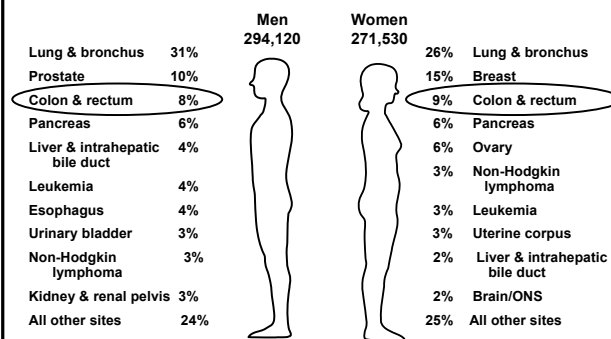


Screening and Treatment of Colon Cancer

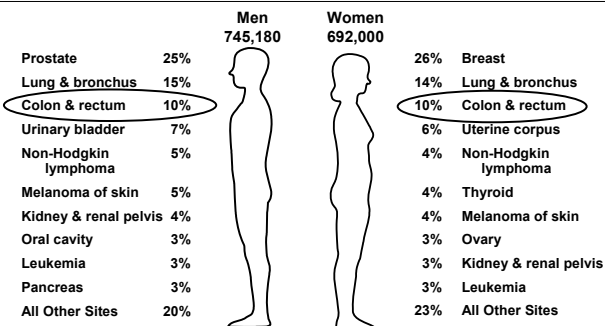
Maher Azzouz, MD
Associate Professor of Medicine
Ohio State University
James Cancer Center

2008 Estimated US Cancer Deaths*



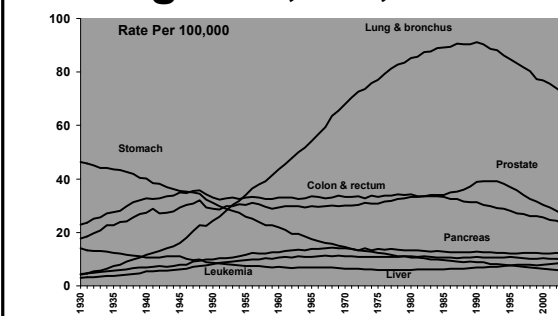
ONS=Other nervous system.
Source: American Cancer Society, 2008.

2008 Estimated US Cancer Cases*



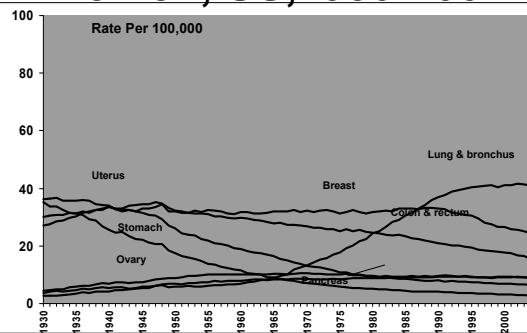
*Excludes basal and squamous cell skin cancers and in situ carcinomas except urinary bladder.
Source: American Cancer Society, 2008.

Cancer Death Rates* Among Men, US, 1930-2004



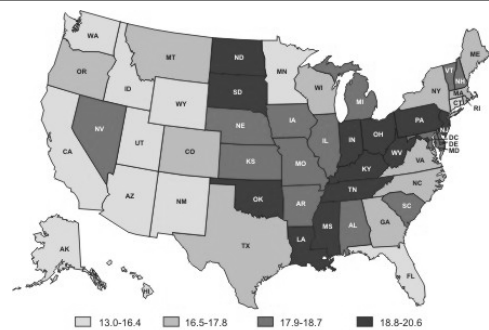
*Age-adjusted to the 2000 US standard population.
Source: US Mortality Data 1969-2004, US Mortality Volumes 1930-1959, National Center for Health Statistics, Centers for Disease Control and Prevention, 2006.

Cancer Death Rates* Among Women, US, 1930-2004

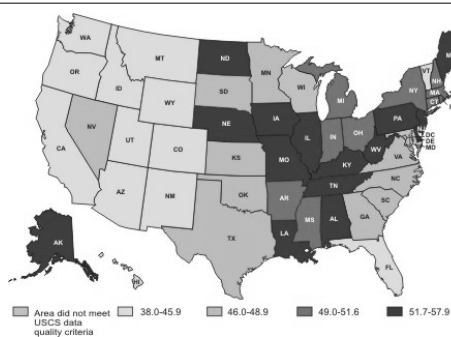


*Age-adjusted to the 2000 US standard population.
Source: US Mortality Data 1960-2004, US Mortality Volumes 1930-1959, National Center for Health Statistics, Centers for Disease Control and Prevention, 2006.

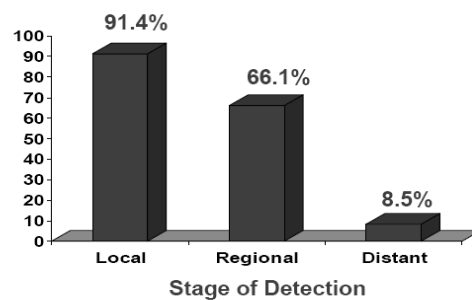
Colorectal Cancer Death Rates,* by State, 2005†



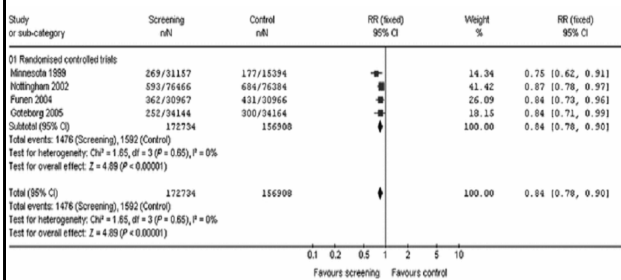
Colorectal Cancer Incidence Rates,* by State, 2005†



Survival by Stage of Detection



FOBT and Effect on Mortality



Am J Gastroenterol. 2008;103(6):1541-1549

Risk Factors for Colon Cancer

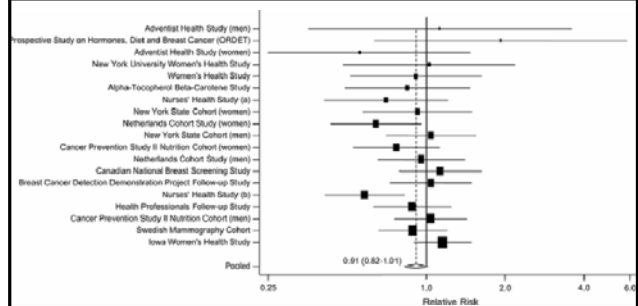
Factors that may contribute to increased risk:

- Lack of regular physical activity
- Diet high in saturated fats, such as red meat (RR 2.1 – 4.0)
- Low fruit and vegetable intake
- A low-fiber and high-fat diet
- Overweight and obesity
- Alcohol consumption
- Tobacco use
- Diabetes
- Pelvic Radiation

Risk Factors for Colon Cancer

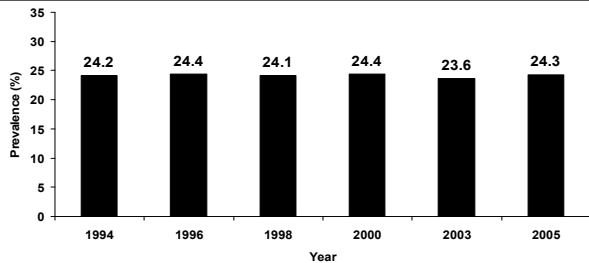
- Personal history of adenomatous polyps
- Advancing age
 - CRC: 90% occur in people aged 50 or older
 - Adenomatous Polyps 33% at age 50
70% at age 70
- A family history of CRC or colorectal polyps
- Inflammatory bowel disease
- Certain hereditary syndromes
 - HNPCC, FAP, Uterine/Ovarian cancer in a young patient

Fruits, Vegetables, and Colon Cancer Risk



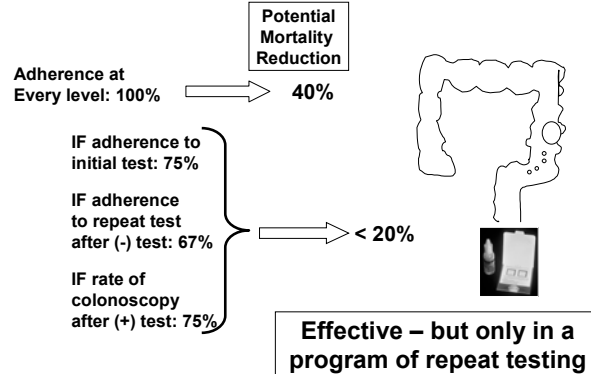
J Natl Cancer Inst. 2007;99(19):1471-1483

Trends in Consumption of Five or More Recommended Vegetable and Fruit Servings for Cancer Prevention Adults 18 and Older, US, 1994-2005



Note: Data from participating states and the District of Columbia were aggregated to represent the United States. Source: Behavioral Risk Factor Surveillance System CD-ROM (1984-1995, 1996, 1998) and Public Use Data Tape (2000, 2003, 2005), National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention, 1997, 1999, 2000, 2001, 2004, 2006.

FOBT: Mortality Reduction



FOBT- One-time Testing

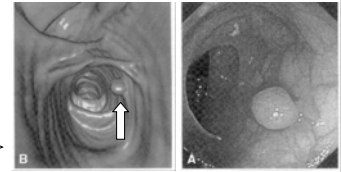
% of patients with cancer who have (+) test 33- 60%

% of patients with serious Polyps who have (+) test 11- 50%

More than 50% of patients with serious polyps will not be detected with one test !!!

CT Colonography

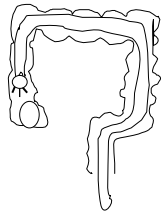
- Inter-observer variability
- Detection of flat polyps
- Bowel Prep →
- Radiation
- Extracolonic findings
- Intervals uncertain:
 - ✓ After negative exam
 - ✓ After exam with small polyps



Low Resolution CTC

Colonoscopy

Evidence: Cohort Studies



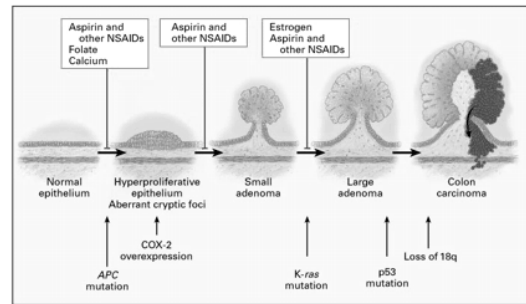
Efficacy: Uncertain, but extrapolated from FOBT and Sig studies

Quality in practice: unknown

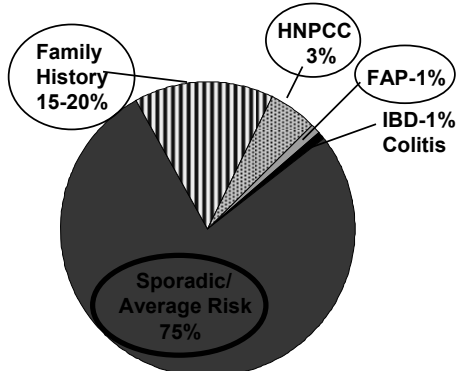
Program performance: unknown

National colonoscopy study (Winawer)

Chromosomal Instability (CIN)



Risk Factors for CRC



Familial Adenomatous Polyposis (FAP)

- FAP accounts for 1% of CRC
- Hundreds to thousands of colon polyps
- Penetrance is 100% (All polyps will develop cancer)
- Colorectal cancer usually occurs by age 40
- Yearly screening at age 12

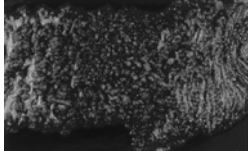
Gastrointestinal Lesions

- Gastric adenomas
- Fundic Gland polyps
- Duodenal, Ampullary adenoma
- Jejunoleal adenomas
- Colorectal Cancer

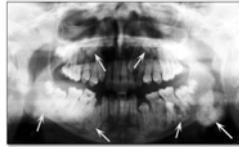
Extraintestinal Features

- Brain Tumors
- Osteomas
- Desmoid Tumors
- Epidermal Cysts
- Congenital hypertrophy of the retinal pigment epithelium CHRPE

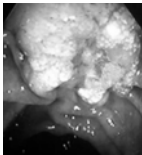
Familial Adenomatous Polyposis (FAP)



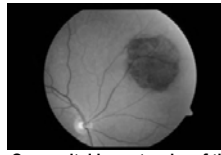
Colon Adenomas



Osteomas



Duodenal adenoma



Congenital hypertrophy of the retinal pigment epithelium CHRPE

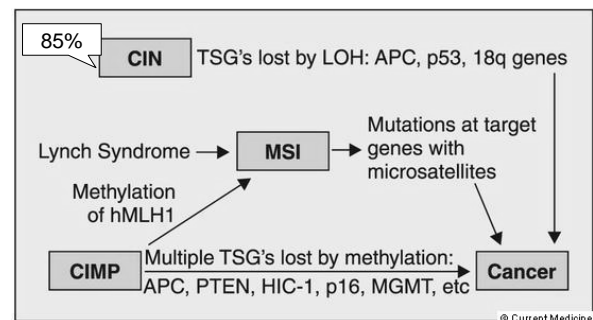
Familial adenomatous polyposis (FAP)

- APC gene mutations on chromosome 5q21
- Autosomal dominant disease
- Genetic testing is available
- Counseling and informed consent
- Colectomy in late teens in gene carriers
- Screening to include upper GI tract
- Decreased screening in non carriers
- Attenuated FAP: people have fewer polyps

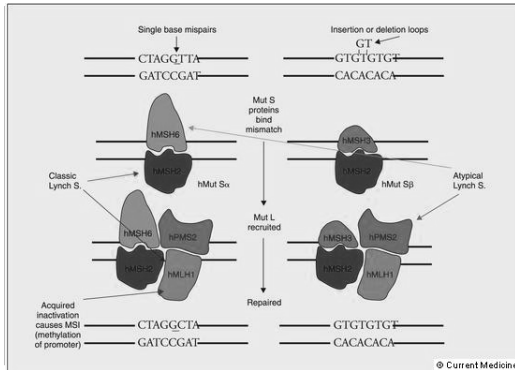
Familial adenomatous polyposis (FAP)

- APC gene mutations on chromosome 5q21
- Autosomal dominant disease
- Genetic testing is available
- Counseling and informed consent

Microsatellite Instability (MSI)



DNA mismatch repair (MMR)

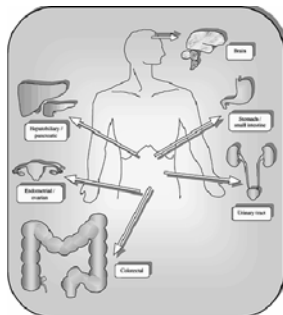


The modified Amsterdam criteria for Lynch syndrome

<p>Three or more family members</p> <p>colorectal cancer, or a Lynch syndrome phenotype cancer (endometrial cancer, gastric cancer, ovarian cancer, cancer of the urinary tract, small intestinal cancer, and brain tumors)</p>
<p>One is a first degree relative of the other two</p>
<p>At least two generations are involved</p>
<p>Familial adenomatous polyposis is excluded</p>
<p>One person with cancer less than 50 years of age</p>
<p>Familial colorectal cancer, syndrome X lack microsatellite instability MSI lack of mutation in DNA mismatch repair gene</p>

Hereditary Colorectal Cancer Syndromes: HNPCC

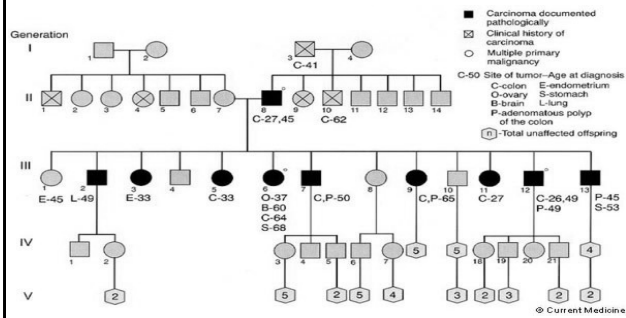
- Lynch syndrome: 5% to 10% of all CRC
- Autosomal Dominant Disease
- Mismatch Repair gene mutation
- The risk of CRC
 - 70% to 90%,
 - Average age of 45
 - Proximal Location
- Extraintestinal cancers
- Genetic testing for HNPCC genes is available



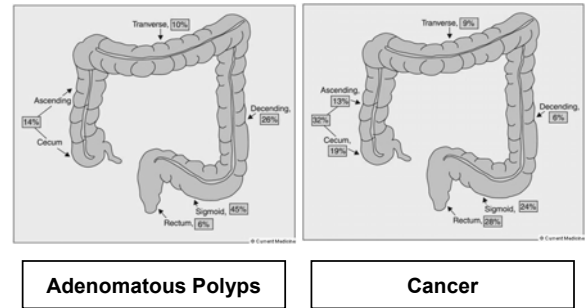
Revised Bethesda Criteria Screen for Microsatellite Instability (MSI)

<p>CRC in a patient who is ≤ 50 years of age</p>
<p>Presence of CRC or other Lynch syndrome-associated tumors, regardless of age</p>
<p>CRC with the MSI-H histology diagnosed in a patient who is ≤ 60 years of age</p>
<p>CRC in one or more first-degree relatives with an HNPCC-related tumor, one of the cancers diagnosed ≤ 50 years</p>
<p>CRC in two or more first- or second-degree relatives with HNPCC-related tumors, regardless of age</p>

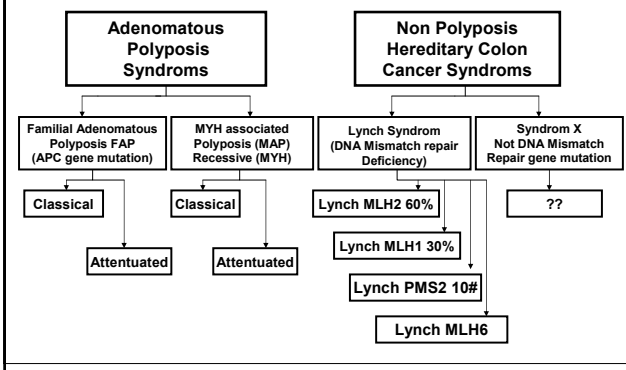
Inheritance in Family with Hereditary Nonpolyposis Colorectal Cancer



Distribution of Polyps and Cancer



Hereditary Colorectal Cancer



ACS Screening Recommendations 2008

- Colonoscopy (Gold Standard) Every 10 years
 - Flexible Sigmoidoscopy and FOBT Every 5 years
 - CT colonography Every 5 years
 - Flexible Sigmoidoscopy Every 5 years
 - Double Contrast Barium Enema Every 5 years
 - FOBT or FIT Annually
 - A stool DNA test Interval uncertain
- All positive tests must be followed up with a colonoscopy

ACS Screening Recommendations 2008

- Colonoscopy (Gold Standard) Every 10 years
- Flexible Sigmoidoscopy and FOBT Can detect Precancerous polyps and early cancer Every 5 years
- CT colonography Every 5 years
- Flexible Sigmoidoscopy Every 5 years
- Double Contrast Barium Enema Every 5 years
- FOBT or FIT Annually
- A stool DNA test Interval uncertain

All positive tests must be followed up with a colonoscopy

Colorectal Cancer Screening Guidelines 2008

Average Risk

- Age ≥ 50
- No History of Adenoma
- No History of IBD
- Negative Family History

ACS Screening Recommendations 2008

- Colonoscopy (Gold Standard) Every 10 years
- Flexible Sigmoidoscopy and FOBT Can detect Precancerous polyps and early cancer Every 5 years
- CT colonography Every 5 years
- Flexible Sigmoidoscopy Every 5 years
- Double Contrast Barium Enema Every 5 years
- FOBT or FIT Annually
- A stool DNA test Can detect early cancer Interval uncertain

All positive tests must be followed up with a colonoscopy

Colorectal Cancer Screening Guidelines 2008

Average Risk

- Age ≥ 50
- No History of Adenoma
- No History of IBD
- Negative Family History

- Screening at 50 years
- Repeat every 10 years if negative
- Repeat 3-5 years if polyps are found

Colorectal Cancer Screening Guidelines 2008

Increased Risk

I. Personal History

- Adenomatous Polyps
- Cancer
- Endometrial/Ovarian Cancer ≤60
- Inflammatory Bowel Disease



Colorectal Cancer Screening Guidelines 2008

Increased Risk

II. Family History

- One 1st degree relative with CRC
- Two 2nd degree relative with CRC
- Clustering of CRC or HNPCC related cancer

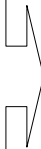


Colorectal Cancer Screening Guidelines 2008

Increased Risk

I. Personal History

- Adenomatous Polyps
- Cancer
- Endometrial/Ovarian Cancer ≤60
- Inflammatory Bowel Disease



Repeat in 3-5 years

Repeat within 1 year

Start at age 40 years

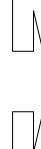
Start 8-10 years after on set

Colorectal Cancer Screening Guidelines 2008

Increased Risk

II. Family History

- One 1st degree relative with CRC
- Two 2nd degree relative with CRC
- Clustering of CRC or HNPCC related cancer



- Start Screening at age 40 or
•10 years prior to the earliest CRC case in the family
- Repeat every 5 years

Colorectal Cancer Screening Guidelines 2008

Increased Risk

III. Hereditary

- CRC age ≤ 50
- Multiple HNPCC related cancer
- HNPCC cancer with family history of CRC or HNPCC cancers
- FAP
- Lynch Syndrome
- Other polyposis syndromes



Adenomatous Polyps

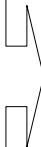


Colorectal Cancer Screening Guidelines 2008

Increased Risk

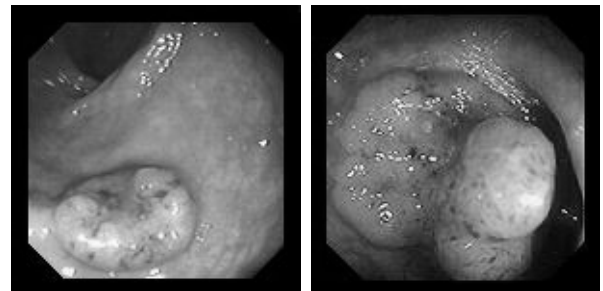
III. Hereditary

- CRC age ≤ 50
- Multiple HNPCC related cancer
- HNPCC cancer with family history of CRC or HNPCC cancers
- FAP
- Lynch Syndrome
- Other polyposis syndromes

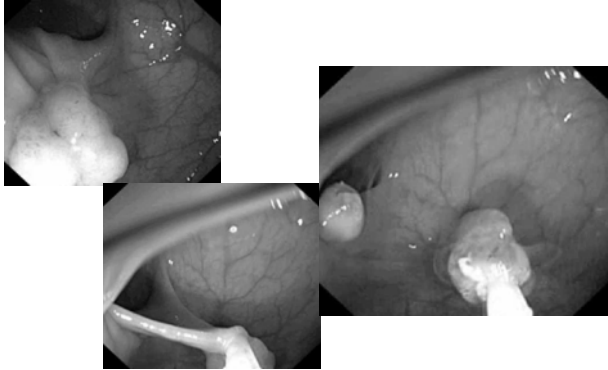


- Early specific Screening
- Upper GI tract screening
- Non GI cancer screening
- Consider genetic testing and counseling

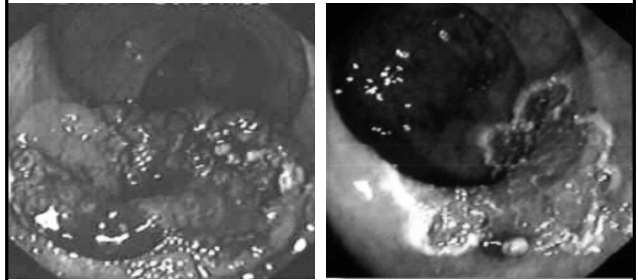
Malignant Polyp



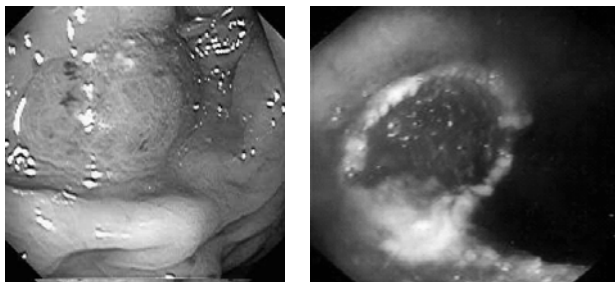
Adenomatous Polypectomy



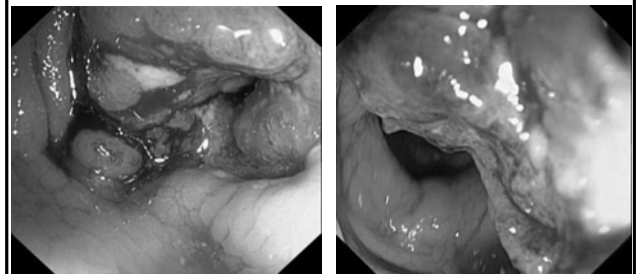
Mucosectomy for T1



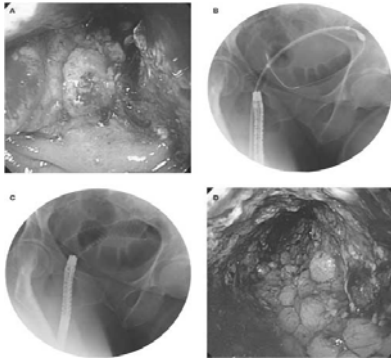
Mucosectomy for T1



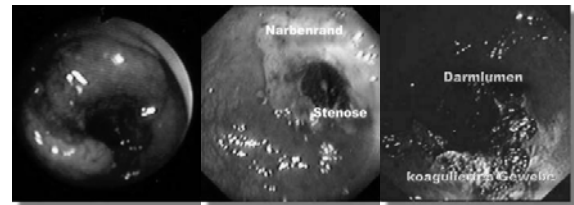
Obstructing Cancer



Self Expandable Metal Stent

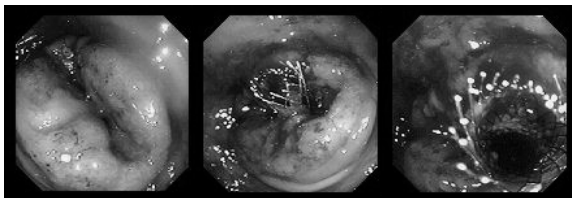


Ablation Therapy



Argon-plasma-coagulation

Self Expandable Metal Stent



Cost-effectiveness (Cost/Year of Life Saved)

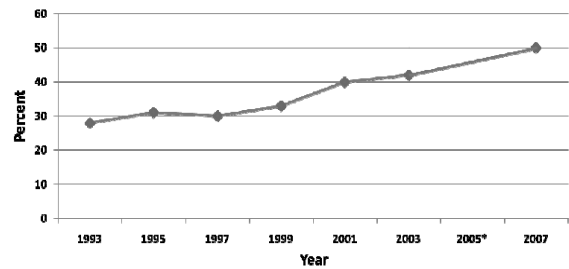
• Mandatory motorcycle helmets	\$2000.00
• Colorectal cancer screening	<u>\$25,000.00</u>
• Breast cancer screening	\$35,000.00
• Dual airbags in cars	\$120,000.00
• Smoke detectors in homes	\$210,000.00
• School bus seat belts	\$1,800,000.00

Future Of Screening for CRC

A recent CDC study demonstrated that:

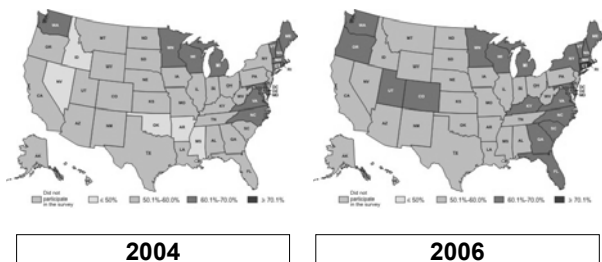
- Approximately 41.8 million average-risk people aged 50 or older have not been screened for colorectal cancer according to national guidelines.
- The U.S. health care system has enough capacity to conduct widespread screening of the unscreened population, using FOBT and diagnostic colonoscopy for those with a positive FOBT.
- Widespread screening with flexible sigmoidoscopy or colonoscopy may take up to 10 years, depending on the proportion of available capacity used for colorectal cancer screening

Trend in the prevalence of persons 50 and older reported having had a Sigmoidoscopy/Colonoscopy over the past 5 years in Ohio




Ohio Behavioral Risk Factor Surveillance System, Ohio Department of Health, 2008

Behavioral Risk Factor Surveillance System (BRFSS) in the US



ACS Colorectal Cancer Objectives

- By 2015, reduce the age-adjusted incidence rate of colorectal cancer by 40%
- By 2015, reduce the age-adjusted mortality rate of colorectal cancer by 50%
- By 2015, increase to 75% the proportion of people aged 50 and older who have colorectal screening consistent National guidelines



Ohio
Senate Bill 50/House
Bill 266
(Cancer Screening
Coverage
Legislation)

National
Senate Bill
710/House
Representative Bill
1520
(Eliminate Colorectal
Cancer Act)

Physician Intervention

The positive impact of a doctor's advice has been demonstrated in studies of cancer screening behavior for several cancers:

1. Having a received a physician's recommendation for a flexible sigmoidoscopy makes it more likely that an individual will be screened for CRC.
2. More preventive health visits also increase the likelihood of screening.
3. Having seen a physician within the prior year is one of the strongest predictors of receipt of CRC screening.

1. Zapka JG, Puleo E, Vickers-Lahti M, Luckmann R. Healthcare system factors and colorectal cancer screening. *Am J Prev Med*. 2002
 2. Ouyang DI, Chen JJ, Getzenberg RH, Schoen RE. Noninvasive testing for colorectal cancer: a review. *Am J Gastroenterol*. 2005, June
 3. Seef LC, Nadel MR, Klabunde CN, Thompson T, Shapiro JA, Vernon

Strategies to Increase CRC Screening

1. Increase Public Awareness: Increase individual awareness of personal risk and stimulate action.
2. Affect Physician Behavior Change: Reach out to physicians individually and through systems to provide screening advice, support and resources.
3. Advocate for Coverage: Advocate for state and federal policies to increase access to breast and colon cancer screening.
4. Collaboration: Collaborations provide access to large numbers of people, physicians, and policy decision-makers. They include:
 - Physicians
 - Health Plans
 - Employers
 - Health Care Systems
 - Influencers (Trade and Accreditation Orgs.)

Conclusion

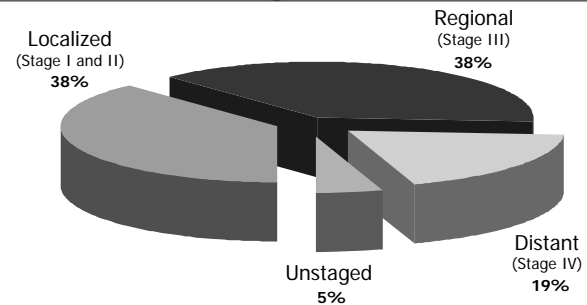
"The barrier to reducing the number of death from colorectal cancer is not a lack of scientific data but a lack of organizational, financial, and societal commitment."

Daniel K. Podolsky, MD (NEJM 7/20/00)

Therapeutic and Surveillance Strategies in Colorectal Cancer

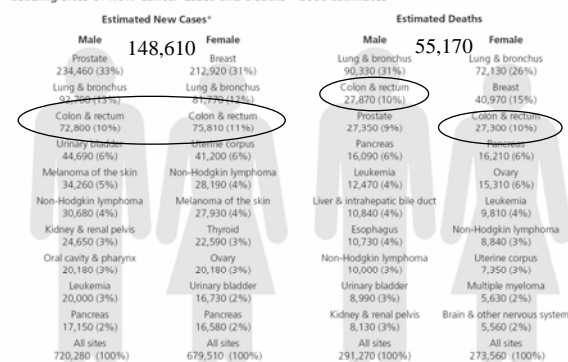
Tanios Bekaii-Saab ,MD
 Assistant Professor of Medicine and Pharmacology
 Ohio State University
 James Cancer Hospital

CRC Stage at Diagnosis



Ries et al (eds). SEER Cancer Statistics Review, 1975-2000.
 National Cancer Institute, Bethesda, MD. At: http://seer.cancer.gov/csr/1975_2000.

Leading Sites of New Cancer Cases and Deaths – 2006 Estimates



*Excludes basal and squamous cell skin cancers and in situ carcinoma except urinary bladder.
 Note: Percentages may not total 100% due to rounding.

©2006, American Cancer Society, Inc., Surveillance Research

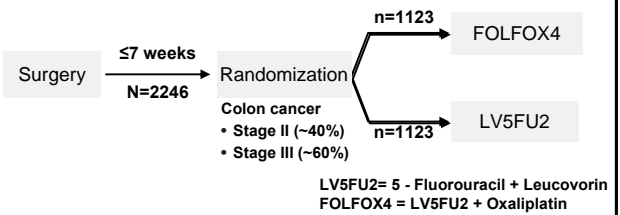
AJCC Staging Guidelines for CRC

	Stage I	Stage II	Stage III	Stage IV
Disease development				
Staging	T1, N0, M0 T2, N0, M0	A: T3, N0, M0 B: T4, N0, M0	A: T1-2, N1, M0 B: T3-4, N1, M0 C: Any T, N2, M0	Any T, Any N, M1
Definition	Invades submucosa (T1)/ muscular propria (T2)	Invades subserosa, nonperitonealized pericolic/perirectal tissues (T3) invades other organs or structures/visceral peritoneum (T4)	Involves 1-3 (N1) or more (N2) lymph nodes	Involves distant metastases
Usual treatment	Surgery	Surgery ± chemotherapy	Surgery + chemotherapy	Chemotherapy ± surgery

AJCC Cancer Staging Manual, Sixth Edition.
 National Comprehensive Cancer Network Clinical Practice Guidelines in Oncology: Colon Cancer, v.1.2004.
 Image adapted from http://www.exactsciences.com/pregen26/professionals/about_hnpcc/index.html. Accessed 1/16/04.

Stage II and III Colorectal Cancer: A Closer Look

MOSAIC Phase III Trial



- Primary end point: disease-free survival (DFS)
- Secondary end points: overall survival (OS), safety

Increasing Negative Lymph Node count in Stage III
CRC is independently associated with improved
long term outcome

5-Year Cumulative Survival

# Negative Nodes	Stage IIIA	Stage IIIB	Stage IIIC
≤ 3 nodes	86.5%	56.3%	39.0%
≥ 13 nodes	87.6%	73.3%	60.8%

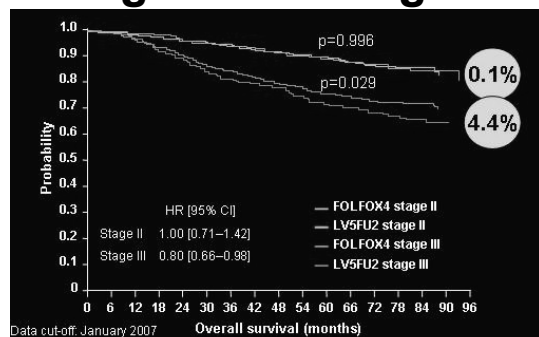
Baxter et al., ASCO GI 2006, abs 219

MOSAIC: Summary

	FOLFOX4	LV5FU2	P
N (overall)	1123	1123	--
5-year DFS (overall)	73.3	67.4	0.003
n (stage III)	672	675	--
5-year DFS (stage III)	66.4%	58.9%	.078

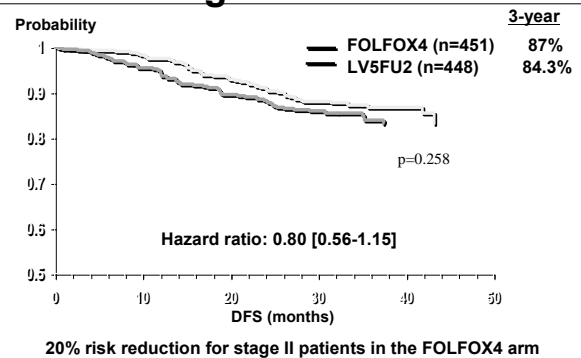
De Gramont et al., ASCO 2007; Abs 4007

Overall Survival: Stage II and Stage III



De Gramont et al. ASCO 2007; Abs 4007

MOSAIC – Disease-Free Survival: Stage II Patients



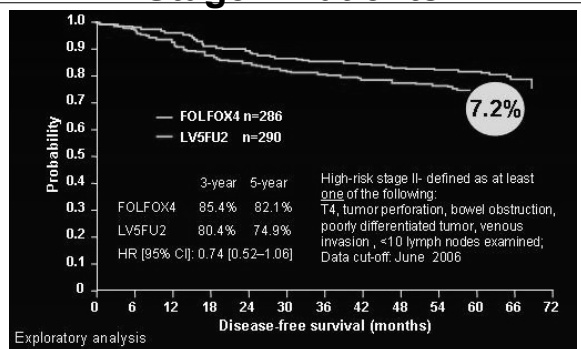
De Gramont et al. ASCO 2007; Abs 4007

ASCO Recommendations: Stage II Disease

- Routine use of adjuvant chemotherapy for medically fit patients with stage II colon cancer is NOT recommended
- Subsets of patients in whom adjuvant therapy can be considered include those with:
 - ✓ Inadequately sampled lymph nodes
 - ✓ Poorly differentiated histology
 - ✓ T4 lesions
 - ✓ Perforation

Benson et al. J Clin Oncol 2004

Disease-Free Survival: High-Risk Stage II Patients



De Gramont et al. ASCO 2007; Abs 4007

Stage II Colon Cancer

- Most large cooperative group studies have failed to demonstrate survival benefit due to:
 - ✓ Insufficient number of patients in earlier trials
 - ✓ Relatively good prognosis in stage II disease
- Many patients needed to detect treatment benefit

	<u>Survival</u>	<u>ARR*</u>	<u>No. of patients</u>
At 3 years	85%	2.5%	8,000
At 5 years	75%	4%	4,700

* ARR: absolute risk reduction

Surveillance Strategies in Stage II and III Colorectal Cancers

Stage II Colorectal Cancer

- May need to identify subsets of patients who might benefit:
 - Genomic markers - 18q, microsatellite instability (MSI), p53, thymidylate synthase (TS), TGF- β , methylation (CIMP), et al
- New protocols examining stage II role of markers
 - Eastern Cooperative Oncology Group (ECOG): Evaluating role of thymidylate synthase (TS) as indicator of prognosis – need for adjuvant chemotherapy for stage II

Patterns of Recurrence

- 85% of colon cancer recurrences are diagnosed in the first 3 years after surgical resection.
- Most of the recurrences involve the liver

History and Physical

- Lack of outcome data
- Frequency : Every 3-6 months for 3 years , then every 6 months for years 4 and 5 and then yearly.
- Only 20% of all recurrences are found on the basis of a H&P
- 45% of recurrences within the first 3 years occur between visits and tests

CT Scanning

- Candidates for CT scanning include:
 - ✓ High risk patients (T4 , N+ ...)
 - ✓ Patients who would be candidates for liver resection
- Every year for 3 years after surgery
- 3 metanalysis showed a survival benefit for patients with “ liver” imaging (25% lower mortality).

Laboratory Data

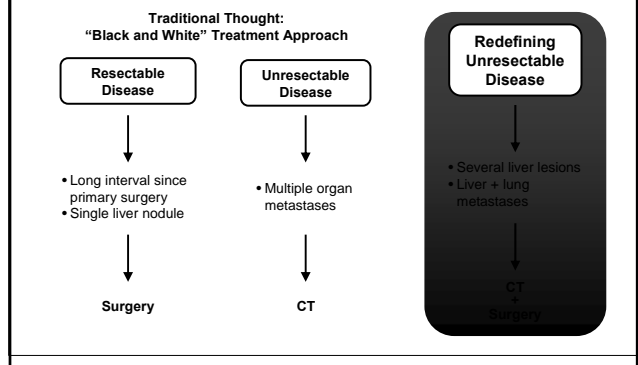
- Lack of specificity and sensitivity for a routine CBC testing or LFTS
- CEA should be tested every 3 months for at least 3 years from diagnosis.
 - ✓ If CEA is elevated , retesting is warranted. If still increasing , then further evaluation needs to be performed.
 - ✓ Institution of chemotherapy should never be based on an elevation of CEA.
 - ✓ Of note that 20-30% of all asymptomatic recurrences are not associated with CEA elevations
 - ✓ Nearly 80% of all colorectal recurrences are found based on an elevated CEA

Colonoscopy

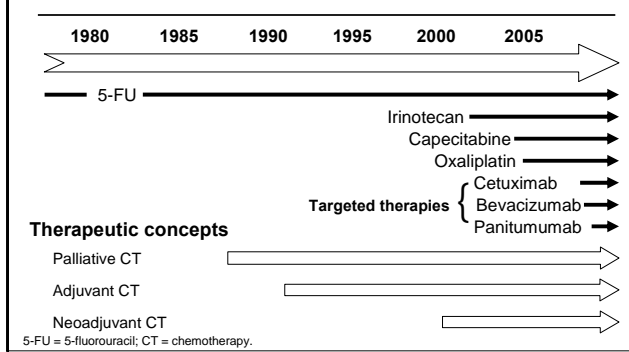
- At the time of surgery , the patients should have complete visualization of their large bowel to rule out any metachronous lesions.
- Studies are conflicting about the value of periodic examinations.
 - ✓ In one study by Juhl et al only 1/56 recurrences was in the anastomotic site whereas another study showed 3/17 to be at the anastomotic site
- Each patient should have a post-operative colonoscopy to document cancer and polyp-free colon.
- Frequency : 1st year after surgery, then at 3 years and finally at 5 years

Stage IV Colorectal Cancer

Making More Patients Eligible Candidates for Surgery



Advances in the Treatment of Colorectal Cancer

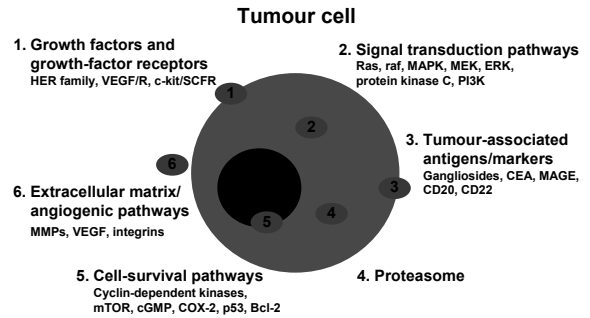


The Role Of Cytotoxic Therapy

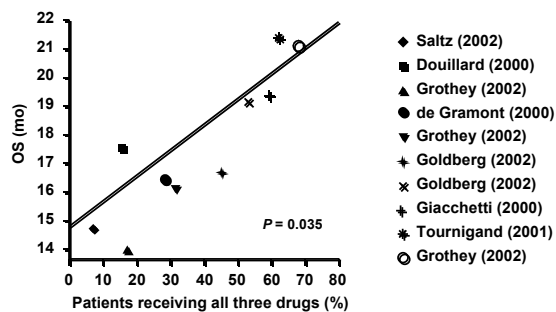
Considerations for Therapeutic Agents

- Goal: Expose patients to all active agents over time (Irinotecan, Oxaliplatin and 5FU)
- Balance efficacy and toxicity, and tailor to patient needs and status
- Determine in which patients specific agents would be preferred (considering patient's comorbidities, occupation, psychological status, etc.)
- Optimal duration of use to extend the line of treatment

Biological targets for cancer therapy

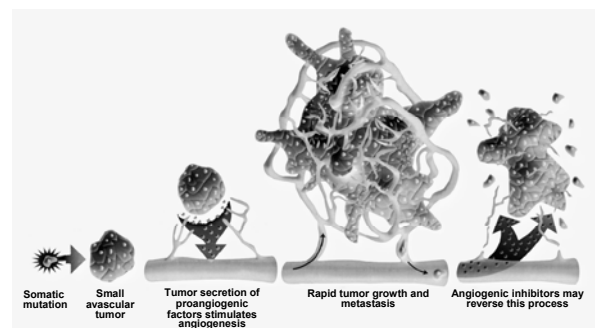


Median OS Correlates With Availability of all Drugs Effective in Advanced CRC

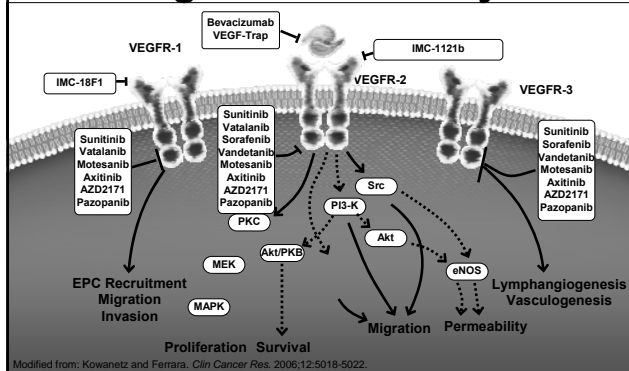


Hobday TJ, Goldberg M. *Clin Colorectal Cancer*. 2002;2:161-169.

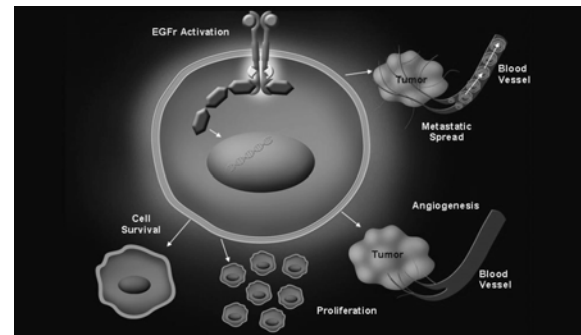
The Angiogenic Switch and Antiangiogenic Therapy



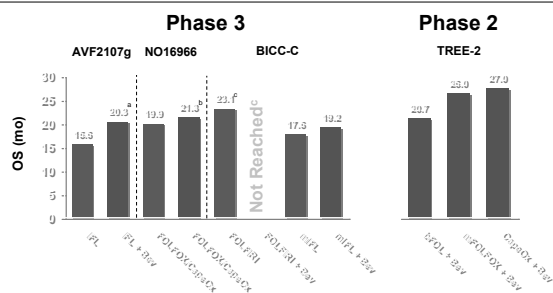
Anti-VEGF Approaches and Agents: Summary



EGFr Activation Enhances Pathways Important for Tumor Cell Growth



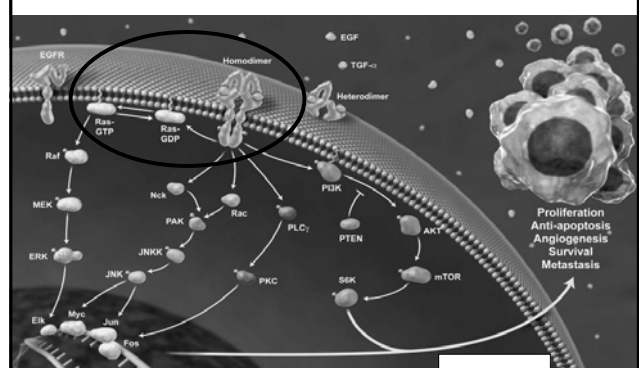
First-Line Bevacizumab in MCRC: Overall Survival



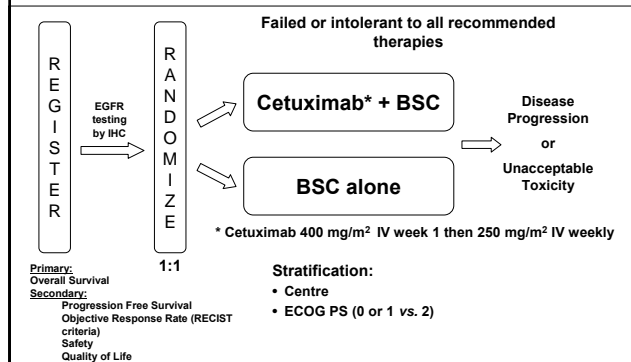
^aP<0.001; ^bP=0.0769; ^cP=0.01 vs mFL + Bev.

Fuchs et al. ASCO, 2007. Abstract 4027; Hochster et al. ASCO, 2006. Abstract 3510; Hurwitz et al. *N Engl J Med*. 2004;350:2335; Saltz et al. ASCO GI, 2007. Abstract 238.

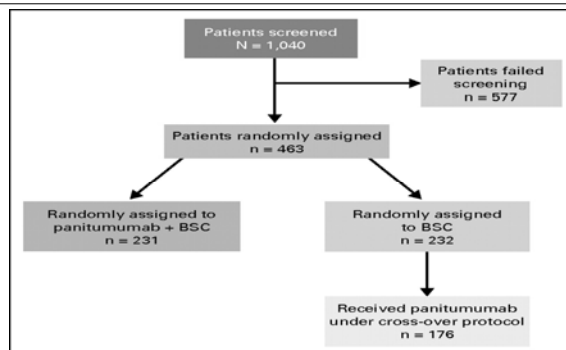
EGFR Activation and Downstream Signaling Pathways



NCIC CTG CO.17: Cetuximab vs. BSC



Panitumumab vs. BSC



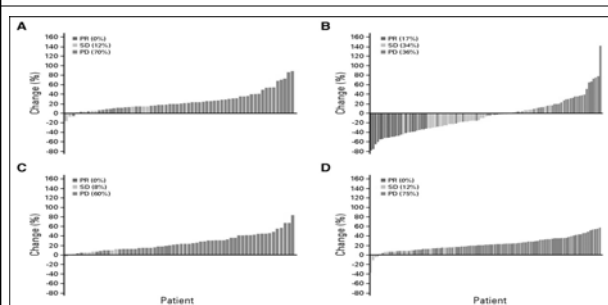
Van Cutsem, E. et al. J Clin Oncol; 25:1658-1664 2007
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NCIC CTG CO.17 : Initial and Retrospective Results

	ITT Population		K-ras Wild Type		K-ras Mutation	
	BSC		BSC		BSC	
	+ Cetuximab	- Cetuximab	+ Cetuximab	- Cetuximab	+ Cetuximab	- Cetuximab
# of Patients	287	285	117	113	81	83
Overall Response Rate	8% p<0.001	0%	12.8%	0%	1.2%	0%
Median PFS	1.9 mos Hazard Ratio: 0.68	1.8 mos p<0.0001	3.8 mos Hazard Ratio: 0.40	1.9 mos p<0.0001	1.8 mos Hazard Ratio: .99	1.8 mos p=.96
Median OS	6.1 mos Hazard Ratio: 0.77	4.6 mos p=0.0046	9.5 mos Hazard Ratio: 0.55	4.8 mos p<0.0001	4.5 mos Hazard Ratio: .98	4.6 mos p=.89

Waterfall plots showing maximum percent decrease in target lesions

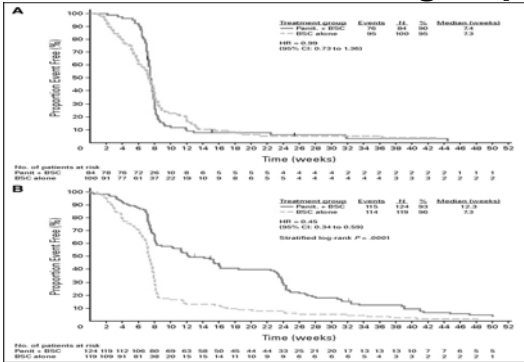


(A) Patients receiving panitumumab, mutant *KRAS*. (B) Patients receiving panitumumab, wild-type (WT) *KRAS*. (C) Best supportive care (BSC) patients, mutant *KRAS*. (D) BSC patients, WT *KRAS*. Percentages are best response within each *KRAS* group, excluding missing or nonassessable postbaseline tumor assessments. PR, partial response (gray); SD, stable disease (yellow); PD, progressive disease (blue).

Amado, R. G. et al. J Clin Oncol; 26:1626-1634 2008

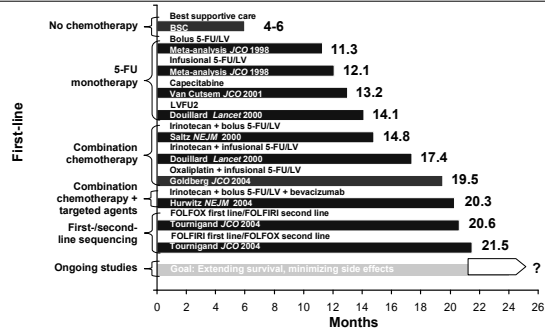
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Progression-free survival by treatment within KRAS groups



Amado, R. G. et al. J Clin Oncol. 26:1626-1634 2008

Treatment Evolution in mCRC and Impact on Median Survival



NOTE: This graph is not meant to represent a comparison of studies.

Adapted from Grothey A, et al. J Clin Oncol. 2004;22:1209-1214; Venook A. Oncologist. 2005;10:250-261; Tournigand C, et al. J Clin Oncol. 2004;22:229-237; Hurwitz H, et al. 2004;30:2335-2342.