

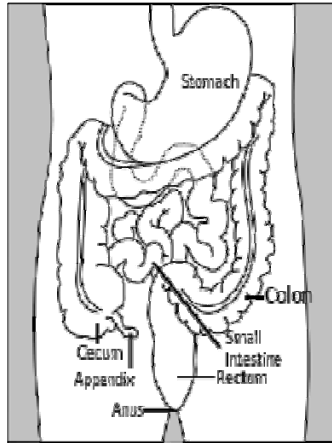
# **Colon Cancer Treatment**

**Christina Wu, MD**  
**Division of Medical Oncology**  
**The Ohio State University Wexner Medical Center**

## **Colon cancer**

- **Incidence**
- **Risk Factors**
- **Screening**
- **Hereditary Syndromes**
- **Signs and Symptoms**
- **Diagnostic work-up**
- **Staging**
- **Treatment**

# Colon cancer



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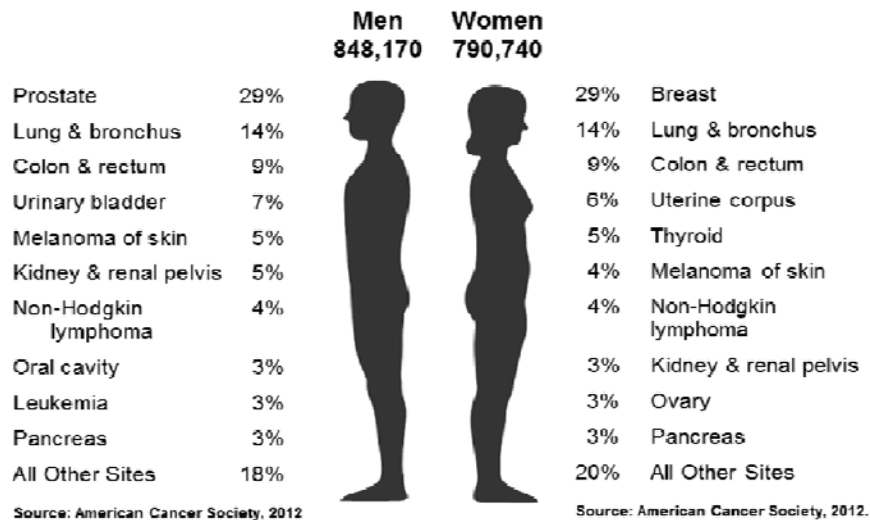
**Adenocarcinomas that occur anywhere along the large bowel (ascending, transverse, and descending) into the rectum.**

# Colon cancer



Wikimedia Commons

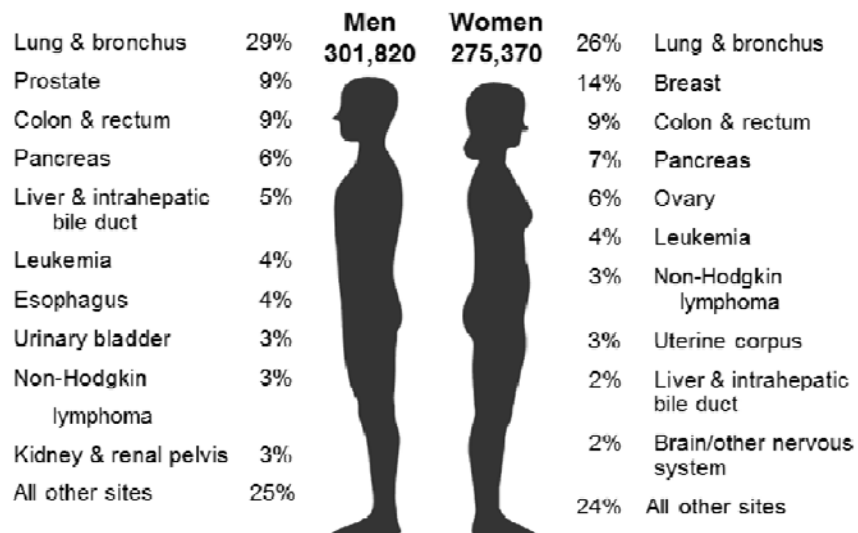
### 2012 Estimated US Cancer Cases\*



\*Excludes basal and squamous cell skin cancers and In situ carcinomas except urinary bladder.

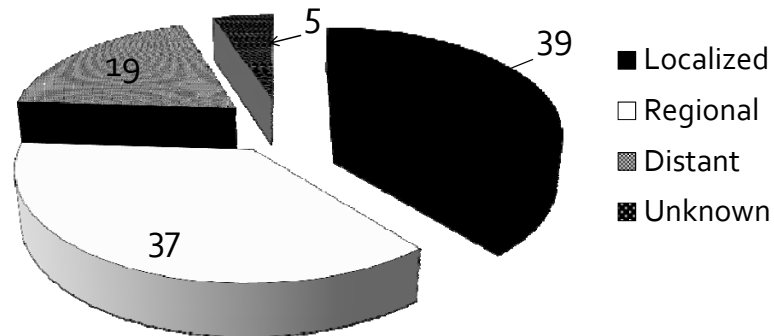
2012 American Cancer Society, Inc

### 2012 Estimated US Cancer Deaths



2012 American Cancer Society, Inc

## Colorectal Stage Distribution at Diagnosis (%)



**19 % patients have Stage IV disease on diagnosis**  
**5 year-survival of Stage IV disease is 12%**

Altekruse SF, Kosary CL, Krapcho M, et al. *SEER Cancer Statistics Review, 1975-2007*, National Cancer Institute. Bethesda, MD, [http://seer.cancer.gov/csr/1975\\_2007/](http://seer.cancer.gov/csr/1975_2007/), based on November 2009 SEER data submission, posted to the SEER web site, 2010.

## Risk Factors

- **Personal or family history of colorectal cancer or adenomatous polyps before age 50**
- **Inflammatory bowel disease**
  - **Ulcerative colitis > Crohn's disease**
- **History of abdominal radiation**
- **Acromegaly (increased adenomas)**
- **Familial syndromes**
- **High fat and low fiber diets**
- **Obesity**



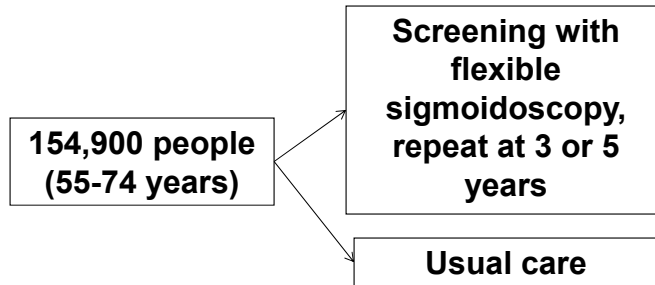
## **Protective factors**

- **NSAIDs**
- **Exercise**
- **High fiber, low fat diet**
- **Folic acid supplementation**
- **Vitamin D and calcium**

## **Screening recommendations:**

- **90% colon cancer cases occur after age 50**
- **Starting at age 50:**
  - **Fecal occult blood test (annually)**
  - **Flexible sigmoidoscopy (every 5 years)**
  - **Colonoscopy (every 10 years)**
  - **Air contrast barium enema (every 5 years)**
- **If patients are diagnosed with colon cancer, their 1<sup>st</sup> degree relatives should start having screening colonoscopies 10 years junior to their age at diagnosis or at age 50, whichever occurs earlier.**

## Screening decreases mortality



- 21% reduction in incidence of colorectal cancer in the intervention group
- 26% reduction in deaths from colorectal cancer in the intervention group
- 50% reduction in mortality from distal colorectal cancer

Schoen et al. NEJM 2012;366:2345-2357.

## Hereditary Syndromes

# FAP

- **Familial adenomatous polyposis (FAP)**
- **Germline mutation in the adenomatous polyposis coli (APC) gene**
- **1% of all colon cancer**
- **Autosomal dominant**
- **Patients have hundreds to thousands of colonic polyps, which place them at high risk for mutation into tumors at a young age (45 years)**
- **Extracolonic tumors: CNS tumors, small bowel cancer, thyroid cancer, pancreatic cancer, gastric cancer pediatric hepatoblastoma**

# FAP

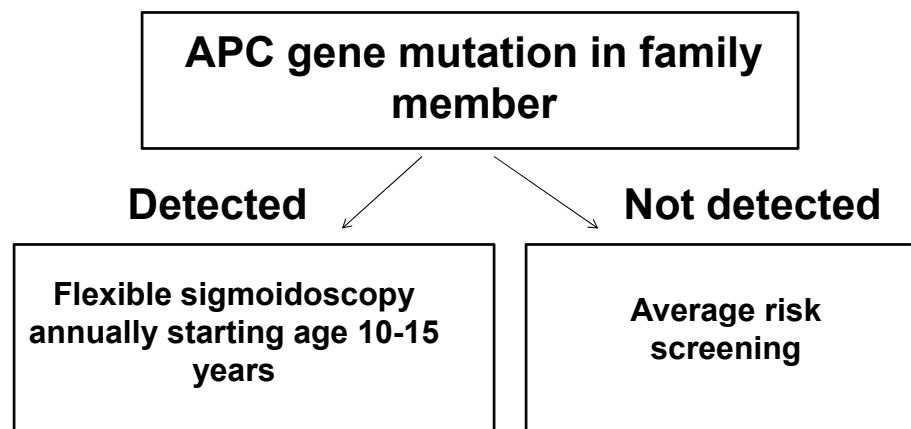


Wikimedia Commons

## **FAP- Personal history**

- **Treatment:** proctocolectomy or colectomy
- **Surveillance:**
  - Endoscopic evaluation of remaining bowel
  - Upper endoscopy
  - Annual thyroid exam

## **FAP- Family history**



# HNPCC

- **Hereditary Non-Polyposis Colorectal Cancer (HNPCC) or Lynch syndrome**
- **Germline mutation in genes involved in mismatch repair enzymes**
  - **Important in surveillance and repair of errors that occur during DNA synthesis**
  - **MLH1, MSH2, MSH6, PMS2**
- **2-3% of all colon cancer**
- **Autosomal dominant**
- **Patients present at young age**

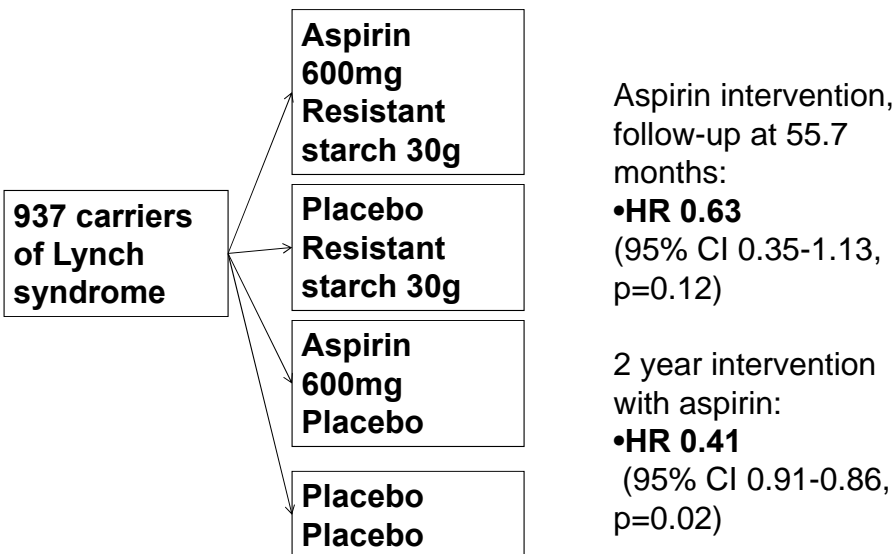
## Amsterdam criteria for HNPCC

- **$\geq 3$  family members with colorectal cancer ( $\geq 2$  first degree relatives)**
- **$\geq 2$  successive family generations affected**
- **Colorectal cancer before age 50 in at least 1 family member**
- **FAP excluded**

## HNPCC

- Extracolonic tumors: breast, pancreas, gastric, gynecologic, and genitourinary cancers
- Screening recommendations:
  - Colonoscopy, age 20-25
  - EGD and duodenoscopy, age 30-35
  - Urinalysis, age 25-30
- Consider prophylactic hysterectomy and bilateral salpingo-oophrectomy

## CAPP2 study



Primary outcome: Development of colon cancer

Burn et al. Lancet 2011;378:2081-2087.

## Peutz-Jegher syndrome

- Germline mutation of serine threonine kinase (STK11)
- Autosomal dominant
- Diagnosis: (2 of the following)
  - Freckling at the mouth, lips, fingers, and genitals
  - More than 2 hamartomatous polyps of small intestine
  - Family history
- Extracolonic tumors: breast, ovarian, testicular, pancreas, small intestine, stomach

## Peutz-Jegher syndrome



[http://www.gfmer.ch/genetic\\_diseases\\_v2/gendis\\_detail\\_list.php?cat3=231](http://www.gfmer.ch/genetic_diseases_v2/gendis_detail_list.php?cat3=231)

## **Peutz-Jeghers syndrome**

- **Surveillance:**
  - **Mammogram, age 25**
  - **Upper endoscopy and colonoscopy, late teens**
  - **Pancreas imaging?, age 25-30**
  - **Small bowel imaging, age 8-10**
  - **Testicular exam, age 10**
  - **Pelvic exam and Pap smear, age 18-20**

## **Signs and symptoms**



## **Signs and Symptoms**

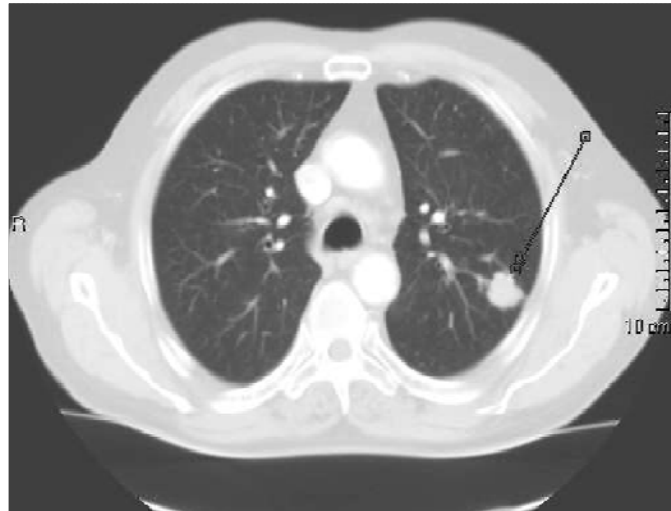
- **Weight loss**
- **Fatigue**
- **Anemia**
  - **Microcytic ,due to iron deficiency**
- **Abdominal pain**
- **Melena**
- **Rectal bleeding**
- **Change in bowel movements**
  - **Constipation or diarrhea**

## **Diagnostic work-up**

- **CBC + differential**
  - **Comprehensive metabolic panel**
  - **Serum CEA**
  - **Colonoscopy with biopsy**
- 
- **CT chest/abdomen/pelvis**
  - **PET/CT scan**



Wikimedia Commons



Wikimedia Commons

# Staging

Stage	Tumor	Node	Metastasis
I	T1-2	N0	M0
II	T3-4	N0	M0
III	Any T	<b>N1-2</b>	M0
IV	Any T	Any N	<b>M1</b>

## Staging Affects Survival

Category	SEER				SEER	
<i>TN</i>	<i>Relative survival, 5-year (%)</i>	<i>SE</i>	<i>TNM stage, 6<sup>th</sup> ed</i>	<i>TNM stage, 7<sup>th</sup> ed</i>	<i>Observed survival, 5-year (%)</i>	<i>SE</i>
T1N0	97.4	0.6	I	I	78.7	0.5
T2N0	96.8	0.6	I	I	74.3	0.4
T3N0	87.5	0.4	IIA	IIA	66.7	0.6
T4aN0	79.6	1.0	IIB	IIB	60.6	0.8
<b>T4bN0</b>	58.4	1.3	<b>IIB</b>	<b>IIC</b>	45.7	1.0
T1-2N1a	90.7	1.5	IIIA	IIIA	73.7	1.2
T1-2N1b	83.0	2.0	IIIA	IIIA	67.2	1.6
<b>T1-2N2a</b>	79.0	3.6	<b>IIIC</b>	<b>IIIA/IIIB</b>	64.7	3.0
T3N1a	74.2	0.8	IIIB	IIIB	58.2	0.6
T4aN1a	67.6	2.0	IIIB	IIIB	52.2	1.5
AJCC 7 <sup>th</sup> edition						

## **Treatment**

- **Surgery**
  - **Chemotherapy**
- 
- **Radiofrequency ablation**
  - **Radiation therapy**

## **Resectable disease**

- **Stage I**
- **Stage II**
  - **High risk: Tumor perforation, lymphovascular invasion, perineural invasion, high-grade histology, <12 lymph nodes sampled**
- **Stage III (lymph node involvement)**

## Resectable disease

- **Adjuvant chemotherapy**
  - **Goal: Eradicate micrometastases, reduce the risk of recurrence of cancer and improve survival**
- **5-Fluorouracil (5FU)**
- **Capecitabine (Xeloda)**
- **Oxaliplatin**

## MOSAIC trial

2,246 patients  
with Stage II/III  
colon cancer,  
after surgical  
resection

5FU alone

5FU + oxaliplatin

Stage	Intervention	Probability of surviving at 6 years
III	5FU	69%
	5FU +oxaliplatin	73% (20% reduction in risk of death)
II	5FU	87%
	5FU +oxaliplatin	87%

Andre et al. J Clin Oncol 2009;27:3109-3116,

### Trends in median survival among patients with metastatic colorectal cancer

Reference	Treatment status	Median survival
Scheithauer <i>et al.</i> <sup>181</sup>	Before any active chemotherapy	6 mo
Cochrane Database <sup>182</sup>	Fluoropyrimidine only	10-12 mo
Saltz <i>et al.</i> <sup>119</sup> and de Gramont <i>et al.</i> <sup>130</sup>	Fluoropyrimidine and one other active cytotoxic chemotherapeutic agent (irinotecan or oxaliplatin)	14-16 mo
Goldberg <i>et al.</i> <sup>134</sup> and Fuchs <i>et al.</i> <sup>120</sup> or Hurwitz <i>et al.</i> <sup>145</sup>	Fluoropyrimidine, irinotecan, and oxaliplatin (in combination or as sequential therapy) or Cytotoxic chemotherapy and targeted therapy	>20 mo

Adapted with permission from Meyerhardt and Mayer<sup>81</sup>

Wolpin BM and Mayer RJ. *Gastroenterology* 2008.

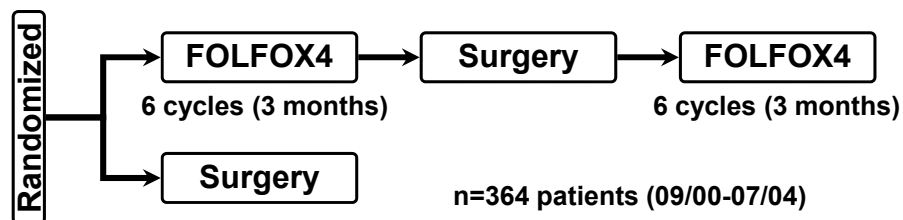
### Goals in Patients with Advanced Disease

- Resection if possible
- Conversion therapy if initial resection not possible
- Extension of length of life
- Maintenance of quality of life

## Metastatic disease

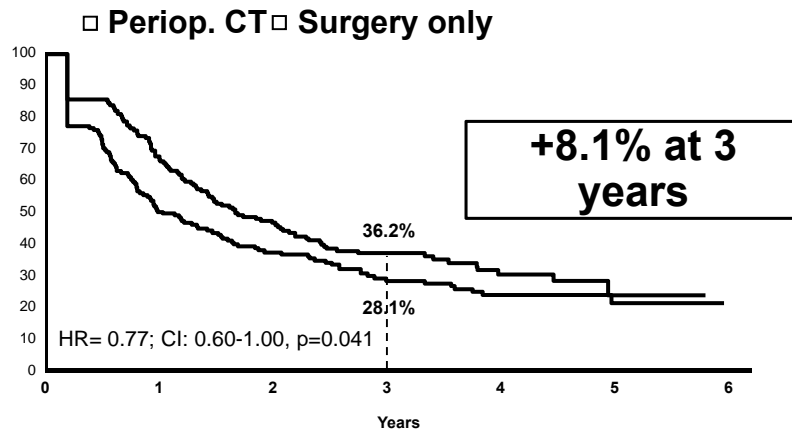
- Palliative chemotherapy
    - 5FU or capecitabine
    - Oxaliplatin
    - Irinotecan
  - Biologic agents
    - VEGF pathway- bevacizumab, aflibercept
    - EGFR pathway- cetuximab, panitumumab
    - Regorafenib
- Metastectomy
  - Radiation therapy
  - Radiofrequency ablation

## EORTC 40983 – Peri-operative FOLFOX in Resectable Liver Metastasis



Nordlinger B, et al. Lancet 2008;371(9617):1007-16.

## Progression-Free Survival in Eligible Patients



**MOSAIC: Oxaliplatin difference in 3-yr DFS for stage III: +7.2%**

Nordlinger et al. Lancet 2008

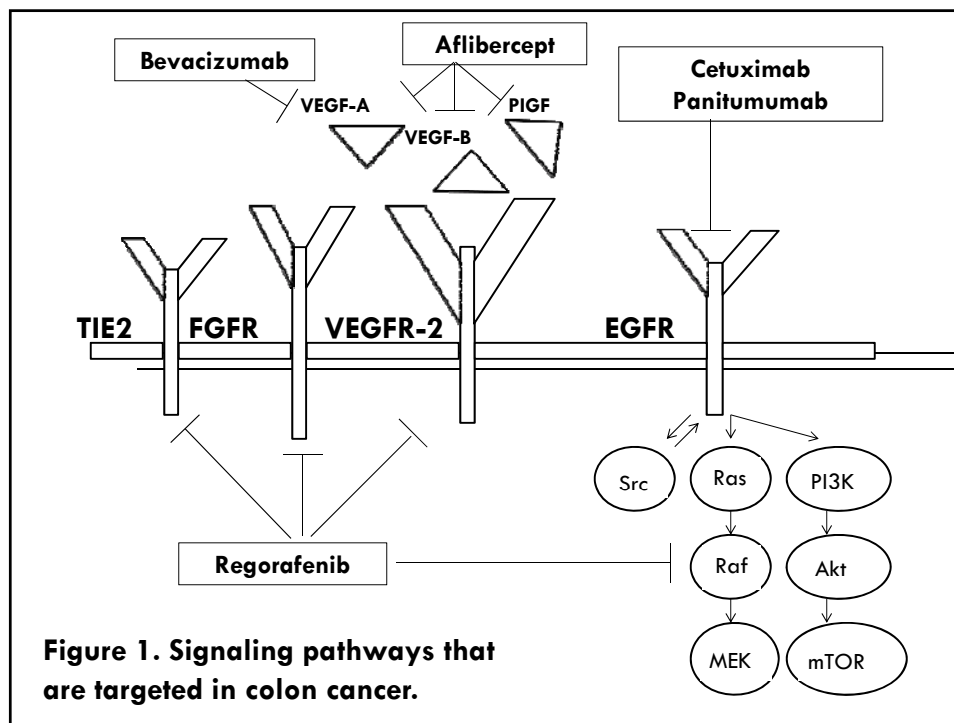
## Complications of Chemotherapy

	With chemotherapy	Without chemotherapy
Post-operative complications	25.2 %	16 %
Post-op deaths	1 pt	2 pt



## Treatment-Associated Liver Toxicity

- 5-FU: steatosis
- Irinotecan: steatohepatitis
- Oxaliplatin: sinusoidal/vascular injury
- Bevacizumab
  - Potential wound healing complications
  - Wait 6-8 wks before surgical resection
- Cetuximab: no known acute/chronic effects
- Incidence of postoperative complications increases with prolonged use



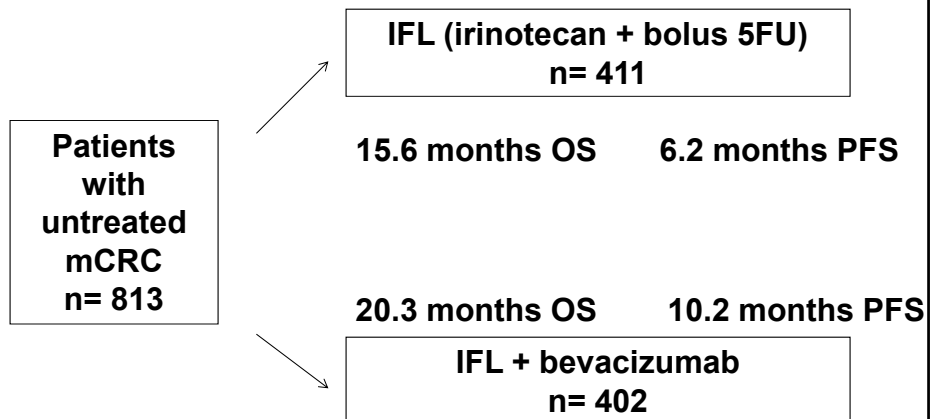
### **Survival for patients with metastatic colorectal cancer (mCRC)**

<b>Treatment</b>	<b>Median survival</b>
No treatment	6 months
5-Fluorouracil	10-12 months
FOLFOX or FOLFIRI	14-16 months
Chemotherapy and bevacizumab	20-24 months

### **Anti-VEGF therapy**

- **Agents: Bevacizumab or aflibercept**
- **Administered: intravenously**
- **Side effects:**
  - **Hypertension**
  - **Proteinuria**
  - **Poor wound healing**
  - **Bowel perforation**
  - **Arterial thromboembolic events**

## Bevacizumab + IFL



Hurwitz H, et al. N Engl J Med 2004;350:2335-2342.

## Anti-EGFR therapy

- **Agents:** Cetuximab or panitumumab
- **Administered:** intravenously
- **Side effects:**
  - Hypomagnesemia and hypocalcemia
  - Acneiform rash
    - Tx: Minocycline, hydrocortisone cream, sunblock
  - Hypersensitivity reaction
  - Pulmonary fibrosis

# BOND-1

**Patients with mCRC refractory to irinotecan  
n= 329**

**Cetuximab  
n= 111 patients**

**10.8% ORR**

**1.5 mo TTP**

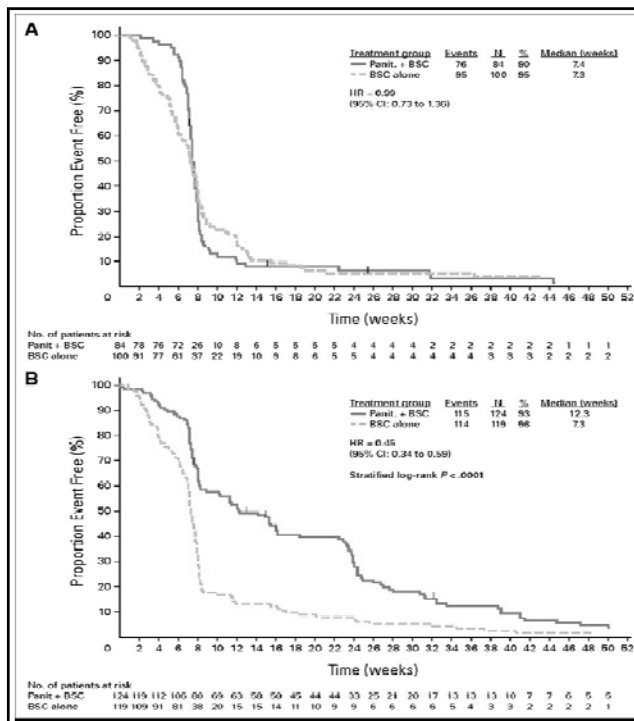
**No Impact on  
Overall Survival**

**22.9% ORR**

**4.1 mo TTP**

**Cetuximab and Irinotecan  
n= 218 patients**

Cunningham D et al. NEJM 2004;351:337-345.



**KRAS results  
available for  
92% patients**

**Progression-free  
survival by  
treatment within  
KRAS groups.  
Progression-free  
survival by  
randomized  
treatment in (A)  
mutant and  
(B) wild-type  
KRAS groups.**

Amado R G et al. JCO  
2008;26:1626-1634

## **Regorafenib**

- **Administered: orally**
- **Side effects:**
  - **Hand-foot syndrome**
  - **Hypertension**
  - **Diarrhea**
  - **Hepatotoxicity**

## **In summary, colon cancer...**

- **3<sup>rd</sup> most common cancer**
- **Screening starts at age 50**
- **Familial syndromes:**
  - **FAP, HNPCC, Peutz-Jegher syndrome**
- **Diagnostic work-up and staging**
- **Adjuvant chemotherapy to prevent cancer recurrence**
- **New targeted therapies for metastatic disease**

# Colon Cancer

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**Assistant Professor - Clinical**  
**Department of Surgical Oncology**  
**The Ohio State University Wexner Medical Center**

## Outline

Surgical Treatments

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Surgical Dogma

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Surgical Advances

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## **Surgical Treatments**

- **Primary Tumors**
  - **Surgical resection remains mainstay of curative therapy**
  - **Resection**
    - **Minimally invasive (Laparoscopic, Robotic)**
- **Metastatic Disease**
  - **Surgical resection**
  - **Local therapies**
    - **Ablation (RFA/Microwave)**
  - **Regional therapies**
    - **SIRT (selective internal radiation therapy – Y-90)**
    - **Isolated hepatic perfusion (IHP)**
    - **Hepatic artery infusion pump (HAIP)**
    - **Hyperthermic Intraperitoneal Chemotherapy (HIPEC)**

## **Minimally Invasive Surgery**

- **Technological advances allowed less invasive approaches more feasible**
- **Requires technical expertise and resources**
- **Initially questioned quality of oncologic resection and outcomes**

## **Minimally Invasive Surgery (MIS) Considerations**

- **Tumor Related**
  - **Location (Right/Sigmoid easier)**
  - **Size/Invasion**
  - **Localization**
- **Patient Related**
  - **Body habitus**
  - **Previous surgery**
  - **Comorbidities**

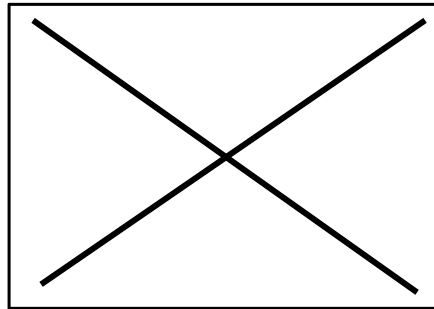
## **MIS: Conversion to Open**

- **Occurs in 10-25 % cases**
  - **Body habitus**
  - **Prior surgery**
  - **Inflammation**
  - **Tumor size**
  - **Anatomic**
- **Not surgical failure**
- **Early conversion preserves outcomes**



## **Benefits of Minimally Invasive Surgery (MIS)**

**Benefits of  
New  
Techniques**



**Risk/Effects  
Of Anesthesia,  
Trauma, Etc.**

**Operative Time**

## **MIS: Data and Literature**

- **What are the benefits?**
  - **Return of bowel function (1-2 days earlier)**
  - **Decreased pain (less narcotics)**
  - **Length of stay (1 day less)**
  - **Earlier return to work/activities**
  - **Expectation bias may play a role**

# MIS: Outcomes

- **Cost**
  - Increased OR/time costs
  - ?Balance by shorter hospital stay
- **Oncology**
  - Are cancer outcomes preserved with MIS?

## COST (Clinical Outcomes of Surgical Therapy)

- 872 patients with colon adenocarcinoma
- **Recurrence**
  - 16% Laparoscopic
  - 18% Open
- **Survival**
  - 86% Laparoscopic
  - 85% Open
- **Hospital Stay**
  - 5 days Laparoscopic
  - 6 days Open

N Engl J Med 2004;350:2050-9

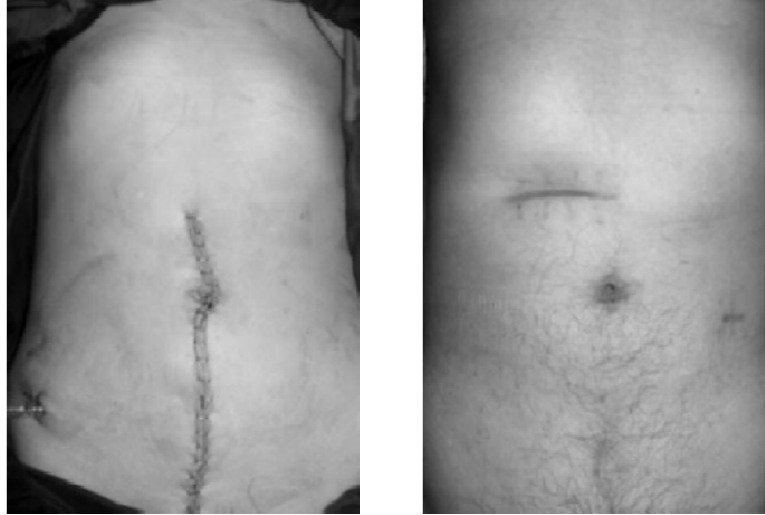
## **COST Trial (Clinical Outcomes of Surgical Therapy) Trial**

- 5 year data
- Disease-free 5 year survival
  - 68.4% Open
  - 69.2% Laparoscopic
- Overall survival
  - 74.6% Open
  - 76.4% Laparoscopic
- Recurrence
  - 21.8% Open
  - 19.4% Laparoscopic
- Replicated in other large trials (CLASICC - UK, COLOR - European)

## **MIS: Cosmesis**



## **MIS: Cosmesis**



## **Robotic Surgery Benefits**

- Same patient benefits as MIS
- Technical
  - Allows HD 3-D visualization
  - Facilitates fine, precise movement within confined spaces (pelvis, ENT)
- 39 pts Rectal adenocarcinoma
  - Oncologic principles feasible
    - (-) Margins, LN harvest adequate, TME
  - Safe (12.8% morbidity, 0 Mortality)
  - OR time increased (285 min.)
  - Length of stay (median 4 days)

Hellan M. et al. Annals Surg Onc 2007; 14(11):3168-3173

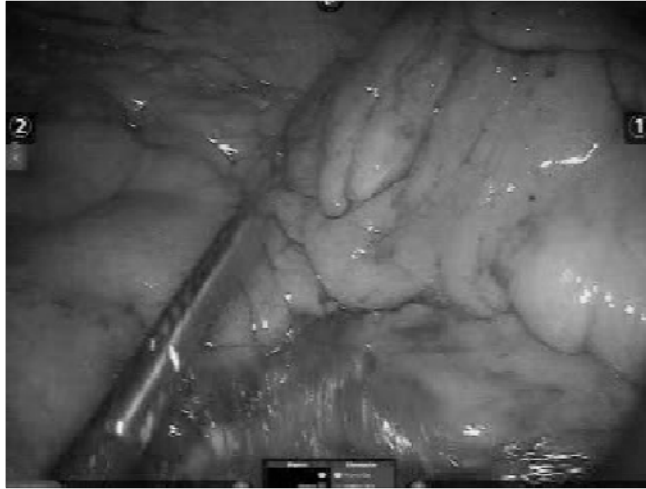
## MIS: Robotic Surgery



## MIS: Robotic Surgery



## MIS: Robotic Surgery



## MIS: Robotic Surgery



## **Colon Cancer Metastases**

- **Liver most common site**
  - **Approximate 50% incidence**
  - **Often only site**
- **Surgical resection remains mainstay of curative therapy**
  - **<20% amenable to resection**
- **Adjuncts to surgical resection**
  - **Ablation therapy (RFA, Microwave)**
  - **Minimally invasive approaches**

## **Colon Cancer therapies**

- **Chemotherapy (marked advances)**
- **Surgery (Primary tumor, metastatic disease, isolated hepatic perfusion)**
- **Locoregional therapy**
  - **SIRT (Selective internal radiation therapy; y-90)**
  - **HAIP (Hepatic artery infusion pump)**
  - **Ablation therapy**
  - **HIPEC**

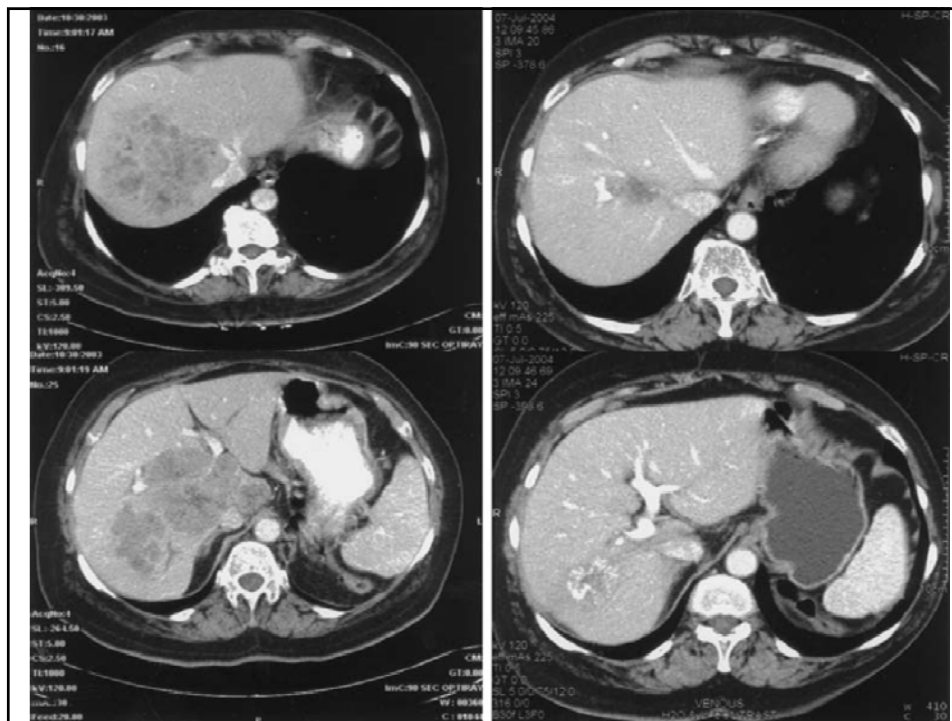
# Chemotherapy advancement

1996

- 5FU / Leucovorin
- Prolonged patient survival
- Induce disease/tumor shrinkage
- May allow resection in previously unresectable patients (response > 50%)
- Chemotherapy toxicities

2013

- Avastin (bevacizumab)
- Aflibercept (Eylea)
- Erbitux (cetuximab)
- Vectibix (panitumumab)
- Eloxatin (oxaliplatin)
- Camptosar (irinotecan)
- 5FU
- Xeloda (capecitabine)
- Tarceva (erlotinib)
- FUDR
- Leucovorin
- Levamisole
- Mitomycin-C





## **“Unresectability”**

- **Relative (eye of the beholder)**
  - **Expertise, Resources, Attitude**
- **Surgery Risk**
  - **Anatomic**
  - **Techniques**
  - **Mortality (20% in '80's → <5%)**
- **Better Chemotherapy and imaging → Better patient selection**

## **Surgical Dogma**

- **‘Unresectable’**
  - **Bilobar disease**
  - **>4 lesions**
  - **Extrahepatic/Metachronous disease**
  - **Lesions > 5cm**
- **SSO/SSAT/AHPBA Consensus**
  - **Dogma no longer valid; Important factors to consider for resection**
    - **Margin (-) resection**
    - **Complete resection/treatment of all intrahepatic/extrahepatic disease**
    - **Functional liver remnant with inflow/outflow/biliary drainage of >2 contiguous sectors(segments)**

## **Locoregional therapies**

- Ablation
- SIRT
- Isolate Hepatic Perfusion (IHP)
- Hepatic artery infusion pump (HAIP)
- Hyperthermic Intraperitoneal Chemotherapy (HIPEC)
- Indications
  - Unresectable disease
  - Medically unfit for hepatectomy
  - Poor biology (widespread extrahepatic disease, distant metastases, etc.)

## **Ablation therapy**

- Employs energy (radiofrequency or microwave) to cause tumor necrosis
  - RF uses high frequency AC current
  - Microwave uses electromagnetic waves at microwave energy for tissue heating
- Limited damage to surrounding liver
- Open, laparoscopic, percutaneous approaches
  - Efficacy: Open>Laparoscopic>Percutaneous
  - Inferior to resection in survival and recurrence
- Limited by tumor size (3 cm), anatomy, and heat sink
- Adjunct to major resection

# Laparoscopic MWA



# Laparoscopic MWA



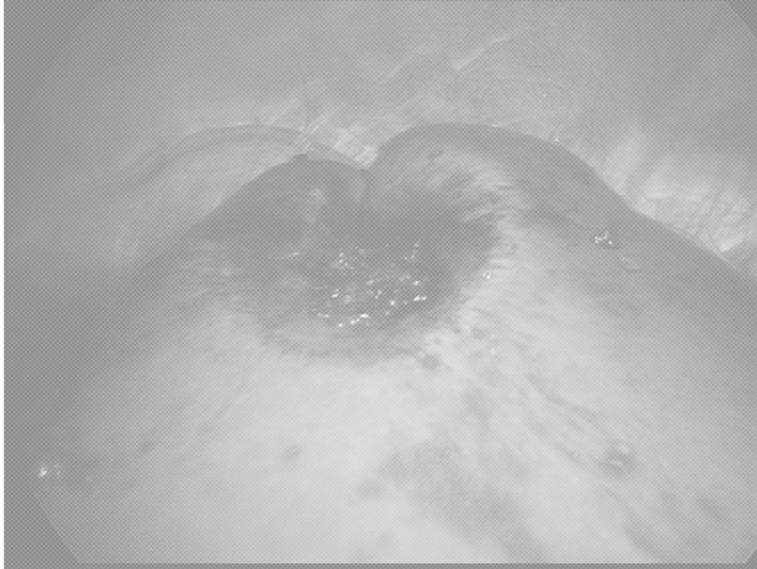
# Laparoscopic MWA



# Laparoscopic MWA



## **Laparoscopic MWA**



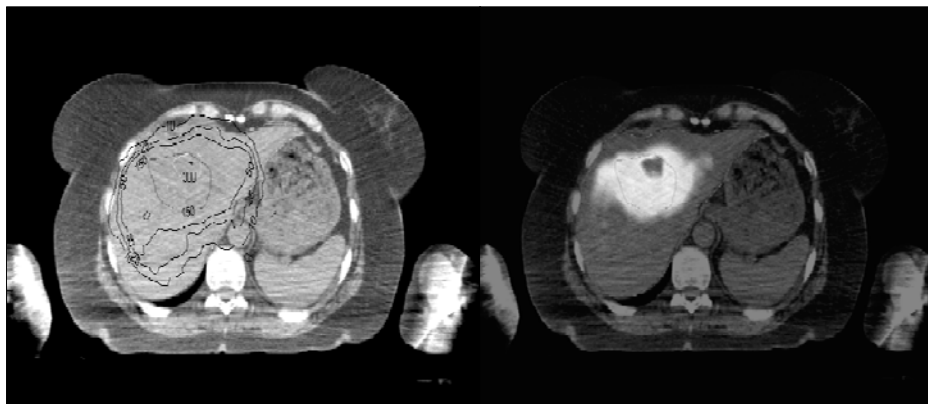
## **SIRT (yttrium-90 microspheres)**

- Radiolabelled particles
  - TheraSpheres – MDS Nordion (HCC)
  - SIRSpheres – SIRTex (CRC)
- High dose radiation to tumor with low dose radiation to liver
- $\beta$  particle emission with 2-3mm penetration
- Delivered into hepatic artery

# SIRT procedure

- **Pre-treatment**
  - Hepatic angiogram, MAA (shunt study)
  - Embolization of gastroduodenal artery and other vessels as needed
  - LFTs
- **Treatment**
  - Hepatic artery catheterization and microsphere implantation
- **Post-treatment**
  - Gamma scan to confirm sphere location

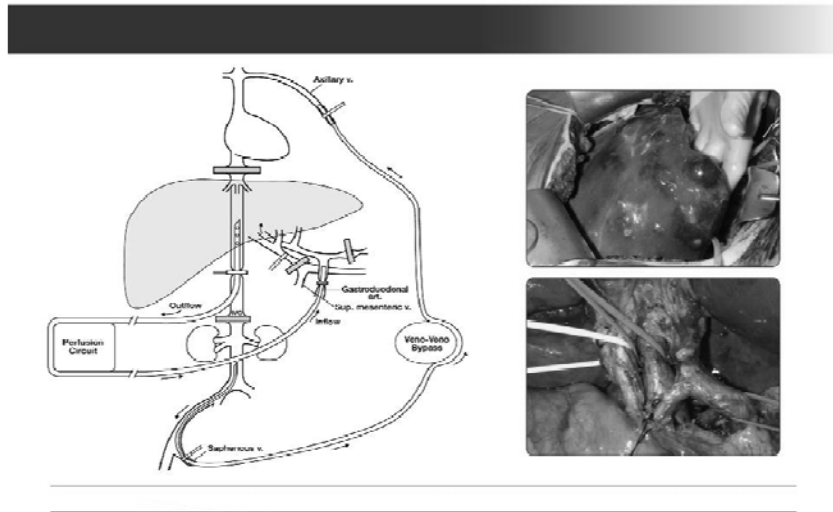
## SIRT Post-gamma scan



## Isolated Hepatic Perfusion (IHP)

- Goal to provide durable control of isolated diffuse liver metastases of select tumor types
- Hepatic artery major blood supply to liver tumors
- Allows intense treatment to cancer-burdened liver without systemic toxicity
  - Hepatic circulation isolated on a circuit to continuously perfuse chemotherapy under mild hypothermic conditions
- Major operation with associated morbidity

## Isolated Hepatic Perfusion (IHP)



Alexander HR et al. Cancer Journal. 2010 Mar-Apr; 16(2):132-41 Slide 42

# IHP Technique

- Liver vasculature isolated
- Hepatic temperature probes placed
- 1 hour of hyperthermic (40°C.) perfusion with high dose chemotherapy administration
- Liver flushed of chemotherapy after perfusion
- Vascular catheters removed and vessels repaired

## IHP: Treatment Response

- In 114 pts, 59% response rate seen
- Median progression free survival 7 months
- May be useful in conjunction with adjuvant chemotherapy in very select patients

**TABLE 4.** Treatment Results With IHP for 120 Patients With CRC Liver Metastases Treated With IHP

Treatment	n*	CR	PR	%	Hepatic PFS (m)
Overall	114	2	67	59	7.0
IHP (no HAI)	58	0	33	57	5.8
IHP (HAI)	46	2	30	65	13.0†
IHP (TNF alone)	10	0	4		3.0

\*Evaluable for response.

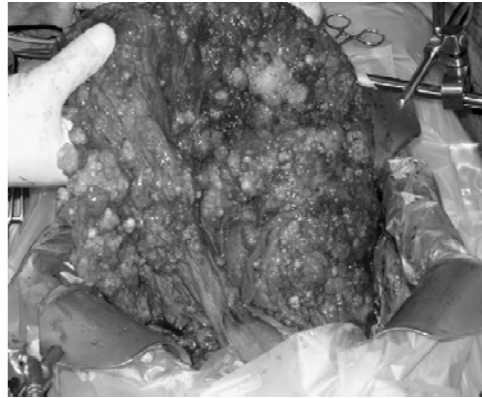
† $P < 0.001$  vs. IHP (no HAI) and IHP (TNF alone).

Alexander HR et al. Ann Surg Onc 2009



## **Peritoneal Metastases (PM)**

- **PM late manifestation of advanced cancer of various tumor types**
- **Poor prognosis and outcomes (avg 6 mos. survival)**
- **Significant treatment challenge**
- **Limited options**



## **Hyperthermic Intraperitoneal Chemotherapy (HIPEC) for Peritoneal Metastases**

- **Historical therapy: Chemotherapy, radiation, and palliative surgery**
- **Aggressive surgical approach: Cytoreductive surgery (CRS) with hyperthermic intraperitoneal chemotherapy (HIPEC)**
- **Utilized in very select patients with different tumor types (incl. colon, appendix)**

## **Cytoreductive Surgery (CRS)/HIPEC**

- **2 Major components to surgery**
  - **Cytoreductive surgery (CRS)**
    - **Address gross (visible) peritoneal tumor burden**
    - **Goal is to eliminate all gross disease (<2.5mm)**
  - **HIPEC**
    - **Address microscopic peritoneal disease after CRS**
    - **Regional perfusion utilizing hyperthermia and high dose chemotherapy**

## **CRS**

- **Major Surgery**
- **Eliminate all gross tumor**
  - **May require peritonectomies**
  - **Multi-visceral (organ) resection sometimes necessary**
- **Completeness of cytoreduction important to outcome**
- **Increased morbidity and mortality**

## **CRS: Completeness of cytoreduction**

- Major determinant of survival
- Glehen et al. – Multi-institutional study of 506 pts receiving CRS/HIPEC
  - Overall median survival 19.2 mos
  - Complete CRS/HIPEC median survival 32.4 mos
  - Incomplete survival 8.4 months
  - $P < 0.0001$

Glehen et al. JCO 2004

## **CRS: Predictive factors for success**

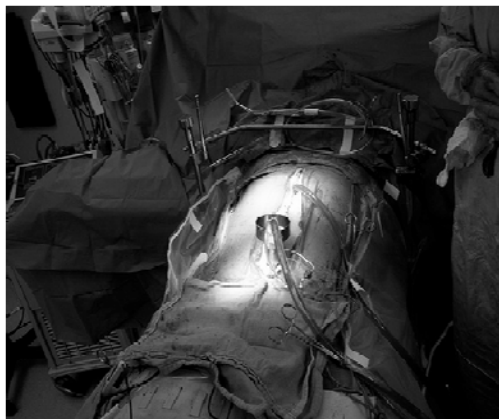
- Peritoneal Surface Malignancy Group determined 8 predictive factors
  - ECOG  $\leq 2$
  - No evidence of extra-abdominal disease
  - $\leq 3$  small, resectable liver metastases
  - No biliary obstruction
  - No ureteral obstruction
  - No bowel obstruction  $> 1$  site
  - SB involvement
  - Small disease within lesser omentum

Esquivel, J Ann Surg Oncol 2007

# HIPEC

- **Hyperthermia**
  - **More toxic to cancer cells**
  - **Potentiates cytotoxic effects of chemotherapy**
  - **Direct effect on tumor tissue to soften the tissue and decrease interstitial pressure to improve chemotherapy penetration**
- **High dose chemotherapy administration with decreased systemic toxicity**
- **Continuous circulation of heated chemotherapy throughout the abdominal/peritoneal cavity**

# HIPEC



# CRS/HIPEC Complications

- Potential significant complications
- Surgical morbidity 22.9%
- Mortality 4%

**Table 5.** Details of Major Postoperative Complications (grade 3/4 according to the National Cancer Institute's Common Toxicity Criteria)

Type of Complication	No.	%
Digestive fistula	42	8.3
Hematologic toxicity	12	2.4
Systemic sepsis	10	2
Postoperative bleeding	9	1.8
Intra-abdominal abscess	9	1.8
Respiratory distress	8	1.6
Pneumonia	8	1.6
Urinary fistula	5	1
Line sepsis	5	1
Bowel obstruction	5	1
Pulmonary embolism	2	0.4
Peritonitis	2	0.4
Other	6	1.2
Combined morbidity	116	22.9
Mortality	20	4

Glehen et al. JCO 2004

## HIPEC vs. Chemotherapy

- Verwaal et al. showed survival advantage for patients for patients with colorectal PC
  - Median survival 22.3 months (CRS/HIPEC/Chemo-5-FU/Leucovorin)
  - Median survival 12.6 months for chemotherapy with or without palliative surgery
  - P=0.032
- Selection bias?

Verwaal et al. JCO 2003

# HIPEC vs. Chemotherapy

- Elias et al. Case control study of 96 patients
- CRS/HIPEC (Oxaliplatin) vs.. Modern chemotx (Oxaliplatin/Irinotecan)
- Median Survival
  - CRS/HIPEC 62.7 mos.
  - Chemotherapy 23.9 mos.
  - $P < 0.05$

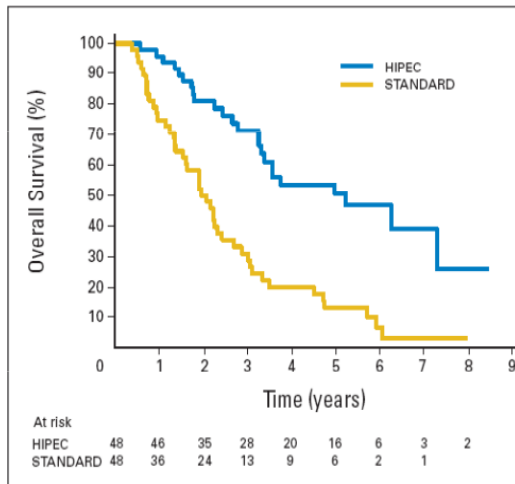


Fig 1. Overall survival of group receiving cytoreductive surgery, hyperthermic intraperitoneal chemotherapy (HIPEC), and systemic treatment versus those receiving standard treatment.

Elias et al. JCO 2009

## CRS/HIPEC Summary

- May be an effective therapy in well selected patients with colorectal cancer and GI tumors
- Complete cytoreduction paramount
- Major morbidity/mortality associated with aggressive surgical approach
- Multidisciplinary approach necessary in decision making