

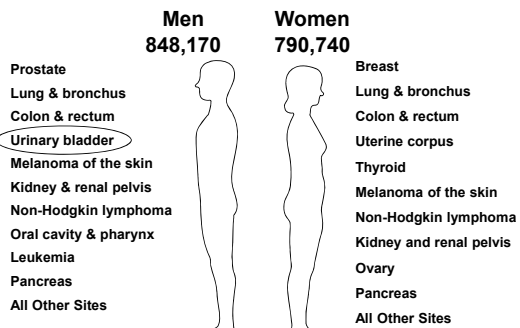
# Bladder Cancer

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 Division of Medical Oncology  
 The Ohio State University Wexner Medical Center

# Objectives

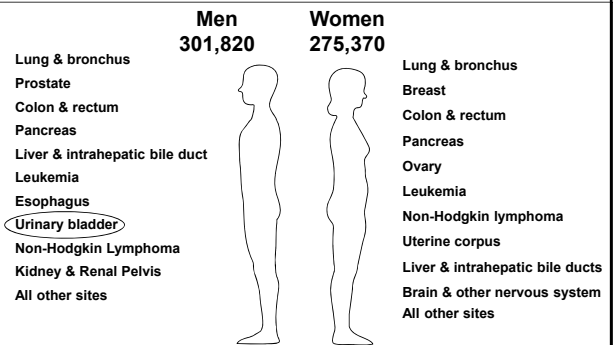
- Bladder Cancer
  - Epidemiology
  - Pathology
  - Risk factors
  - Presentation and clinical findings
  - Staging
  - Natural history

## 2012 Estimated New Cancer Cases\*



\*Excludes basal and squamous cell skin cancers and in situ carcinomas except urinary bladder.  
 Source: American Cancer Society, 2012

## 2012 Estimated Cancer Deaths



Source: American Cancer Society, 2012

## Epidemiology

- **Bladder cancer in the United States:**
  - Estimated 73,510 new cases and 14,880 cancer related deaths in 2012
  - Whites > Blacks (2:1)
  - M>F (3-4:1)
  - A disease of the elderly (6<sup>th</sup>-7<sup>th</sup> decades)
  - Rising incidence (20% over the last 20-yr)

## Epidemiology

- In U.S., the second most prevalent cancer in men ≥60
- Bladder cancer has significant financial impact on healthcare
  - Requires intensive, life-long cystoscopic, radiologic, and cytologic surveillance
  - Most expensive malignancy in the U.S.\*

\* Botteman MF, et al. *Pharmacoeconomics* 21:1315; 2003

## Bladder Cancer Pathology: Histologic Subtypes in the U.S.

- 90-95% Transitional Cell Carcinoma
- 3% Squamous Cell Carcinoma
- 2% Adenocarcinoma
- 1% Small Cell Carcinoma
- 1% Others

## Risk Factors

- Gene abnormalities
- Chemical exposure
- Chronic irritation

## Risk Factors

- Gene abnormalities
  - Proto-oncogenes: Ras
  - Tumor suppressor genes: p53, pRB, p16, p21, p27
  - Cell cycle regulatory proteins: cyclin D1
  - Tumor-specific growth factor pathways, angiogenesis and COX-2

## Risk Factors

- Chemical exposure
  - Tobacco (rich in aromatic amines and acrolein)
  - Industrial contact to chemicals, plastics, coal, tar, asphalt, aromatic amines, aniline dyes, nitrites, and nitrates
  - Ifosfamide and Cyclophosphamide (long-term use)
  - Analgesic abuse, particularly phenacetin

## Risk Factors

- Chronic irritation
  - Indwelling catheters, calculi (SCC)
  - Schistosoma haematobium (SCC, TCC)
  - Irradiation (SCC)

## Signs and Symptoms

- Hematuria
  - Gross or microscopic
- Irritative symptoms
  - Frequency
  - Dysuria
  - Urgency
- Bladder outlet obstruction
- Ureteral colic

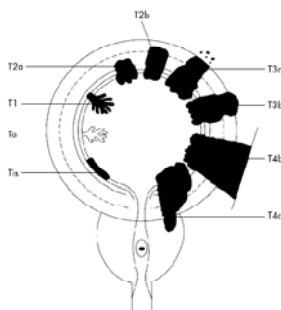
## Physical Findings

- Palpable mass
- Bladder fixation to the pelvic wall
- Prostate induration
- Related to metastatic disease

## Diagnostic Testing

- Urine Cytology (Sensitivity 67%, specificity 96%)
- Cystoscopy
  - Transurethral resection of bladder tumor (TURBT)
  - Ureteroscopy
  - Retrograde pyelography
- Radiographic Imaging (CT, MRI, IVP)
- Bone Scan (if elevated Alk Phos or bone pain)

## TNM Staging of Bladder Cancer



Colquhoun AJ, et al.  
Postgrad Med J. 2002

## TNM Staging, cont.

- Nodal disease
  - N1 Single regional LN mets in the true pelvis (hypogastric, obturator, external iliac, or presacral LN)
  - N2 Multiple regional LN mets in the true pelvis
  - N3 LN metastasis to the common iliac LNs
- Metastatic disease
  - M0 no distant mets
  - M1 distant mets

American Joint Committee on Cancer (AJCC); 7<sup>th</sup> ed., 2010

## TNM Staging, cont.

- 0 Ta, Tis
- I T1 only
- II T2a, T2b
- III T3a, T3b (perivesical tumor)  
T4a (prostate, uterus or vagina)
- IV T4b (pelvic or abdominal wall)  
Any N or M

## Stages at Presentation

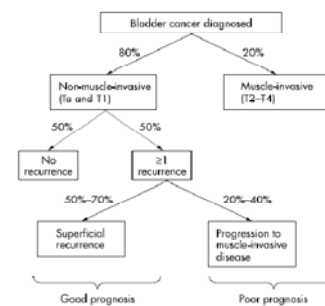
- 75% Superficial cancer
- 20% Muscle-invasive cancer
- 5% Metastatic disease

## Bladder Cancer Stage: Prognosis

Location	Stage	T	N	M	Survival (5 yrs)
Superficial	0a 0is	Ta Tis	NO	M0	>80 %
Lamina	I	T1	NO	M0	50-60 %
Early Muscle	II	T2a	NO	M0	40-50 %
Deep Muscle	II	T2b	NO	M0	20-40 %
Perivesical Fat	III	T3	NO	M0	15-25 %
Lymph Nodes	IV	ANY T	N1-3	M0	5-10 %
Metastatic	IV	ANY T	ANY N	M1	< 2 %

AJCC Cancer Staging, 1998

## Natural History of Bladder Cancer



Colquhoun AJ, et al.  
Postgrad Med J. 2002

# Superficial Bladder Cancer

**Kamal Pohar, MD, FRCSC**  
 Assistant Professor  
 Department of Urology  
 The James Cancer Hospital and  
 The Ohio State University Wexner Medical Center

## Objectives

- Superficial Bladder Cancer
  - Surgical management
  - Prevention of recurrence and progression
    - Intravesical chemotherapy
    - Intravesical immunotherapy
  - Surveillance: Follow-up and early detection of recurrence

## Bladder Cancer Staging Superficial Cancer

American Joint Committee on Cancer (AJCC)  
 TNM Staging System For Bladder Cancer

### Primary Tumor (T)

**TX** Primary tumor cannot be assessed

**T0** No evidence of primary tumor

**Ta** Noninvasive papillary carcinoma

**Tis** Carcinoma *in situ*: "flat tumor"

**T1** Tumor invades subepithelial connective tissue

**T2** Tumor invades muscle

**T2a** Tumor invades superficial muscle (inner half)

**T2b** Tumor invades deep muscle (outer half)

**T3** Tumor invades perivesical tissue

**T3a** Microscopically

**T3b** Macroscopically (extravesical mass)

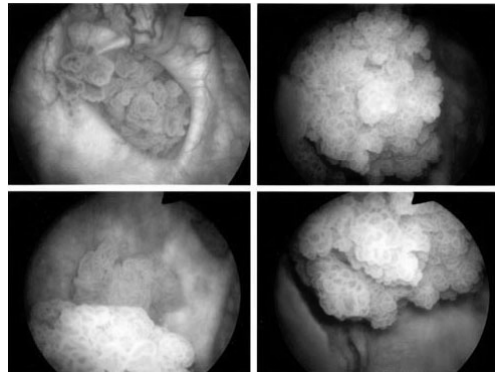
**T4** Tumor invades any of the following: prostate, uterus, vagina, pelvic wall, abdominal wall

**T4a** Tumor invades prostate, uterus, vagina

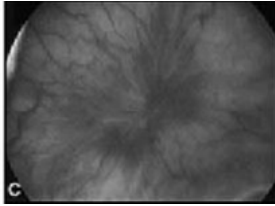
**T4b** Tumor invades pelvic wall, abdominal wall

AJCC Cancer Staging Manual 7th Edition

## Papillary Bladder Tumors

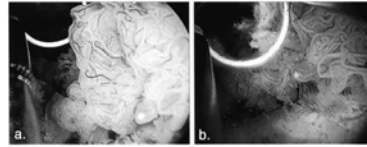


### Flat Bladder Tumors (Carcinoma in situ (CIS))



■ Most often is a flat red spot(s) in the bladder

### Superficial Bladder Tumors Most Are Cured Endoscopically



- Transurethral resection (TUR) based on thermal energy
- May require more than one procedure for larger tumors

### Cancer recurrence in the bladder This is the real problem

% Recurrence	
90	
59	
71	
55	
40	
95	
73	
60	
72	
90	
88	
74	

### When the cancer comes back it may be worse This is not as common but worsens prognosis

% Progression	
4	
18	
2.4	
3	
7	
39	
16	
10	
25	
52	
39	
30	

**European Organization for Research and Treatment of Cancer  
Tables to Predict Bladder Cancer Recurrence and Progression**

**Predicting Recurrence and Progression in Individual Patients  
with Stage Ta T1 Bladder Cancer Using EORTC Risk Tables:  
A Combined Analysis of 2596 Patients from Seven EORTC Trials**

Richard J. Sylvester<sup>1,2\*</sup>, Adrian P.M. van der Meijden<sup>3</sup>, Willem Oosterlinck<sup>4</sup>,  
J. Alfred Witjes<sup>5</sup>, Christian Bouffoux<sup>6</sup>, Louis Denis<sup>7,8</sup>, Donald W.W. Neuling<sup>9,2</sup>,  
Karlheinz Kurh<sup>1,3</sup>

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<sup>3</sup>Department of Urology, University Hospital Ghent, Ghent, Belgium  
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<sup>7</sup>Department of Urology, Free University Medical Center, Amsterdam, The Netherlands  
<sup>8</sup>Department of Urology, Academic Medical Center, Amsterdam, The Netherlands  
<sup>9</sup>Department of Urology, Academic Medical Center, Amsterdam, The Netherlands

European Urology 49:466,2006

**Recurrence and Progression  
Superficial Bladder Cancer**

Factor	Recurrence	Progression
Number of tumors		
Single	0	0
2 to 7	3	3
≥8	6	3
Tumor size		
<3 cm	0	0
≥3 cm	3	3
Prior recurrence rate		
Primary	0	0
≤1 rec/yr	2	2
>1 rec/yr	4	2
T category		
Ta	0	0
T1	1	4
CIS		
No	0	0
Yes	1	6
Grade		
G1	0	0
G2	1	0
G3	2	5
Total score	0-17	0-23

European Urology  
49:466,2006

**Recurrence and Progression  
Superficial Bladder Cancer**

	Probability of recurrence		Recurrence risk group
	at 1 yr % (95% CI)	at 5 yr % (95% CI)	
Recurrence score			
0	15 (10-19)	31 (24-37)	Low risk
1-4	24 (21-26)	46 (42-49)	Intermediate risk
5-9	38 (35-41)	62 (58-65)	Intermediate risk
10-17	61 (55-67)	78 (73-84)	High risk
	Probability of progression		Progression risk group
	at 1 yr % (95% CI)	at 5 yr % (95% CI)	
Progression score			
0	0.2 (0-0.3)	0.8 (0-1.7)	Low risk
2-6	1 (0.4-1.6)	6 (5-8)	Intermediate risk
7-13	5 (4-7)	17 (14-20)	High risk
14-23	17 (10-24)	45 (35-55)	High risk

CI = confidence interval.

European Urology 49:466,2006

**FOCUS**

- Review of medical evidence on therapeutic opportunities to reduce tumor recurrence in superficial bladder cancer patients



## Therapeutic Opportunities Reducing Bladder Cancer Recurrence

- Persistent/unrecognized tumor at the time of endoscopic resection of grossly visible tumors (residual cancer)
- Tumor implantation
- *Urothelial Field Change*

## Residual Cancer After Endoscopic Resection

## Variability in the Recurrence Rate at First Follow-up Cystoscopy after TUR in Stage Ta T1 Transitional Cell Carcinoma of the Bladder: A Combined Analysis of Seven EORTC Studies

Brausi, Maurizio; Collette, Laurence; Kurth, Karlheinz; van der Meijden, Adrian P.; Oosterlinck, Wm; Witjes, J.A.; Newling, Donald; Bouffieux, Christian; Sylvester, Richard J.

European Urology 41: 523 - 531, 2002

## Promise of Improved Diagnostics

### A New Generation of Optical Diagnostics for Bladder Cancer: Technology, Diagnostic Accuracy, and Future Applications

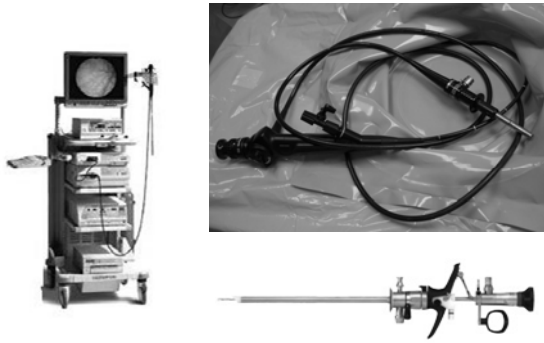
Evelyne C.C. Cauberg<sup>a,\*</sup>, Daniël M. de Bruin<sup>b</sup>, Dirk J. Faber<sup>b</sup>, Ton G. van Leeuwen<sup>b</sup>, Jean J.M.C.H. de la Rosette<sup>a</sup>, Theo M. de Reijke<sup>a</sup>

<sup>a</sup>Department of Urology, Academic Medical Center Amsterdam, Amsterdam, The Netherlands  
<sup>b</sup>Department of Biomedical Engineering and Physics, Academic Medical Center Amsterdam, Amsterdam, The Netherlands

- Photodynamic Diagnosis (PDD) – Fluorescence (ALA or HAL)
- Narrow-band Imaging (NBI)
- Optical Coherence Tomography (OCT)

European Urology 56:287-297,2009

### Improvements in Technology Lead to Better Outcomes

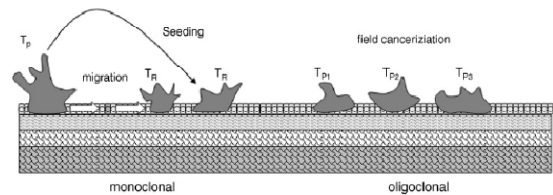


### Repeat Endoscopic Resection Within 6 Weeks Reduces Tumor Recurrence

- Many studies confirm for high grade tumors a repeat endoscopic resection of the area where the original tumor was removed often removes residual microscopic cancer and leads to better clinical outcomes

## Tumor Implantation

### Theories of Why Bladder Cancers Recur



Hoglund M, Seminars in Cancer Biology 17:225,2007

### Single Dose Instillation of Chemotherapy After Surgery In The Bladder



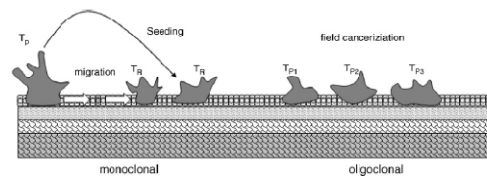
### Single Dose Instillation of Chemotherapy In the Recovery Room After TUR

- Patients with a single tumor in the bladder reduced their risk of recurring from 47.1% to 35.8%
- Patients with more than one tumor in the bladder reduced their risk of recurring from 81.5% to 65.2%

Journal of Urology 171:2186–2190,2004

## Urothelial Field Change

### Field Defect – Slaughter’s Concept of Field Cancerization



Hoglund M, Seminars in Cancer Biology 17:225,2007

### **Urothelial Field Change**

- Rationale for the use of intravesical chemotherapy and immunotherapy
- Drugs administered in liquid form via a urethral catheter allowing direct instillation in to the bladder
- Drugs have a direct effect on the bladder epithelium (urothelium)

### **Reducing Risk of Recurrence Intravesical Chemotherapy Prophylaxis**

#### **Intravesical Chemotherapeutic Agents\***

Thiotepa  
Doxorubicin  
Ethoglucid  
Mitomycin C  
Epirubicin  
Valrubicin  
Gemcitabine

\*Wide range of doses and schedules – most common weekly for 6-8 weeks

### **Reducing Risk of Recurrence Intravesical Immunotherapy Prophylaxis (BCG)**

### **History of BCG Vaccine**

- BCG initially isolated by Calmette and Guerin (Pasteur Institute)
- Complete attenuation achieved through 231 sequential passages over 13 years (*Mycobacterium bovis*)
- Immunologists discovered the stimulatory effect of mycobacteria on the immune response to heterologous antigens (tumor cells)
- First tested in bladder cancer in the early 1980's

New England Journal of Medicine 290:1413,1974

**Bladder Cancer Recurrence  
Risk Adapted Groups  
To Determine What Drug Is Best**

Low Risk

Intermediate  
Risk

High Risk

**Maintenance Intravesical Therapy  
Reduces Cancer Recurrence**

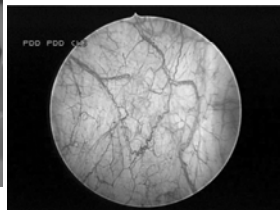
- Some studies support periodically giving additional intravesical chemotherapy or BCG when the patient is tumor free for an extended period of time (1-3 years)
- As an example maintenance included 3 successive weekly intravesical instillations of BCG at 3,6,12,18,24,30 and 36 months (SWOG 8507)

**Bladder Cancer Follow-up  
Detecting Recurrences**

- Office Cystoscopy



Normal



**Bladder Cancer Follow-up  
Detecting Recurrences**

- Urinary Tumor Markers
  - Urine cytology
  - UroVysion FISH
  - NMP-22
  - BTA

**Summary of Typical Timeline of Management  
Superficial Bladder Cancer Patient**

- Tumors removed by endoscopic resection in OR leading to cure
- One dose of intravesical chemotherapy given in the recovery room after surgery
- High probability of bladder cancer recurrence can be reduced by administering weekly intravesical chemotherapy or immunotherapy for a few weeks
- Maintenance intravesical therapy can further reduce the probability of cancer recurrence when the patient is tumor free

**Muscle-Invasive and  
Advanced Bladder  
Cancer**

**Amir Mortazavi, MD**  
Assistant Professor  
Department of Internal Medicine  
Division of Medical Oncology  
The Ohio State University Wexner Medical Center

**Objectives**

- **Muscle-invasive and Advanced Bladder Cancer**
  - Management of metastatic disease
  - Management of muscle-invasive disease

**Metastatic Disease**

## Introduction

- **Metastatic sites: regional and distant lymph nodes, lungs, bones, liver, brain, skin and elsewhere.**
- **Median survival with Best Supportive Care: 4-6 months**
- **Median survival with cisplatin-based combination chemotherapy: 12-14 months, 20% 3-yr survival**

## Introduction

- **Many chemotherapy drugs have shown activity in bladder cancer, such as cisplatin, carboplatin, gemcitabine, methotrexate, vinblastine, doxorubicin, paclitaxel, docetaxel, ifosfamide, etc.**
- **TCC is a chemosensitive solid tumor**
  - Phase II clinical trials: RR 70-80%
  - Phase III clinical trials: RR 50%
- **Short duration of response: 4-6 mo**

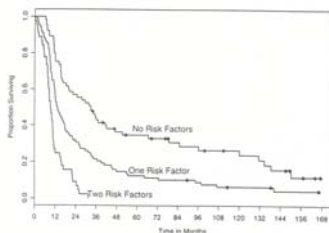
### Prognostic Factors & Survival Univariate and Multivariate Analysis (n=203) Bajarin, JCO 1999

Prognostic Factors:

- 1) Visceral Metastases (bone, liver, lung)
- 2) Performance status (KPS) (<80%)

# of PF	MS (mo)	CR (%)
0	33	35
1	13.4	11
2	9.3	0

p = 0.0001



MSKCC data

## Systemic Chemotherapy

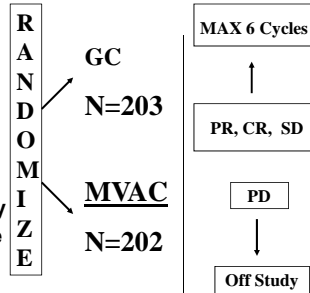
- **Till 2000, MVAC, the combination chemotherapy of methotrexate, vinblastine, doxorubicin, and cisplatin, was the standard of care for metastatic bladder cancer, based on phase II<sup>(1)</sup> and randomized phase III<sup>(2, 3)</sup> studies.**

(1) Sternberg C, et al. *J Urol* 1988  
 (2) Loehrer et al. *JCO* 10:1066, 1992  
 (3) Logothetis et al. *JCO* 8:1050, 1990

## Advanced Bladder Cancer: Gemcitabine Plus Cisplatin vs. MVAC

### Stratification

- Stage
- Visceral mets
- PS
- Prior radiotherapy
- Investigator site
- Disease measurability
- Alkaline Phosphatase



MVAC: Methotrexate, Vinblastine, Doxorubicin, Cisplatin

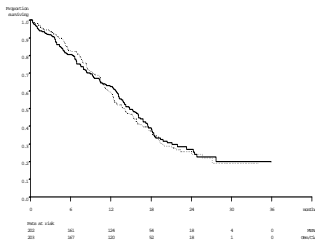
Von der Maase, JCO 2000

## GC vs. MVAC G3/4 Toxicities

	GC	MVAC
• Neutropenia (Grade 3/4)	71%	82%
• Neutropenic sepsis	1%	12%
• Febrile neutropenia	1.5%	13.4%
• Thrombocytopenia	57%	21%
• Mucositis	1%	22%
• Alopecia	11%	55%
• Nausea/vomiting	22%	21%
• Drug-toxicity death rate	1%	3%

## GC vs. MVAC Response and Survival

	GC (203)	MVAC (202)
• RR	49.4%	45.7%
– CR	12.2%	11.9%
– PR	37.2%	33.8%
• MS	13.8 (12.3-15.8)	14.8 (13.2-16.8)



Von der Maase, JCO 2000

## Summary

- Cisplatin-based combination chemotherapy improves survival for patients with advanced bladder cancer.
- First-line treatment
  - Good PS, adequate GFR: Cisplatin-based
  - Poor PS, declined GFR, elderly: Carboplatin-doublets, or single agent
- Second-line treatment (Cisplatin-resistant)
  - Gemcitabine, paclitaxel, docetaxel, ifosfamide, nab-paclitaxel, vinflunine, and pemetrexed.



## **New agents**

- Immune Modulation (Tumor Vaccines)
- Pemetrexed (Sweeney, 2006 JCO)
- Trastuzumab (Hussain, 2007 JCO; Single-agent CALGB study)
- Gefitinib (Galsky, 2007 Invest New Drugs; Philips, 2009 Ann Oncol)
- Erlotinib (Ongoing studies)
- Sorafenib (Sridhar, 2008 ASCO GU, #340)
- Sunitinib (Gallagher, 2007 ASCO, #5080; Bellmunt, 2008 ASCO GU, #291)
- Bevacizumab (With GC: Ongoing CALGB study; Hahn, 2009 ASCO, #5018)
- Vinflunine (Vaughn, 2008 ASCO GU, #316)
- FGFR3 Inhibitors (Ongoing studies)
- Histone Deacetylase Inhibitors (Vorinostat, AR42)

## **Muscle-Invasive Disease**

## **Treatment decision-making!**

- **Who needs cystectomy?**
- **Who can be cured with bladder preservation?**
- **Who needs multimodality treatment (neoadjuvant/adjvant treatments)?**

## **Surgical treatment outcome**

- **In the U.S., the Gold Standard Treatment of muscle-invasive disease is radical cystectomy with bilateral pelvic lymph node dissection.**
- **After surgery, 40-50% of these patients develop metastases within 2-5 years and most die of their disease.**

## How to improve outcome?

- Bladder cancer is a radio- and chemo-sensitive disease.
- Cisplatin-based chemotherapies have 40-75% RRs with 12-20% CRs.
- Multimodality treatment with neoadjuvant/adjvant chemotherapy and/or radiation therapy can potentially improve outcome.

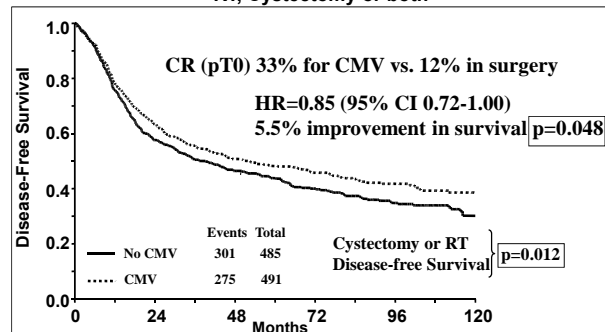
## Randomized Neoadjuvant Trials

Study	Neoadjuvant Arm	Standard Arm	Patients (N)	Survival
<b>Cisplatin chemotherapy</b>				
Australia/UK <sup>17</sup>	Cis/RT	RT or preop	255	No difference
Canada/NCI <sup>18</sup>	Cis/RT or preop	RT + cystectomy	99	No difference
Spain (CUETO) <sup>19</sup>	Cis/cystectomy	Cystectomy	121	No difference
<b>Combination chemotherapy</b>				
EORTC/MRC <sup>11</sup>	CMV/RT or cystectomy	RT or cystectomy	976	5.5% difference in favor of CMV
SWOG Intergroup <sup>20</sup>	MVAC/cystectomy	Cystectomy	298	Benefit with M-VAC (P = 0.06)
Italy (GUONE) <sup>15</sup>	M-VAC/cystectomy	Cystectomy	206	No difference
Italy (GISTV) <sup>21</sup>	M-VEC/cystectomy	Cystectomy	171	No difference
Genoa <sup>24</sup>	Cis/SFU/RT/cystectomy	Cystectomy	104	No difference
Nordic <sup>124</sup>	ADM/Cis/RT/cystectomy	RT/cystectomy	311	No difference, 15% benefit with ADM + Cis in T3-T4a
Nordic II <sup>16</sup>	MTX/Cis/cystectomy	Cystectomy	317	No difference
Abol Enein et al. <sup>23</sup>	CarboMV/cystectomy	Cystectomy	194	Benefit with CarboMV

Sternberg Urology 2007

### EORTC/MRC Trial

- \* 976 pts, 106 centers in 20 countries, f/u 7 yrs
- \* CMV: 491 pts; Control: 485 pts
- \* Management of primary per treating MD: - RT, Cystectomy or both

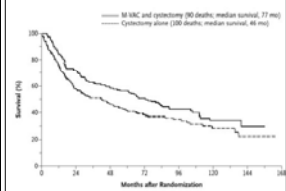


Hall Lancet 1999

### SWOG Intergroup

- \* 307 pts, 1987-1998; 126 centers in the U.S., f/u 8.7 yrs
- \* MVAC + Surgery: 153 pts, Surgery: 154 pts
- \* Management of primary: Radical Cystectomy

	MVAC	Surgery	P-value
Median Survival	77 mos	46 mos	0.05
5yr Survival	57%	43%	0.06
pT0	38%	15%	<0.001
Death HR	1.33 (33% reduction in mortality)		
Disease-specific HR	1.66		0.002



Grossman NEJM 2003

## Meta-analysis Studies

### NEOADJUVANT CHEMOTHERAPY FOR TRANSITIONAL CELL CARCINOMA OF THE BLADDER: A SYSTEMATIC REVIEW AND META-ANALYSIS

ERIC WINQUIST,† TRICIA S. KIRCHNER, ROANNE SEGAL, JOSEPH CHIN, AND HIMU LUKKAJ ON BEHALF OF THE GENTOURINARY CANCER DISEASE SITE GROUP OF CANCER CARE ONTARIO PROGRAM IN EVIDENCE-BASED CARE PRACTICE GUIDELINES INITIATIVE

Winquist E, et al. *J Urol* 171:561, 2004

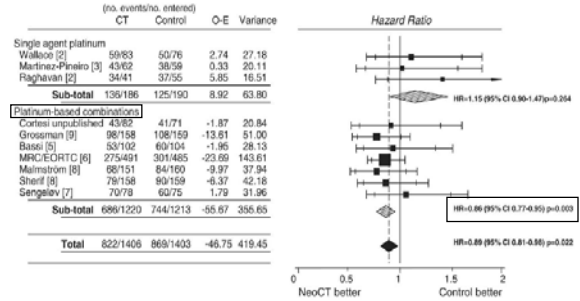
- 8 randomized trials with cisplatin-based combination chemotherapy
  - HR for death 0.87 (p=0.006) and 6.5% absolute improvement in five-year OS (50% to 56.5%).

## Meta-analysis Studies

### Neoadjuvant Chemotherapy in Invasive Bladder Cancer: Update of a Systematic Review and Meta-Analysis of Individual Patient Data

Advanced Bladder Cancer (ABC) Meta-analysis Collaboration *Eur Urol* 48:202, 2005  
 Meta-analysis Group, Medical Research Council Clinical Trials Unit, 222 Euston Road, London NW1 2DA, UK

- 11 randomized trials, 3005 pts



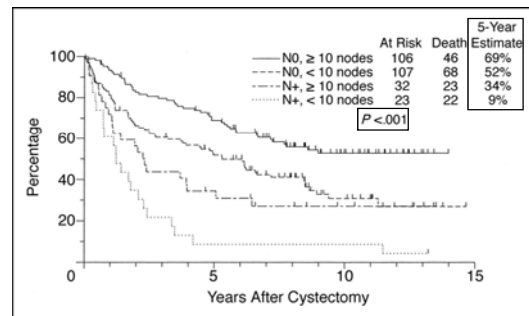
## Meta-analysis Studies

### Neoadjuvant Chemotherapy in Invasive Bladder Cancer: Update of a Systematic Review and Meta-Analysis of Individual Patient Data

Advanced Bladder Cancer (ABC) Meta-analysis Collaboration  
 Meta-analysis Group, Medical Research Council Clinical Trials Unit, 222 Euston Road, London NW1 2DA *Eur Urol* 48:202, 2005

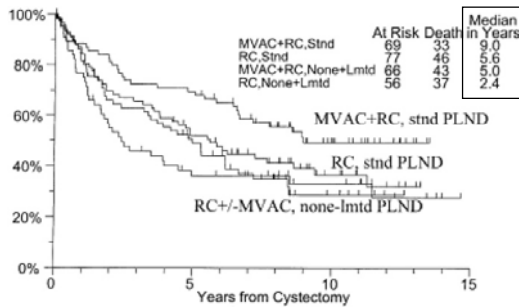
- 11 randomized trials, 3005 pts
- ◆ Overall survival benefit:
  - 14% reduction in the risk of death (HR=0.86, p=0.003)
  - 5% (45% to 50%) at 5 years
- ◆ Disease-free survival benefit:
  - 22% reduction in the risk of recurrence (HR=0.78, p<0.0001)
  - 9% absolute improvement at 5 years

## The impact of surgical factors



Herr, et al. *JCO* 22:2781, 2004

## The impact of optimal combined modality treatment: Analysis of INT-0080



Herr, et al. *Journal of Urology* 177:437, 2007

## Summary

- The quality of radical cystectomy and the extent of pelvic lymph node dissection have a major impact on invasive bladder cancer survival\*
- Radical surgery alone does not provide long-term survival for about half of the patients with invasive bladder cancer

\*Elting LS, et al. *Cancer* 104:975, 2005

\*Joudi Fn, et al. *Journal of Urology* 174:432, 2005

## Summary

- Adjuvant cisplatin-based chemotherapy (~4 cycles) can be offered to high-risk patients (>T2) and it improves disease-free survival and prevent recurrence, but its benefit for overall survival, yet to be determined (level 2)

## Summary

- Neoadjuvant cisplatin-based combination chemotherapy can be delivered safely, significantly improves P0 rate (no evidence of cancer at cystectomy), and disease-free and overall survivals (level 1 evidence)

## **In Conclusion**

- **Patients with muscle-invasive bladder cancer require multimodality care and the optimal curative strategy for most of them is neoadjuvant cisplatin-based combination chemotherapy followed by radical cystectomy and complete pelvic lymph node dissection**