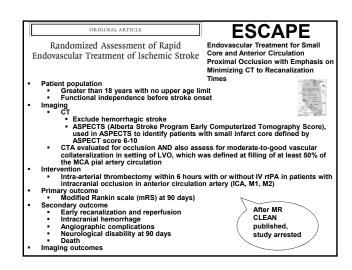
published, study arrested

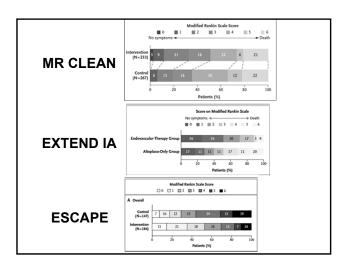
- Patient population
 - Greater than 18 years with no upper age limit
 - NIHSS no lower limit
 - Pre-stroke mRs less than 2 (functional independence)
- Imaging
 - Exclude hemorrhagic stroke by CT
 - Ischemic core of less than 70 ml with salvageable tissue
 - Occlusion by CTA, MRA or DSA
- Intervention
 - Solitaire thrombectomy started within 6 hours and completed in 8 hours in patients who had received IV rtPA within 4.5 hours of stroke onset with ICA, M1 or M2 occlusion

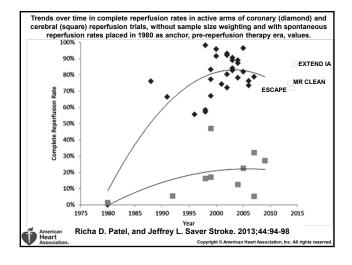
ORIGINAL ARTICLE EXTEND IA Extending the Time for Thrombolysis in Emergency Neurological Deficits—Intra-Arterial Endovascular Therapy for Ischemic Stroke with Perfusion-Imaging Selection After MR published, study arrested Primary outcome Reperfusion at 24 hours defined by percent reduction in perfusion-lesion volume between initial and 24-hour CT perfusion studies Early neurological improvement defined by decrease in NIHSS by 8 or more or a score of 0 or 1 3 days after intervention Secondary outcome mRs at 90 days Symptomatic hemorrhage SAH Parenchymal hematoma within 36 hours after

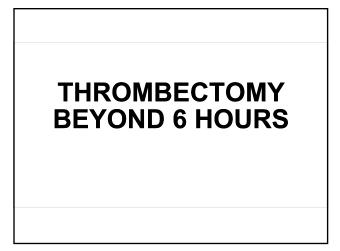
treatment with increase in NIHSS by 4 or more points

Death due to any cause



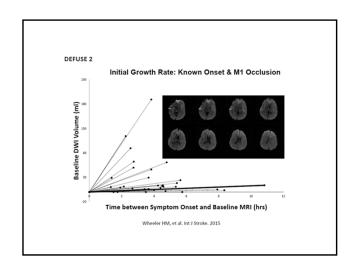


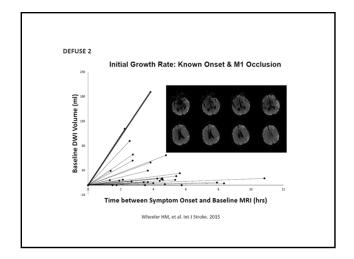


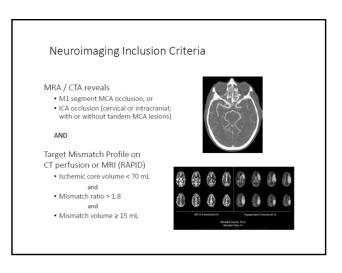


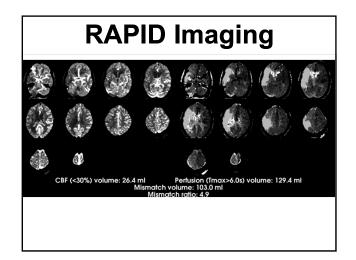
Thrombectomy for Stroke at 6 to 16 Hours
with Selection by Perfusion Imaging

Patient population
Occlusion of intracranial ICA or M1
Initial infarct size of less than 70 ml AND ratio of the volume of ischemic tissue on perfusion imaging to infarct volume of 1.8 or more
Intervention
Intra-arterial thrombectomy between 6-16 hrs from LKW
Primary outcome
Modified Rankin scale (mRS) at 90 days
Secondary outcome
Functional independence (mRS 0-2) at 90 days
Infarct volume, lesion growth, reperfusion and recanalization at 24 hours
Modified TICI score of 2b or 3 for thrombectomy patients









Study Stats

Size: 182 study participants

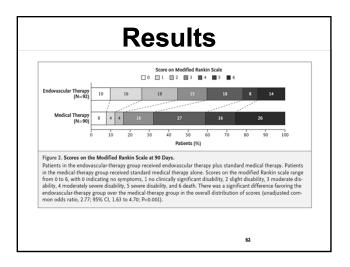
Mean age: 70 years

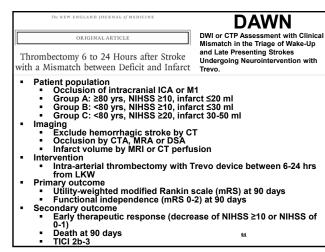
Men: 54%

■ Median NIHSS: 16

90 patients assigned to control

92 patients assigned to thrombectomy





Study Stats

Size: 206 study participants

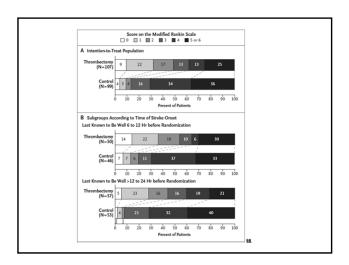
Mean age: 70 yearsAge ≥80 yrs: 25%

■ Men: 45%

■ Median NIHSS: 17

- 99 patients assigned to control
- 107 patients assigned to intervention with Trevo device

65



Summary

- Thrombectomy for Large Vessel Occlusion (LVO)
 - Patients with LVO benefit from thrombectomy up to 24 hours from last known well
 - The window for thrombectomy can be determined by functional imaging